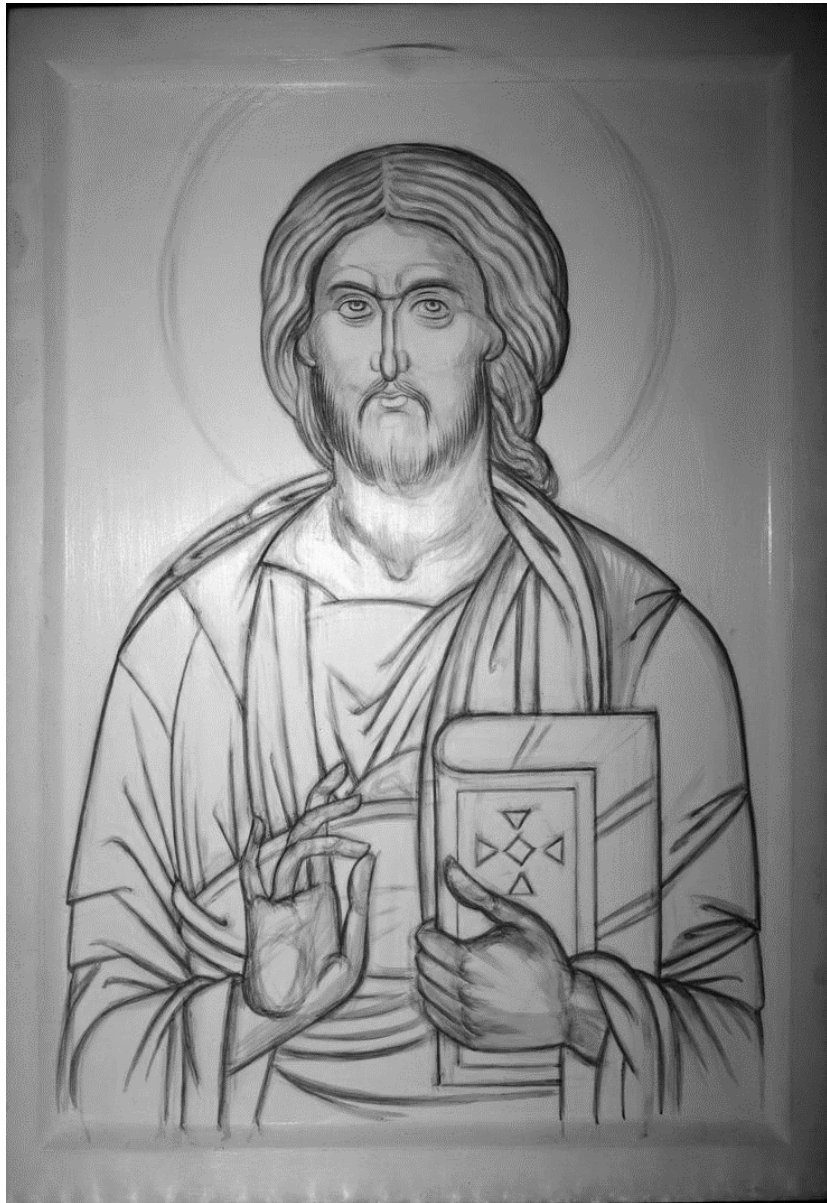


# Fifth Sunday of Great Lent



April 6, 2025

Holy Trinity Greek Orthodox Church  
250 Gallows Hill Road, Westfield, New Jersey 07090  
908.233.8533     [www.holytrinitywestfield.org](http://www.holytrinitywestfield.org)

Live streaming services

Rev. Fr. Peter Delvizi, Parish Priest

Our Righteous Mother St. Mary of Egypt; Our Holy Father St. Eutychius, Patriarch of Constantinople; 120 Martyrs of Persia; St. Gregory of Sinai

**Plagal Fourth Tone**

Ἦχος Πλ. Δ´

Morning Gospel:	<a href="#">St. John 20: 11-18</a>	<a href="#">Ελληνικά</a>
Epistle Reading:	<a href="#">Hebrews 9:11-14</a>	<a href="#">Ελληνικά</a>
Gospel Reading:	<a href="#">St. Mark 10:32-45</a>	<a href="#">Ελληνικά</a>

**Resurrectional Apolytikion:** “From on high You descended, O merciful Lord. You accepted the Cross and three days in the tomb to free us from the bondage of sin, O our Life and Resurrection, Glory to You, O Lord.”

**Apolytikion of St. Mary:** “In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Mary, your spirit rejoices with the angels.”

**Apolytikion of the Church:** “Blessed are You, O Christ our Lord and God, You who made all wise the fishermen Your Apostles, sending down upon them Your Spirit, which is Holy and through their work drawing the world into Your net, glory to You Who loves mankind.”

**Kontakion:** “A protection of Christians unshamable, \* Intercessor to our Holy Maker, unwavering, \* please reject not \* the prayerful cries of those who are in sin. \* Instead, come to us for you are good; \* your loving help do bring to us, \* who are crying in faith to you: \* hasten to intercession \* and speed now to supplication, \* as a protection for all time, \* Theotokos, for those who honor you.”

**Altar Donations**

**Vigil Light:** For the health of Bill Tomasco

**Large Candles:** In loving memory of Barbara Manos †

**Sacraments and Rites**

**Memorials:** Your prayers are requested this morning at the memorial services for Eraklis Polihros †, 40 days, and Barbara Manos †, 5 years. Eternal be their memories.

### Liturgical Schedule

Tuesday, April 8, Lenten Vespers, 5:00 PM

Wednesday, April 9, Presanctified Liturgy, 6:30 PM; Theosis, 8:00 PM

Saturday, April 12, Saturday of Lazarus, Orthros, 8:45 AM; Divine Liturgy, 9:30 AM

Sunday, April 13, **Palm Sunday**, Orthros, 8:30 AM; Divine Liturgy, 9:30 AM

Sunday, April 13, Bridegroom Service, 6:30 PM

**Holy Monday**, April 14, Bridegroom Service, 6:30 PM

**Holy Tuesday**, April 15, Presanctified Liturgy, 9:30 AM

**Holy Tuesday**, April 15, Bridegroom Service, 6:30 PM - Hymn of Kassiani

**Holy Wednesday**, April 16, Sacrament of Holy Unction, 3:00 PM and 6:30 PM

**Holy Thursday**, April 17, Divine Liturgy of the Mystical Supper, 9:30 AM

**Holy Thursday**, April 17, Divine Passion and Crucifixion, Twelve Gospels, 6:30 PM

**Holy Friday**, April 18, Veneration of the Cross, 9:00 AM - 3:00 PM

**Holy Friday**, April 18, Imperial Hours, 9:30 AM

**Holy Friday**, April 18, Apokathelosis, Unnailing Service, 3:00 PM

**Holy Friday**, April 18, Lamentation Service, 6:30 PM

**Holy Saturday**, April 19, Proti Anastasi Service, Divine Liturgy, 9:30 AM

**Holy Saturday**, April 19, Resurrection Vigil, 11:15 PM

**THE GREAT AND HOLY PASCHA,**

April 20, Paschal Divine Liturgy, 12:00 AM and Agape Vespers, 11:00 AM

### **Welcome Visitors**

The parish of Holy Trinity welcomes those visiting our community. We are pleased that you have chosen to worship with us. If you are looking for a spiritual home, we hope that you consider becoming part of our family. Fr. Peter would very much like to meet you. Please visit the Philoxenia/Fellowship table in the Bouras Center after services to meet parishioners and enjoy our Fellowship Hour. Subscribe to Holy Trinity weekly emails providing news updates and announcements. Request at: [HolyTrinity@htgocnj.org](mailto:HolyTrinity@htgocnj.org)

**Fellowship Hour:** Please join us in the Bouras Center after church for the Fellowship Hour in loving memory of Barbara Manos †



**The April Edition of *The Promise* is Now Available Online!**

[www.holytrinitywestfield.org/the-promise](http://www.holytrinitywestfield.org/the-promise)

Subscribe to Holy Trinity weekly emails providing news updates and announcements. Request at: [HolyTrinity@htgocnj.org](mailto:HolyTrinity@htgocnj.org)

### **Parish Lenten Mission Project - OCMC Coin Boxes**

OCMC Coin Boxes that were taken at the start of Lent are being collected today. You may bring them to church anytime if you don't have yours today. We thank you for filling the boxes, not only with money, but with Christian love.

## Theosis Program – Bible Study – Wednesday, April 9

The Screwtape Letters – join by Zoom

After the Wednesday night Liturgy of the Presanctified Gifts, you are invited to attend the Theosis Program in Room 101 or by Zoom.

*Class will begin between 7:50 and 8:05 PM (after service).*

**ZOOM Login** - Join the discussion of *The Screwtape Letters* by logging onto **ZOOM.us**

Meeting ID – 846 9216 1519 (start time between 7:50 – 8:05 PM)

Readings – April 9 (Letters 26 - 31)

## Holy Week and Pascha Preparations

### Special Collection for Easter Decorations

A collection will be taken today for donations to decorate the Church and the Kouvouklion. Flowers are used throughout Holy Week and we request your help. Checks should be made out to HTGOC. Your generosity will ensure a proper and beautiful adornment of Christ's Tomb.

### Special Donations for Palm Sunday, Holy Week and/or Pascha

If you desire to make a special donation, call the church office to find out what items are available, such as flowers, icon floral decoration, candles, vigil light, incense, charcoal, and more.

### Palm Tying – Saturday, April 12

Please join us in the Bouras Center on Saturday, April 12 to help tie Palm Crosses for Palm Sunday distribution. The process will begin immediately after the Divine Liturgy on Saturday of Lazarus. No experience is necessary. Your Stewardship and Fellowship are important components helping to make Holy Week special.



### Holy Week Book Available in Bookstore

To help navigate the many services of Holy Week the “Holy Week – Easter” book is essential. It is currently available in the bookstore. When we attend the services and use the book as a guide, we are spiritually uplifted participating in a more meaningful way.



### Ladies Philoptochos Palm Sunday Fellowship Hour – April 13

A special Palm Sunday Fellowship will be hosted by the Ladies Philoptochos. Kindly assist us by contributing one of the following: fruit (e.g. strawberries, orange slices, grapes, blueberries, etc.) washed and ready for platters, mini bagels sliced and mini muffins. Sign up at the Philoptochos table or contact Marigo Markos at [mchantzis@aol.com](mailto:mchantzis@aol.com) or 908-578-9330.

## Religious Education – Teachers and Substitutes

Are you interested in learning more about our Orthodox faith while helping our children? We are looking for Assistant Religious Education Teachers and Substitutes! You do not need to be an experienced teacher or an expert in Orthodoxy. Curriculums are available!

We will be hosting an in-person meeting on Sunday, April 6, Room 101, after all classes are done at 12 PM. If you are interested, please contact Pete Markos at [pmarkos307@gmail.com](mailto:pmarkos307@gmail.com)



Tatanya, Robert, Elizabeth, George, Nicholas, Alexander, Vasilios, Danny, Bill, Lou, Foula, Eupraxia, Chris, Arlene, John, Ted, William, Theodora, Michael, Gioula, Nicholas, Hellen, Luba, Kevin, Janice, Elaine, Patty, Cynthia, Nicholas, Blace, Christos, Thomas, Rich, Robert, Lea, Mary, Mason, George, Chloe, Yolanda, Luke, George, Maria, Alexander, Athena, Demetra, Stavroula, Harry, Kathy, Jennifer, Pamela, John, Helen, Chris, Niko, Vicky, Dino, Stephanie, James, John, Theodora, Novlet, Chrysavgi, Alexandra, Sue, Marilyn, David, Basil, Laura, Marylee, Adina, Nicholas, Constantine, Molly, Leonedas, David, Elizabeth, Tara, Lambros

### St. Mary of Egypt Fifth Sunday of Great Lent

Once, during the Lenten Season, the priest-monk, the Elder Zosimos, withdrew into the wilderness beyond the Jordan, a twenty-day trek, when suddenly, he caught sight of a person with a withered and naked body whose hair was as white as snow and who began to flee from his sight. The elder followed for a long while until the person crouched down in a brook and cried out: "Abba Zosimos, forgive me for the sake of the Lord. I cannot face you for I am a naked woman." Zosimos then tossed his outer garment to her which she wrapped around herself. The elder was startled when hearing his name spoken by the woman he did not know. To his prolonged insistence, she related her life story.

The woman, born in Egypt, began to live a life of debauchery at the age of twelve in Alexandria, and spent 17 more years in this perverted way of life. Driven by the flame of the flesh, one day she boarded a boat, sailing for Jerusalem. Arriving at the Holy City, she attempted to enter the church in order to venerate the Honorable Cross, but some invisible force restrained her. In great fear, she gazed upon the icon of the All-Holy Mother of God in the vestibule and prayed that she be allowed to enter the church to venerate the Honorable Cross, all the while confessing

her sinfulness and uncleanness and promising that she would go wherever the All-Pure One would direct her. She was then miraculously permitted to enter the church.

Having venerated the Cross, the woman again entered the vestibule and, before the icon, gave thanks to the Mother of God. At that very moment, she heard a voice saying, "If you cross over Jordan, you will find real peace!" Immediately she purchased three loaves of bread and started out for the Jordan where she arrived that same evening. The next day, she received Holy Communion in the Monastery of St. John and crossed over the Jordan River. She remained in the wilderness for 48 years in great torment, fear and struggle with passionate thoughts as though with wild beasts. She fed on vegetation. Afterward, when she stood for prayer, Zosimos saw her levitate in the air. She begged him to bring her Holy Communion the following year on the shore of the Jordan where she would come to receive it.

The following year, Zosimos arrived on the shore of the Jordan in the evening with Holy Communion, wondering how this saint would cross the Jordan. At that moment, in the light of the moon, he saw her as she approached the river, made the sign of the cross over it, and walked upon the water as though upon dry land. After Zosimos administered Holy Communion to her, she begged him to come the following year to the same brook where they had first met. Zosimos came and discovered her lifeless body on that spot. Above her head in the sand was written, "Abba Zosimos, bury the body of the humble Mary on this site; render dust to dust. I died on April 1, the same night of the saving-suffering of Christ, after having received Communion of the Divine Mysteries." From this inscription Zosimos first learned her name and the other and awesome miracle was that, she, on that same night the previous year, when she received Holy Communion, arrived at this brook which took him 20 days to travel. Thus, Zosimos buried the body of this remarkable saint, Mary the Egyptian. When he returned to the monastery Zosimos related the entire history of her life and the miracles which he had personally witnessed. Thus, the Lord knows how to glorify penitent sinners.

St. Mary is also commemorated on the Fifth Sunday of the Honorable Fast (Fifth Sunday in Lent). The Church holds her up as an example to the faithful during these fast days as an incentive for repentance. She died about the year 530 A.D. The biography of this magnificent saint was written by St. Sophronios, the Patriarch of Jerusalem. The Church numbers Mary amongst the Holy Virgin Saints.

### **Stewardship Update**

We are deeply appreciative of the 307 Stewards who have pledged their gifts as we work toward our 2025 budget goal of \$600,000. Our devotion and service to God and His Church are crucial to maintaining our spiritual home and continued support of our growing and vibrant ministries. If you haven't pledged yet, we invite you to join us! The suggested commitment is \$2,200 per steward and \$500 for young adults. Commitment cards are available at the Pangari and can be completed today! To complete your pledge online, visit the church website

[www.HolyTrinityWestfield.org](http://www.HolyTrinityWestfield.org), click on Online Giving, Stewardship. To those who have already submitted a 2025 Stewardship Commitment, thank you for your generosity and dedication to our parish!

### **Greek School Tsoureki Sale – Order Sunday, April 6**

Greek School PTO is helping families prepare for Easter with their annual Tsoureki Sale. Pre-order before Palm Sunday at \$12 per Tsoureki; afterward \$14 each. Visit the Greek School table during Fellowship Hour to complete an order form. Then send your payment in cash, VENMO or check (payable to Holy Trinity Greek School PTO) to your child's Greek School Teacher or a PTO Member no later than April 6. The bread will be ready to pick up on Palm Sunday, April 13.

### **Easter Palm Crosses**

Easter Palm Crosses can be picked up Sunday, April 6, during the Fellowship hour. Thank you very much.

### **SAVE THE DATE - 2025 Ladies Philoptochos Annual Fashion Show**

This year's Fashion Show will be held on Tuesday, May 20, 2025 at Brooklake Country Club in Florham Park. Fashions will be provided by Fashions by Leslie Patrizio. It's time to make your reservations! Also, please support the Philoptochos by placing an ad in the Ad Journal and purchasing tickets to our Grand Raffle. For information, please contact Kassandra Romas, Chair, 908-296-1586.

**Holy Trinity Cultural Committee** - The Holy Trinity Cultural Committee would like to share upcoming locally hosted events parishioners may be interested in attending.

**Eastern Mediterranean Business Culture Alliance. Event details are located at <https://embca.com/>**

- **April 27** - "Protection of World Heritage Sites/ Cultural Property in Conflict Zones" Webinar Panel Discussion
- **May 4** - "New Orleans: Cotton Merchants, and the 1st Greek Orthodox Community" Webinar Panel Discussion
- **May 18** - "3rd Greek Genocide During the Late Ottoman Period Forum" Webinar Panel Discussion

**Public Orthodoxy at Fordham University. Event details located at: <https://publicorthodoxy.org/events/>**

- **May 19** Coptic Christianity Conference. Between Archives and the Field: Cross-cutting Methods in Coptic Studies
- **June 4** Nicaea and the Church of the Third Millennium. Towards Catholic-Orthodox Unity
- **June 16** Religious Nationalism

### **Hellenic Film Festival**

- Online via Youtube: Family Member. <https://www.youtube.com/watch?v=OVYhv4KYp3I&t=15s>

**SPECIAL VAN SERVICE  
PALM SUNDAY, APRIL 13  
(HOLY) FRIDAY NIGHT, APRIL 18  
(HOLY) SATURDAY NIGHT, APRIL 19**

- **Once the Church parking lot is full, the Westfield Police will direct you to Union County College parking lot 5B (the parking lot closest to Gallows Hill Road).**
- **A Station Cab van will transport you from the college parking lot to the front of the Church.**
- **After Church services have concluded, the van will pick you up in front of the Church and take you back to the college's parking lot.**
- **Please do not park on the cemetery property across from the Church. This is private property.**
- **You may park at Washington School on St. Mark's Place. There is a sidewalk that connects the school and the Church property. Parking is not permitted on either side of Gallows Hill Road in front of the Church or along the Church property or between the "No Parking" signs.**

Thank you for your cooperation. If you have any questions,  
please call the Church office.

**HOLY TRINITY GREEK SCHOOL PTO 2025 TSOUREKI  
FUNDRAISER  
PRE ORDER COST \$12 EACH  
PALM SUNDAY SALE WILL GO UP TO \$14.00**



**PLEASE RETURN COMPLETED ORDER FORM WITH PAYMENT TO YOUR  
CHILD'S GREEK SCHOOL TEACHER OR TO A PTO MEMBER  
DEADLINE: SUNDAY, APRIL 6th**

**ORDERS ARE TO BE PICKED UP ON SUNDAY, APRIL 13<sup>TH</sup> (PALM SUNDAY)**

FAMILY NAME: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

CELL PHONE NUMBER: \_\_\_\_\_

QUANTITY WITH RED EGG: \_\_\_\_\_

QUANTITY WITHOUT RED EGG: \_\_\_\_\_

TOTAL QUANTITY: \_\_\_\_\_

TOTAL AMOUNT ENCLOSED: \_\_\_\_\_

TSOUREKIA TO BE SUPPLIED BY VICTORY BAKERY IN ASTORIA, NEW YORK

Google Form QR



Westfield Greek School  
@WestfieldGreekSchool



**PAYABLE BY CASH, VENMO (@WestfieldGreekSchool) OR  
CHECK MADE OUT TO:  
HOLY TRINITY GREEK SCHOOL PTO**



# EASTER PALM CROSSES

**Place your order for Cemetery Palm Crosses**

**Cost: \$11 each**

**Pick-up on Sunday, April 6<sup>th</sup>**

**During Fellowship Hour**

**Contact Trinity Circle**

**Marina LoAlbo or Avi Kirakatis**

**marinaloalbo@hotmail.com**

**avikiriakatis@gmail.com**

**908-272-4341**

**908-276-1536**

-----  
Name \_\_\_\_\_ Telephone \_\_\_\_\_

# of Crosses \_\_\_\_\_ x \$11.00 each = Total \_\_\_\_\_

Paid \_\_\_\_\_ Cash \_\_\_\_\_ Check \_\_\_\_\_

***Please make checks payable to Trinity Circle***

**Spirit of Lent Concert – Friday, April 11, 7:30 PM – 8:30 PM**

The beautiful annual Spirit of Lent Concert will be held this year at St. George Greek Orthodox Church, 1200 Klockner Road, Trenton. Suggested donation is \$10, including a reception with refreshments afterwards.



**St. George Greek Orthodox Church  
1200 Klockner Road  
Trenton, NJ 08619**

**is pleased to host**

**The Eastern Federation of  
Greek Orthodox Church Musicians  
District of New Jersey**

***32<sup>nd</sup> Annual***

## ***The Spirit of Lent Concert***

**A Choral Offering of  
Ancient and Modern Works in  
English and Greek**

**Ryan J. Kiel, Director  
E. Hope Demitry, Organist**

~~~

**Friday, April 11<sup>th</sup>, 2025  
7:30 p.m.**

**Donation \$10.00  
Students free**

**Refreshments following program**

**[stgeorgeap.org](http://stgeorgeap.org)**



## GOYA Clothing Drive Fundraiser – Saturday, May 3

Drop off donations from 9:30 AM - 11 AM in the church parking lot. The list of acceptable items to donate are: clothing for men, women and children (shoes in a different bag), clothing accessories: belts, hats, scarves, handbags, gloves etc., small toys (2 ft. or less), stuffed animals, towels, sheets and pillowcases, bikes and strollers. Please help make this event successful.

# GOYA CLOTHING DRIVE

HOLY TRINITY  
GREEK ORTHODOX CHURCH  
250 GALLOWS HILL RD.  
WESTFIELD, NJ  
07090



**please bag items in  
kitchen size garbage bags**

**Accepting:** Clothing, shoes (in a separate clear bag), pocketbooks, belts, baby accessories, hats, scarves, gloves, briefcases, ties, blankets, sheets, tablecloths, towels, curtains, bedding, stuffed animals, bikes, scooters, car seats w base, strollers, small toys/games 2 feet or less.

**Not Accepting:** large toys, board games, books, puzzles, pots & pans, glass, electrical devices, baby cribs, high chairs, VCR tapes, furniture, outdoor playsets, sports equipment.

**SAT.  
MAY 3,  
2025**

**DRIVE THROUGH & DROP OFF**

**9:30-11:00 AM**

# Upcoming Parish Events

## April 18, 2025

Holy Friday Retreat - Friday, April 18, 2025 ~ 10 AM to 4 PM

“Stations of the Cross” for grades K-6, the Holy Friday Retreat will focus on the theology, symbols, and hymns of Holy Friday and Pascha, followed by the taking down from the Cross: Apokathelosis from 3:00 PM to 4:00 PM. Parents are asked to attend the Apokathelosis with children. A Lenten lunch and midday snack will be included. Goyans grades 7 to 12 are encouraged to volunteer! Registration is free; [click here](#). Contact Pete Markos [pmarkos307@gmail.com](mailto:pmarkos307@gmail.com) for further information.

## 2025 Holy Friday Retreat

The Events and Individuals of Holy Week  
for grades K-6

Friday, April 18, 2025 ~ 10 am to 4 pm

Registration is free!



The Retreat will focus on theology, symbols, and hymns of

Holy Week, Holy Friday and Pascha

Followed by the taking down from the Cross:

Apokathelosis from 3pm to 4pm

Parents are asked to attend the Apokathelosis

A Lenten lunch and midday snack will be included

[Click here to register](#) or contact Pete Markos  
[pmarkos307@gmail.com](mailto:pmarkos307@gmail.com) for further information.

**April 25, 2025**

# Easter (Pascalino) Glendi

Please join the Holy Trinity family for a special Easter (Pascalino) Glendi to be held on Friday, April 25, of Bright Week. We are asking everyone to attend this evening to celebrate our parish and the Feast of the Resurrection. This will be a wonderful family fellowship event with dancing, music, and delicious food all set in a Taverna-style atmosphere.

***Friday April 25, 2025, 7:00 PM-11:00 PM***

***Bouras Center***

***\$60/person, 18 years and under are free***

***Price includes food, wine, and beer***



**Registration begins Sunday, April 6. Please visit the Fellowship Table during coffee hour to register or call the office, 908-233-8533. To pay online: <https://secure.myvanco.com/YQBS/home> or via QR Code**



**(Scroll down to Easter (Pascalino) Glendi)**

# Greekfest 2025 – Kick-off Event!

**May 4**

Westfield, NJ  
**GREEKFEST25**  
*Holy Trinity Greek Orthodox Church*

## **Kick-Off Event!** **Sunday, May 4th**



## **Loukoumades, Crepes & Frappe Sale**

Come and enjoy our delicious treats, mingle with fellow parishioners and discover the joy of volunteering at our church festival. Whether you're a seasoned volunteer or looking to get involved for the first time, we welcome you to join our community efforts at our **NJ GreekFest – May 30, 31 & June 1**

**Bouras Center immediately following the Divine Liturgy.**

# Greekfest 2025

## May 30 - June 1

The GreekFest planning committee is excited to announce that we have decided to move up the dates of our annual Greek Festival to May 30 - June 1, 2025. This was decided for many reasons that we believe will increase attendance and overall success for our major church fundraiser.

Planning is already underway. We are actively seeking volunteers for all areas of the festival! Please stop by our table in the Bouras Center after church to learn more about how you can get involved. We invite you to bring all your talents and expertise to make this the best GreekFest yet!

Save the Date

Westfield, NJ  
  
**GREEKFEST 25**  
*Holy Trinity Greek Orthodox Church*

**May 30, 31 & June 1**

**Fri., May 30**  
5 pm - 11pm

**Sat., May 31**  
noon - 11 pm

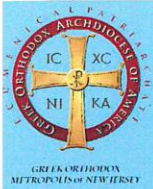
**Sun., June 1**  
noon - 6 pm

**Be an active part of our 2025 GreekFest! Volunteer your time, talents & treasures. Everyone is needed to make it a success!**

To volunteer, please contact the church office or Roula Ioannou at [htgreekfestvolunteers@gmail.com](mailto:htgreekfestvolunteers@gmail.com)

# Camp Good Shepherd - New Jersey

July 13 - 20




## CAMP GOOD SHEPHERD NEW JERSEY



- July 13-20, 2025
- Ages 8-18
- Camp Linwood Macdonald (Sandyston, NJ)
- Registration Fee: \$750

**[Click Here to Register!](#)**

 <https://www.nj.goarch.org/camp-good-shepherd>

 908-301-0500





**Join the Choir...**  
**You'll Be Glad**  
**You Did!**

Adult Choir for ages 18 to senior citizens



Angel Choir for boys and girls ages 8-12



Byzan "teens" for boys and girls

Ages 13-17

Email the Choir Director

[kathanasoulas@hotmail.com](mailto:kathanasoulas@hotmail.com)



## **T.O.T.S.- (Trinity Orthodox Toddler Social)**

### **Mission Statement**

The mission of the Trinity Orthodox Toddler Social (T.O.T.S.) of Holy Trinity Greek Orthodox Church is to provide an environment fostering fellowship and prayer for children aged 18 months to 4 years of age and their mother, father and/or caregiver. Children are encouraged to develop a sense of comfort and security in God's house while experimenting in independent and cooperative age-appropriate play under their caregiver's supervision. Concurrently, the toddler social enables these adults the opportunity to meet, pray, and socialize.

**TOTS meetings: Wednesdays, 9:30 AM – 11:30 AM, Pre-K Room**

**2025**

April 11, 25 (Fridays)

May 9, 23 (Fridays)

Bring water, sneakers and a snack. Contact Val Comprelli ([vcomprelli@gmail.com](mailto:vcomprelli@gmail.com) or 612-801-8608) to sign up or to ask any questions.



**GLORY BE TO GOD FOR ALL THINGS**

**✠ AMEN ✠**