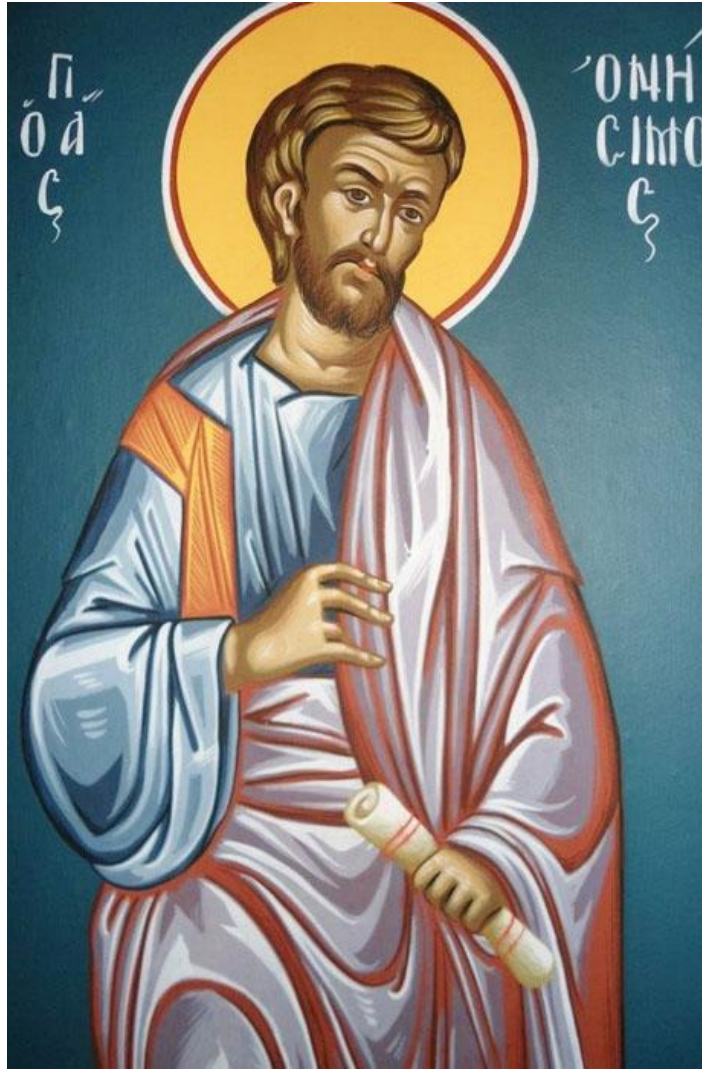


MEATFARE SUNDAY



THE HOLY APOSTLE OF THE SEVENTY ST. ONESIMOS

February 15, 2026

Holy Trinity Greek Orthodox Church
250 Gallows Hill Road, Westfield, New Jersey 07090
908.233.8533 www.holytrinitywestfield.org
Live streaming services

Rev. Fr. Peter Delvizi, Parish Priest

On this Sunday, we commemorate the Last Judgment and Christ's Impartial Second Coming, through which we bring to mind God, not only Him as the Friend of man, but also the most righteous Judge, Who recompenses to each according to his deeds; St. Onesimos the Disciple of St. Paul (Phil. 1:10); Our Righteous Father St. Anthimos the Elder of Chios; The Holy Martyr Maïor

Third Tone

Ἦχος Γ΄

Morning Gospel:	St. Mark 16: 9-20	Ελληνικά
Epistle Reading:	1 Corinthians 8:8-13; 9:1-2	Ελληνικά
Gospel Reading:	St. Matthew 25:31-46	Ελληνικά

Apolytikion of the Resurrection: “Let the heavens rejoice and the earth be glad, for the Lord has shown the mighty power of His arm. He has trampled down death by death, becoming the firstborn of the dead. He has delivered us from the depths of hell and has granted to all the world His great mercy.”

Apolytikion of the Church: “Blessed are You, O Christ our Lord and God, You who made all wise the fishermen Your Apostles, sending down upon them Your Spirit, which is Holy and through their work drawing the world into Your net, glory to You Who loves mankind.”

Kontakion: “When Thou, O God, wilt come to earth with glory, and all things tremble, and the river of fire floweth before the Judgment Seat, and the books are opened and the hidden things made public, then deliver me from the unquenchable fire, and deem me worthy to stand at Thy right hand, O most righteous Judge.”

Liturgical Schedule

Saturday, February 21, 2nd Saturday of Souls, Divine Liturgy, 9:00 AM

Sunday, February 22, Cheesefare Sunday, Orthros, 8:15 AM; Divine Liturgy, 9:30 AM

Monday, February 23, Great Lent Begins, Great Compline, 5:00 PM

Tuesday, February 24, Lenten Vespers, 5:00 PM

Wednesday, February 25, Presanctified Liturgy, 6:30 PM; Theosis, 8:00 PM

Friday, February 27, Akathist Hymn, 6:30 PM

Sacraments and Rites

Churching: On Sunday a 40-day blessing will be offered for Amelia (Anastasia) Almonte, daughter of Stefani and Alexis Almonte.

Funeral: On Tuesday, February 17, the funeral service for Thano Matthews† will be held. Eternal be his memory.

Prayer Request



Florence, Sandy, James, John, Athena, Stavroula, Dimetra, Danny, Dominique, Daniel, Elizabeth, John, Robert, Erin, Kevin, Sabrina, Luke, Bill, James, Ria, Eric, Joanne, Alexandra, Sophia, Nicholas, Panagiota, James, Mary, Chris, Janeen, Harry, Kathy, Jennifer, John, Marina, George, Laura, George, Costa, Basil, Lemonia, Justin, Chris, Evangelia, Brennan, Egon, Marilyn, Tatanya, Robert, Elizabeth, George, Nicholas, Alexander, Vasilios, Danny, Bill, Lou, Foula, Eupraxia

Welcome Visitors

Our parish welcomes those visiting our community. Worshipping the Holy Trinity is the principal act of an Orthodox parish, especially on the Day of the Resurrection (Sunday). Our mission is to live the Holy Gospel and spread the Good News to those in our area. We are sanctified by God's grace through the holy Sacraments and glorify Him each moment of the day. We seek God's mercy, as we confess the name of the Father, Son, and Holy Spirit. Visit the Philoxenia/Fellowship table in the Bouras Center after service to meet parishioners and enjoy our Fellowship Hour.

In observance of Presidents' Day, the church office will be closed on Monday, Feb. 16.



The February Edition of *The Promise* is Now Available Online!

www.HolyTrinityWestfield.org/the-promise Subscribe to Holy Trinity weekly emails providing news updates and announcements. Request at: HolyTrinity@htgocnj.org

Saturday of the Souls Liturgy - **Ψυχοσάββατα**: Feb. 21, & 28 @ 9:00 AM

The "Saturday of the Souls" or **Ψυχοσάββατο** is a special day that the Holy Church has specifically prescribed to pray for those who have taken their repose in the Lord. Traditionally, Saturday or the Sabbath Day is a day of rest and therefore an appropriate time to pray for those "taking their rest" and who "sleep in death." Family members are encouraged to attend to pray for their loved ones and to bring a small bowl of koliva (boiled wheat) to church for the memorial prayers offered after the Divine Liturgy. As always, trays of koliva can also be purchased from the church as well, if you are unable to prepare it yourself. Please submit names of deceased Orthodox Christians to Fr. Peter. Saturday of Souls forms can be found in the Narthex. Please note: Sunday Memorial Services are not scheduled when there is a Saturday of the Souls Liturgy preceding.

Theosis and Bible Study

Start Your Lenten Journey by Reading the Gospel of St. John

Wednesday, February 18 @ 7:00 PM

Join the Theosis program as we resume our study of the Gospel penned by the Beloved Disciple of Christ. All are welcome to join in person or through Zoom every Wednesday night. Theosis is a wonderful way to open your eyes and heart to Christ's message of salvation as we traverse Great Lent together. NOTE: Feb. 18 class begins at 7:00 PM, each class thereafter will begin after the Lenten Presanctified Liturgy ~7:50 PM.

Feb. 18 {Chapters 14 & 15}; **Feb. 25** {Chapter 16}; **March 4** {Chapter 17};
March 11 {Chapter 18}; **March 18** {Chapter 19}; **April 1** {Chapters 20 & 21}

Zoom Meeting ID: 882 4043 6362

Pass: John316



Religious Education

We have opportunities available to make a difference in the lives of our youth through our faith! You do not need to be an expert on Orthodoxy and you do not need to have teaching experience. We are just looking for extra hands! We are looking for Assistant Teachers for the Pre-K class and the combined 9/10 grade class. If interested, please contact Pete Markos at religiouseducation@htgocnj.org

Apostle of the Seventy, St. Onesimos, Beloved Disciple of St. Paul – Feb. 15

St. Onesimos, Apostle of the Seventy, in his youth was a servant of Philemon, a Christian of distinguished lineage living in the city of Colossae, Phrygia. Guilty of an offense against his master and fearing punishment, St. Onesimos fled to Rome, but as a runaway slave he wound up in prison. In prison he encountered the Apostle Paul, was enlightened by him, and was baptized.

In prison St. Onesimos served the Apostle Paul like a son. St. Paul was personally acquainted with Philemon, and wrote him a letter filled with love, asking him to forgive the runaway slave and to accept him like a brother. He sent St. Onesimos with this letter to his master, depriving himself of help, of which he was very much in need.

After he received the letter, St. Philemon not only forgave Onesimos, but also sent him back to Rome to the Apostle. St. Philemon was afterwards consecrated bishop of the city of Gaza.

After the death of the Apostle Paul, St. Onesimos served the apostles until their end and was consecrated as a bishop. After the death of the holy Apostles, he preached the Gospel in many lands and cities: in Spain, Carpetania, Colossae, Patras. In his old age, St. Onesimos occupied the bishop's throne at Ephesus, after the Apostle Timothy. When they took Saint Ignatius the God-Bearer to Rome for execution, Bishop Onesimos came to meet with him with other Christians, as St. Ignatius mentions in his Epistle to the Ephesians. He later succeeds his predecessor, St. Stachys, as Bishop of Byzantium (later Constantinople) becoming the third in line from St. Andrew the First-Called from 54 to 68 A.D.

During the reign of the emperor Trajan (89-117 A.D.), St. Onesimos was arrested and brought to trial before the eparch Tertillus. He held the saint in prison for eighteen days and then sent him to prison in the city of Puteoli. After a certain while, the eparch sent for the prisoner and, convincing himself that St. Onesimos maintained his faith in Christ, had him stoned, after which they beheaded the saint with a sword. A certain illustrious woman took the body of the martyr and placed it in a silver coffin. This took place in the year 109 A.D.



The Day of Judgement

Today's Gospel speaks of "When the Son of Man shall come in His glory..." This is in reference to our Lord's Second and Awesome Coming. Unlike the First Coming of the Lord which was not with glory but with dishonor and indignity, the next arrival will reveal God's prominence as ruler and judge. The Second Coming of our Lord will be with intense glory and with escorts of angels. First, He will divide the saints from the sinners (see how the two have nothing in common). The sinners, those who have neglected the Lord and abandoned His ways, will be delivered for tribulations. The righteous, those who respond favorably to the Lord's commands and do them diligently, will be set on His right, the side of glory. These saints He calls sheep on account of their gentleness, and because they yield fruit and useful things for us, as do sheep, providing wool, which is divine and spiritual protection, and milk, which is the sustenance that is needed. The goats are the sinners, for they walk along the precipices and are unruly and fruitless.



Do not be fooled, even though this story contains parabolic images with allegorical significance it is neither a parable nor an allegory but a direct description of Christ's Last Judgment. Everything in today's Gospel reading is direct apocalyptic scenery: the Son of Man, His angels, the gathering of all the nations, the reward and the punishment. Nowhere else is it so crystal clear that the criterion to be applied at the Last Judgement will be the doing and choosing of the better righteousness and that this righteousness is the praxis of love.

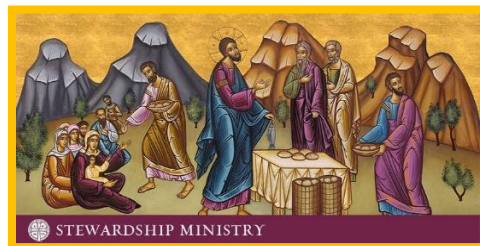
2026 Stewardship Drive is Underway

Holy Trinity is an active and welcoming parish of dynamic stewards. Together we participate and grow in our faith through many ministries which teach the Orthodox Faith and unite us in service to one another and the greater community. The Parish is asking each Steward to contribute \$2,200/family to help make our Stewardship effort successful. Please mail in your Stewardship Card as soon as possible. If you have not already submitted your pledge for 2026, please consider doing so as soon as possible. Deadline is March 1, 2026.

2026 Stewardship Campaign

"Building Up the Body of Christ"

We have commenced our annual 2026 Stewardship Campaign. We thank all Holy Trinity parishioners who always rise to the occasion to support our beloved parish. In 2025 we received 423 signed Stewardship Pledge Cards. For 2026, so far we have received 222 Pledge Cards. Our goal for 2026 is to increase the number of stewards. You can help us on our journey by submitting a signed pledge card. Together we can keep Holy Trinity a special home and spiritual center.



***Holy Trinity is my spiritual and cultural center –
It is a place like no other, rooted in faith.
It nurtures joy and a deep sense of purpose in giving.***

There was a certain man in the Old Testament named Nehemiah, who after seeing the crumbling walls of Jerusalem, called the people to "Rise up and build." Nehemiah knows he can't do it alone. He inspires the people, sharing his vision to rebuild. The people responded, "Let us rise up and build."

Spiritually, this story calls us to build using material that is beyond brick and mortar. As Orthodox Christians, we must use our faith to build up and make our parish stronger. Stewardship calls us to respond to the needs of the Church by using God's gifts faithfully. Together we can "rise up and build" lives that are holy and dedicated to God.

This call of Nehemiah to "rise up and build" invites us to become active members of the Church, the Body of Christ, to join in ministry and contribute according to our abilities. As Orthodox Christians, we understand that Stewardship is a community effort in which everyone plays a role.

To date, the parish has funded our Metropolis, Archdiocese, the Ecumenical Patriarch Bartholomew Foundation, several outreach initiatives, and continued support of our growing and vibrant ministries.

Pledge cards are available in the pews, at the Pangari and can be submitted online at <https://form.jotform.com/230346419533151> . The suggested pledge is \$2,200 per steward and \$500 for young adults. The pledge card includes an option to identify your interest in volunteering by ministry. To be a steward in good standing means one is eligible to vote at parish assemblies & elections, and to run for the Parish Council. Please mail in your Stewardship Card as soon as possible. If you have not already submitted your pledge for 2026, please consider doing so as soon as possible. Deadline is March 1, 2026.

Yours in Christ, Stewardship Committee

Altar Boys

Fr. Peter invites all boys ages 12 and older to commit to serve in the altar. An acolyte plays an important role in the ceremonial aspects of the Divine Liturgy. We want our children to remain in the church as they grow up. By committing and serving in this unique role, a deep respect is instilled. This shapes and deepens faith. Please see Fr. Peter for more information.

Angel Choir (Ages 7-12) - 2026 Update

The Angel Choir has joined the Adult Choir on Sundays. Membership continues to grow and new members are welcome any time of the year. Angel Choir practices are after Sunday School. Children should meet the director for practice in church in the choir pews. For more information contact Anne Kernoski, akernoski@gmail.com

2025 GOYA Registration

<https://forms.gle/hAmPHc4bLkk9eN9F8>



Contact Sophia Saketos at 908-247-6048 or goya@htgocnj.org with questions.

Adult Greek Dance Lessons - Thursday, February 19

Lessons will be offered by Ronnie Filippatos Fernandez one Thursday per month, \$25 per class. The next lesson is on February 19, 7 - 9 PM. We will enjoy some light drinks and appetizers while learning Greek dances. If interested, please send your name and phone number to htgocgreekdance@gmail.com. The remaining dates are: 3/26, 4/23, 5/21.

TOTS (Trinity Orthodox Toddler Social) - February 25

Our next meeting is Wednesday, February 25, 9:30 - 11:30 AM in the preschool room. Children 18 months-Pre-K are welcome with their caregiver (younger siblings welcome!). Bring water, sneakers, and a snack. Contact Val Comprelli 612-801-8608 or vcomprelli@gmail.com to sign-up or with any questions.

Trinity Circle - Tuesday, March 3

Monthly lunch/meeting 11 AM - 2 PM. Presentation "Greek Independence Day: The Anthem and Heroes." Luncheon donated in memory of her beloved husband Christos by Cassandra Romas.

54th Sights and Sounds - Saturday, March 7, 2026

Volunteers needed. Holy Trinity will host approximately 500 Greek Orthodox youth from across NJ to participate in this unique visual, literary and performing arts competition. An average of 150 volunteers are needed. Volunteers also gain access to view performances of our talented youth! Please consider donating your time as a door monitor; morning and afternoon time slots are available. Please contact Roula Ioannou 908-451-3005, Keli Leunes 917-816-6927 or email sightsandsoundsvolunteers@gmail.com if interested or for further information.

Qualified Judges needed. Do you have colleagues, friends, relatives who are art or music teachers, professional artists, musicians? (Cannot be parishioners of Holy Trinity) Please contact the following: Sounds-Yiana Leichtling at 908-413-6213 or sightsandsoundsjudges@yahoo.com Sights-Ellen Manos-Athenson at 908-337-0775 or ebmanos@yahoo.com

Holy Trinity/Philoptochos “Rise Against Hunger” – Saturday, March 28



Holy Trinity/Philoptochos is sponsoring a meal-packaging event with “Rise Against Hunger” on Saturday, March 28, 10 AM - 12 PM. Please come and help prepare soup bags (no cooking or supplies are needed). We need your helping hands. Volunteers of all ages welcome! Any donation to offset the cost is appreciated. Please sign up and/or donate via the QR code provided.

Save the Date: Greek Independence Day Parade - Sunday, April 26

Join Holy Trinity Sunday, April 26, 1:30 PM in New York for the 87th NY Greek Independence Day Parade! This marks 205 years since March 25, 1821, the start of the Greek Revolution for liberation from the Ottoman Turkish yoke. Wear your best blue and white and join us for a march on 5th Avenue from 61st to 74th street! More information and details will be shared closer to the date.

Save the Date: Philoptochos Dinner and Fashion Show - Tuesday, April 28

Our Ladies Philoptochos’ annually popular Dinner and Fashion Show will be held on Tuesday, April 28, 2026, at Brooklake Country Club in Florham Park, NJ. Features include Leslie Patrizio Fashions, fabulous gift raffle prizes, Special VIP Raffle with a Dior tote bag and scarf; and much more. For information contact Cassandra Romas, kromas22409@gmail.com



Join the Choir... **You'll Be Glad You Did!**

Adult Choir for ages 18 to senior citizens



Angel Choir for boys and girls ages 8-12



Byzan "teens" for boys and girls Ages 13-17

For more information, email Anne Kernoski, Choir Director:

akernoski@gmail.com

[Click here to sign up](#)

*Come join us for
Adult Greek Dance*

**Now offering Greek Dance
Lessons for adults!**

Practices will take place once a month in the
Bouras Center

10/16, 11/20, 1/22, 2/19, 3/26, 4/23, 5/21

\$25/class
Scan here to sign up

Please contact the instructor
Ronnie Filippatos
for more information
HTGOCCGreekDance@gmail.com



join us for

**GREEK DANCE
LESSONS**

COME BE A PART OF THE HOLY TRINITY
GREEK DANCE GROUP!

Classes offered for grades
PreK-12
and adults as well!

Contact: Ronnie Filippatos Fernandez
908-672-6203
Htgocgreekdance@gmail.com



Upcoming Events

Holy Trinity Greek Orthodox Church

February 28, 2026

Holy Trinity Greek Orthodox Church

is offering free BLS Class

Basic Life Support

Saturday, February 28, 11 AM to 1 PM

Class will be held in the Bouras Center

Registration is required, call the church office to register, 908-233-8533 or email holytrinity@htgocnj.org.

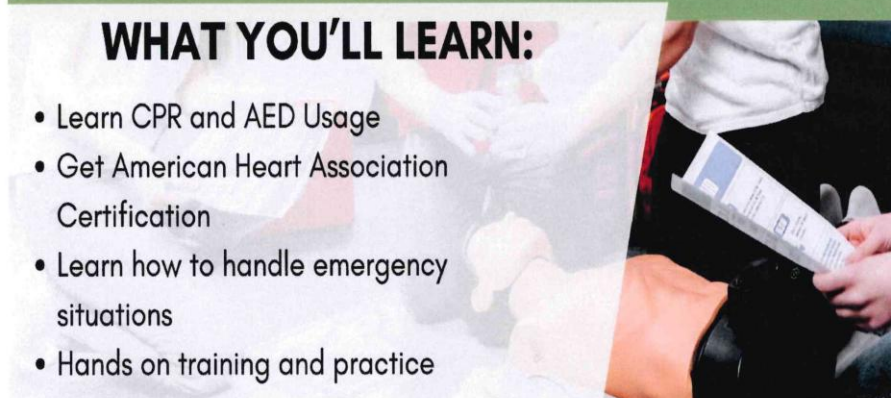
FREE CPR TRAINING

SPONSORED BY THE JOHN TAYLOR
BABBITT FOUNDATION



WHAT YOU'LL LEARN:

- Learn CPR and AED Usage
- Get American Heart Association Certification
- Learn how to handle emergency situations
- Hands on training and practice



March 14, 2026



WALKING WITH CHRIST

SEMINARIAN BENEFIT LUNCHEON

SATURDAY MARCH 14, 2026 AT 11 A.M.
ST. NICHOLAS GREEK ORTHODOX CHURCH
467 GRANDVIEW AVE, WYCKOFF, NJ 07481



ALL PROCEEDS WILL BENEFIT THE SEMINARIANS OF THE
GREEK ORTHODOX METROPOLIS OF NEW JERSEY
AND MASTER OF DIVINITY STUDENTS

[CLICK HERE](#) OR FOLLOW THE QR CODE OF LINK
TO REGISTER

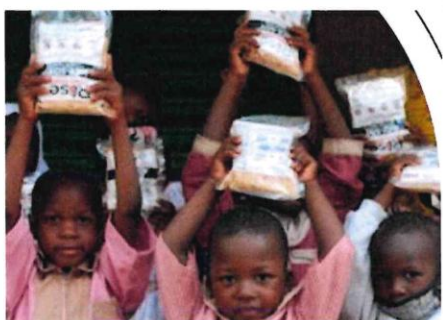


March 28, 2026

Holy Trinity Greek Orthodox Church of Westfield

Annual Lenten Project

Saturday March 28, 2026 | 9:30am-12pm



Help Us Fight Hunger — One Meal at a Time
More donations = more meals



How You Can Help

Volunteer & Donate — Scan QR code
or sign up at the Philoptochos Table

Our Goal

Goal: \$5,000
Impact: 12,000 soup meals packed
and shipped internationally

Give What You Can. Feed More People.

**Even a small donation helps provide nutritious meals to
those in need.**

For more information, please stop by Philoptochos table or contact Kathy
Maglaras or Maria Kanaras

April 26, 2026



SAVE THE DATE TO JOIN HOLY TRINITY

SUNDAY APRIL 26, 2026

TIME: 1:30 PM

March on 5th Avenue from 61st to 74th streets for the
87th NY Greek Independence Day Parade.

This marks 205 years since March 25, 1821, the start of the Greek
Revolution for liberation from the Ottoman Turkish yoke.

WEAR YOUR BEST BLUE AND WHITE

INFORMATION & DETAILS WILL BE SHARED CLOSER TO THE DATE

April 28, 2026

Ladies Philoptochos Invites you to

Rays of Hope

Annual Dinner Fashion Show

April 28, 2026

Brooklake Country Club

Florham Park, NJ

Reception & Raffles- 5:30pm

Dinner & Fashion Show-7pm

Fashions by

Leslie Patrizio



T.O.T.S.- (Trinity Orthodox Toddler Social)

Mission Statement

The mission of the Trinity Orthodox Toddler Social (T.O.T.S.) of Holy Trinity Greek Orthodox Church is to provide an environment fostering fellowship and prayer for children aged 18 months to 4 years of age and their mother, father and/or caregiver. Children are encouraged to develop a sense of comfort and security in God's house while experimenting in independent and cooperative age-appropriate play under their caregiver's supervision. Concurrently, the toddler social enables these adults the opportunity to meet, pray, and socialize.

TOTS meetings: Wednesdays, 9:30 AM – 11:30 AM, Pre-K Room

2026

February 25

March 11, 25

April 22

May 13, 27

Bring water, sneakers and a snack. Contact Val Comprelli (vcomprelli@gmail.com or 612-801-8608) to sign up or to ask any questions.

