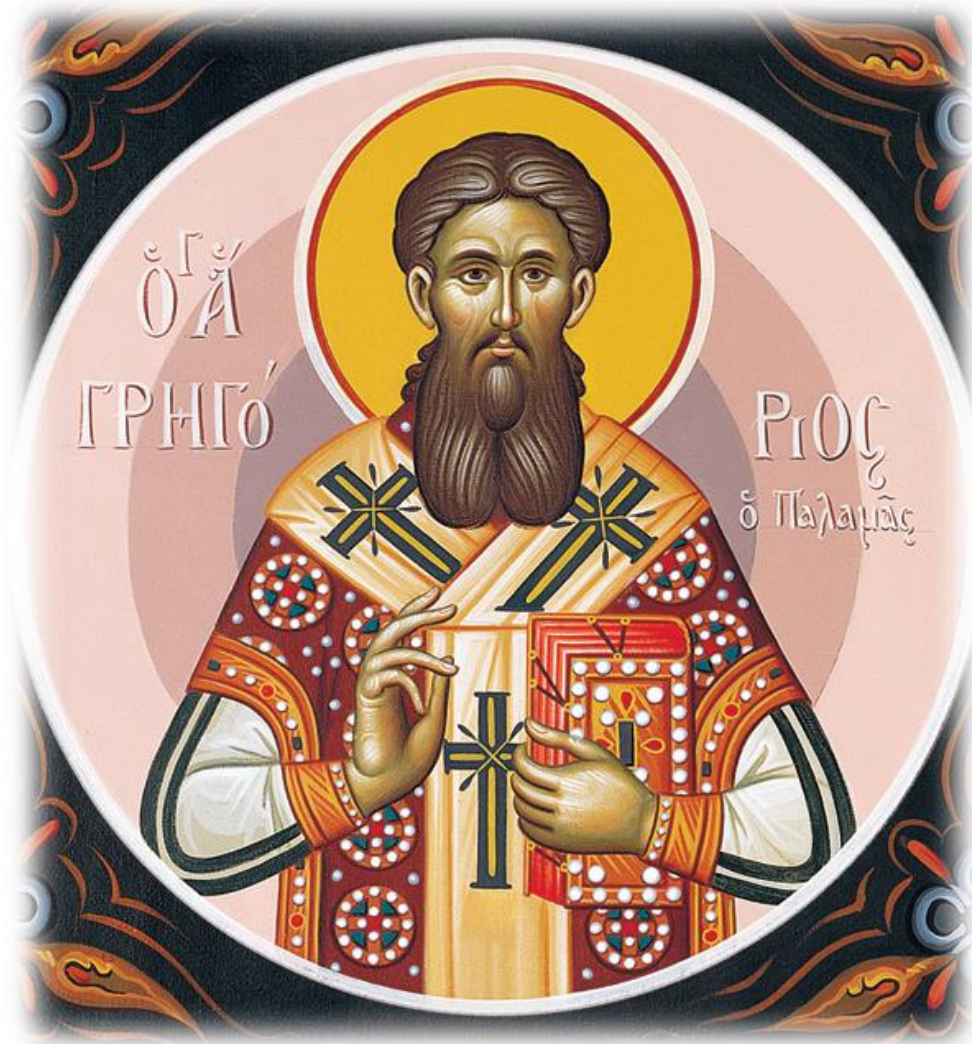


## Second Sunday of Lent



**St. Gregory Palamas, Archbishop of Thessaloniki**  
**March 16, 2025**

**Holy Trinity Greek Orthodox Church**  
**250 Gallows Hill Road, Westfield, New Jersey 07090**  
**908.233.8533     [www.holytrinitywestfield.org](http://www.holytrinitywestfield.org)**  
**Live streaming services**

**Rev. Fr. Peter Delvizi, Parish Priest**

On the Second Sunday of Great Lent, we commemorate Our Holy Father St. Gregory Palamas, Archbishop of Thessaloniki; The Holy Martyr St. Sabine of Egypt; Our Righteous Father St. Christodulos the Wonderworker of the Monastery of St. John the Theologian in Patmos; St. Aristovoulos, Apostle of the 70

### Fourth Tone

Ἦχος Πλ. Α΄

Morning Gospel:	<a href="#">St. Luke 24:12-35</a>	<a href="#">Ελληνικά</a>
Epistle Reading:	<a href="#">Hebrews 1:10-14; 2:1-3</a>	<a href="#">Ελληνικά</a>
Gospel Reading:	<a href="#">St. Mark 2:1-12</a>	<a href="#">Ελληνικά</a>

**Resurrectional Apolytikion:** *“To the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For He willed to be lifted up on the Cross in the flesh, to endure death and raise the dead by His glorious Resurrection.”*

**Apolytikion for the Hierarchy:** *“Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessaloniki, the messenger of grace. Forever earnestly entreat for the salvation of our souls.”*

**Apolytikion of the Church:** *“Blessed are You, O Christ our Lord and God, You who made all wise the fishermen Your Apostles, sending down upon them Your Spirit, which is Holy and through their work drawing the world into Your net, glory to You Who loves mankind.”*

**Kontakion:** *“To you, Theotokos, invincible Defender, having been delivered from peril, I and your City [Constantinople], dedicate the victory festival as a thanksgiving offering. In your irresistible might, keep me safe from all trials, that I may cry out to you: ‘Hail, Unwedded Bride!’”*

### Liturgical Schedule

Monday, March 17, Great Compline, 6:00 PM

Tuesday, March 18, Lenten Vespers, 5:30 PM

Wednesday, March 19, Presanctified Liturgy, 6:30 PM; Theosis, 8:00 PM

Friday, March 21, Akathist Hymn, 6:30 PM

Sunday, March 23, **Sunday of the Holy Cross**, Orthros, 8:15 AM; Divine Liturgy, 9:30 AM

## Altar Donations

**Altar Candles:** In loving memory of Meropi Constantine✝

## Sacraments and Rites

**Baptism:** Today the baptism of William (Vasilios) Anthony Kritharis, son of George and Nicole Kritharis, will be celebrated. The Godfather is Nikolaos Kritharis.

**Memorials:** Your prayers are requested this morning at the memorial services for Meropi Constantine✝, 40 days; Theodore Terpos✝, 1 year; George, 1 year and Evelyn (Angeliki), 5 years Skorinko✝. Eternal be their memories.

## His Eminence Metropolitan Myron of New Zealand

It is an honor and great blessing for Holy Trinity to welcome His Eminence Metropolitan Myron of New Zealand to our parish Monday evening, March 17, for the Great Compline Service. His Eminence, who is visiting New Jersey, will preside over this Lenten service beginning at 6:00 PM. You are invited to participate and meet His Eminence who has been serving as New Zealand's Chief Hierarch since May 2018.

## Welcome Visitors

The parish of Holy Trinity welcomes those visiting our community. We are pleased that you have chosen to worship with us. If you are looking for a spiritual home, we hope that you consider becoming part of our family. Fr. Peter would very much like to meet you. Please visit the Philoxenia/Fellowship table in the Bouras Center after services to meet parishioners and enjoy our Fellowship Hour. Subscribe to Holy Trinity weekly emails providing news updates and announcements. Request at: [HolyTrinity@htgocnj.org](mailto:HolyTrinity@htgocnj.org)



The March Edition of The Promise is Now Available Online!

[www.HolyTrinityWestfield.org/the-promise](http://www.HolyTrinityWestfield.org/the-promise)

### **Salutations to the Theotokos – Friday Nights**

The Salutations or Akathist Hymn is celebrated every Friday night throughout Great Lent. Service begins at 6:30 PM. In this service, we call upon the protection and aid of the Mother of God. She is the one who is “Quick to Hear” and the “Port and Harbor” of those tossed about upon the waves of this world.

### **Salutations and Potluck Dinners**

#### **Fridays –March 21 and 28**

Each Friday night during Great Lent a Lenten potluck dinner will be served after the celebration of the Akathist Hymn or Salutation Services. Friday nights are a perfect way to practice the three pillars of Lent: a) prayer; b) fasting; c) almsgiving. Each parishioner is asked to bring a Lenten covered dish. (*Meat, cheese, dairy, eggs, fish are not permitted. Shellfish and oil are permitted.*) This year the following ministries will participate and help prepare the Bouras Center: March 21 – GOYA; March 28 – Trinity Circle and Choir. In past years, this fellowship event has proven to be spiritually uplifting and well-received. Since we practice the complete rule of the Lenten fast, please do not bring items with meat, cheese, dairy, eggs, or fish. Shellfish and oil are permitted.

### **Theosis Program – Bible Study – Wednesday Evenings During Lent**

#### **The Screwtape Letters – join by Zoom**

After the Wednesday night Liturgy of the Presanctified Gifts, you are invited to attend the Theosis Program in Room 101 or by Zoom. This year *The Screwtape Letters* by C.S. Lewis will be read. It is now on sale in the parish bookstore. This book is a satirical novel presenting a series of letters from the demon Screwtape to an apprentice imp. It provides insights into demonic strategies to corrupt and damn the human soul. During Lent, Orthodox Christians seek to overcome temptations and personal inadequacies that the devil playfully uses against us. *Class will begin between 7:50 and 8:05 PM (after service).*

**ZOOM Login** - Join the discussion of *The Screwtape Letters* by logging onto **ZOOM.us**

Meeting ID – 846 9216 1519 (start time between 7:50 – 8:05 PM)

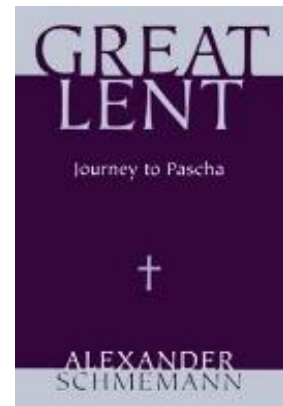
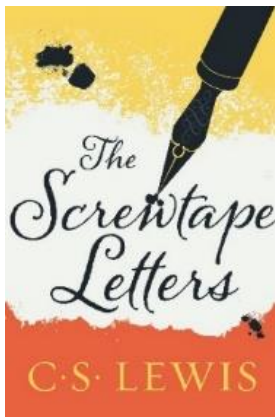
Readings - March 19 (Letters 9 - 14); March 26 (Letters 15 - 19); April 2 (Letters 20 - 25); April 9 (Letters 26 - 31)

### **Bookstore - New Lenten Items**

The bookstore now carries a variety of incense and charcoal to use for daily devotionals at home. Please check out these new items and books that help us understand Great Lent. Also, Holy Week books are now on sale.

### **Suggested Lenten Readings**

Here are a couple of amazing and spiritually uplifting books to read during Great Lent. Both “The Screwtape Letters” and “Great Lent” are books that give the reader insight into Lent and the subtle suggestions used by the devil to slip us up. These, and other titles, are available at the Holy Trinity Bookstore.




### **Religious Education – Teachers and Substitutes**

Are you interested in learning more about our Orthodox faith while helping our children? We are looking for Assistant Religious Education Teachers and Substitutes! You do not need to be an experienced teacher or an expert in Orthodoxy. Curriculums are available! Also, we will be hosting a Zoom meeting on Thursday, March 27, at 7 PM and an in-person meeting on Sunday, April 6, Room 101, after all classes are done at 12 PM. If you are interested, please contact Pete Markos at [pmarkos307@gmail.com](mailto:pmarkos307@gmail.com)

## The Prayer of St. Ephraim the Syrian

This quintessential Lenten prayer is said every day throughout Great Lent. Incorporate this prayer into your own daily Lenten devotions. It is simple and allows us to become more aware of our Lord and the many virtues we need to acquire and the vices that need to end.

**The Prayer  
of Saint Ephraim  
the Syrian**



*O Lord and Master of my life, take from  
me the spirit of sloth, faintheartedness,  
lust of power, and idle talk.*

-----

*But give rather the spirit of chastity,  
humility, patience, and love to Thy servant.*

-----

*Yea, Lord and King, grant me to see my own sins  
and not to judge my brother,  
for Thou art blessed unto the ages of ages.  
Amen.*

Saint Ephraim the Syrian  
(373 AD)

# Prayer Request



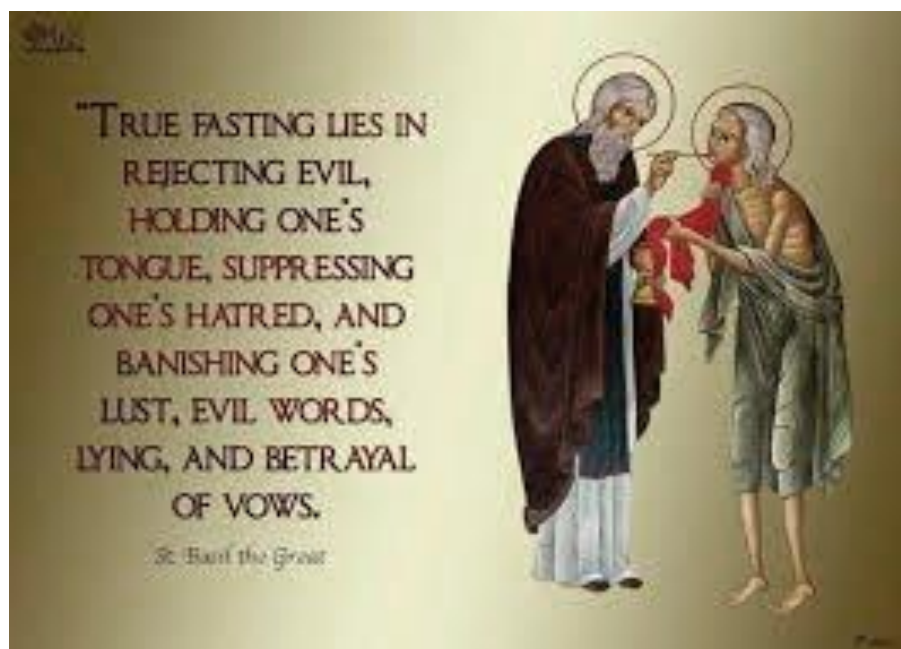
Vasilios, Danny, Bill, Lou, Foula, Eupraxia, Chris, Arlene, John, Ted, William, Theodora, Michael, Gioula, Nicholas, Hellen, Luba, Kevin, Janice, Elaine, Patty, Cynthia, Nicholas, Blace, Christos, Thomas, Rich, Robert, Lea, Mary, Mason, George, Chloe, Yolanda, Luke, George, Maria, Alexander, Athena, Demetra, Stavroula, Harry, Kathy, Jennifer, Pamela, John, Helen, Chris, Niko, Vicky, Dino, Stephanie, James, John, Theodora, Novlet, Chrysavgi, Alexandra, Sue, Marilyn, David, Basil, Laura, Marylee, Adina, Nicholas, Constantine, Molly, Leonedas, David, Elizabeth, Tara, Lambros, Anne, Maria, Mikos, Arthur, Joh

## St. Gregory Palamas - Archbishop of Thessaloniki

St. Gregory Palamas (1296–1359), a monk of Mount Athos, was a practitioner of the method of prayer called hesychasm (hesychia means ‘silence’). This method of prayer is centered in the continuous repetition of the name of Jesus, usually in the form of the Jesus Prayer: “Lord Jesus Christ, Son of God, have mercy on me, a sinner.” And a rigorous bodily discipline - emphasizing certain sitting postures and breathing techniques - is employed in order to help unite the mind and heart in God. Using this method of prayer, the hesychast monks claimed to experience genuine communion with God, including sometimes a vision of the Uncreated Light of Divinity such as that seen by Moses on Mount Sinai, and by the Apostles Peter, James, and John at the Transfiguration of Christ on Mount Tabor.

In 1337 Gregory Palamas confirmed the Orthodox doctrine that man can truly know God and can enter into living communion and relationship with Him through Christ and the Holy Spirit in the Church. He explained that the Essence (or Super-Essence) of God is utterly unknowable and incomprehensible. At the same time, the actions, operations, or Energies of God, which are also uncreated and fully divine (such as the Divine Light), are communicated to people by divine grace and are open to human knowledge and experience. This is what is meant when Christians are said to become “partakers of the divine nature” (2 Peter 1:4).

St. Gregory Palamas also served the Church as Archbishop of Thessaloniki from 1350 until his death in 1359. Just nine years after his repose, he was glorified as a saint of the Church. The second Sunday in Great Lent and November 14, the day of his death, are dedicated to him. This double annual commemoration underlines how important this great Church Father is in the mystical/theological tradition of the Orthodox Church.



## St. John Chrysostom Parish Oratorical Festival - Sunday, March 16



Holy Trinity will host its annual St. John Chrysostom Parish Oratorical Festival today, directly after Church. All are invited to attend and support our youth and celebrate afterward with a luncheon. This event gives our young people an opportunity to speak about their faith in a loving and friendly environment. It has proven to be a very rewarding experience for participants through the years.

### **Philoptochos General Meeting – Thursday, March 27**

Join us at 6:30 PM on Thursday, March 27, in the Bouras Center for a brief meeting followed by an informative presentation by Nutritionist and Life and Health Coach Peter Kofitsas, MS, PT. Peter will speak about nutrition hot topics including how to get enough protein when fasting, how to read labels for best quality ingredients, effective exercise and much more!

### **SAVE THE DATE - 2025 Ladies Philoptochos Annual Dinner Fashion Show**

This year's Fashion Show will be held on Tuesday, May 20, 2025 at Brooklake Country Club in Florham Park. Fashions will be provided by Fashions by Leslie Patrizio. Invitations have been mailed out; time to make your reservations! Also, please support the Philoptochos by placing an ad in the Ad Journal and purchasing tickets to our Grand Raffle. For information, please contact Kassandra Romas, 2025 Chair, 908-296-1586.

### **Stewardship Update**

We are deeply appreciative of the 307 Stewards who have pledged their gifts as we work toward our 2025 budget goal of \$600,000. Our devotion and service to God and His Church are crucial to maintaining our spiritual home and continued support of our growing and vibrant ministries. If you haven't pledged yet, we invite you to join us! The suggested commitment is \$2,200 per steward and \$500 for young adults. Commitment cards are available at the Pangari and can be completed today! To complete your pledge online, visit the church website [www.HolyTrinityWestfield.org](http://www.HolyTrinityWestfield.org), click on Online Giving, Stewardship. To those who have already submitted a 2025 Stewardship Commitment, thank you for your generosity and dedication to our parish!

### **Parish Lenten Mission Project – OCMC Coin Boxes**

OCMC Coin Boxes have been distributed to the entire parish to help us focus on increased prayer, fasting, and almsgiving during Lent. You are welcome to pick up a coin box at the foyer table. With boxes in hand, you are asked to joyfully and prayerfully fill them with coins and bills during Lent. All Coin Boxes will be collected on April 6 (the week before Palm Sunday). All money raised will be sent to OCMC.

**“As the Father has sent me, so I send you.” (John 20:21)**

On Sunday, March 2, the parish of Holy Trinity once again observed Mission Sunday. Mission Sunday reminds us that we too, like the Apostles, are sent to bring the Good News of Jesus Christ to all people!

We have supported the following efforts over the past 8 years, giving almost \$8,000 through our annual Mission Sunday Coin Box collections!

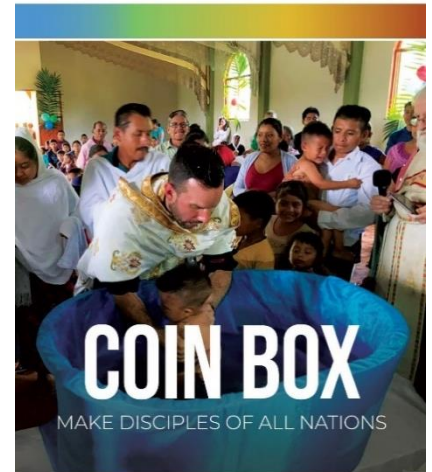
The Orthodox Christian Mission Center (OCMC) is an agency of the Assembly of Canonical Orthodox Bishops of the United States of America that coordinates our missionary efforts by:

- Sending Missionaries and Mission Specialists – Currently, 20 OCMC missionary personnel and their families have been sent to bring people into the *fullness of life found in Jesus Christ* in Albania, Brazil, Guatemala, Kenya, Mexico, Romania, Tanzania, Tonga, and Uganda.
- Supporting Mission Priests – Almost 500 local priests, mostly in Africa, receive monthly financial assistance so that they might help their local people to *hear about Jesus Christ*.
- Supporting seminaries and training Church Leaders and Clergy – In Albania, the Democratic Republic of Congo, Guatemala, Kenya, Tanzania, and elsewhere where the Mission Center sends missionaries and/or funds to help train future clergy and church leaders.
- Funding Missions Grants – Last fiscal year, approximately \$1.3 million in grants was approved for projects around the world so that the Church could bring the Good News to unevangelized people, support local Diocesan institutions and projects, especially with income generation, and share Christ’s love through projects that tend to the whole person.

Everyone is asked to participate in this year’s Mission Sunday by:

- Making sure you (or your children) take a Mission Coin Box and put spare change into the boxes during Great Lent in support of mission efforts around the world.
- Make a donation in support of Mission Sunday.
- *Pray for the missionaries serving throughout the world as they work to bring people into fullness of life found in Jesus Christ.*

 **ORTHODOX CHRISTIAN  
MISSION CENTER**



### **Holy Trinity Cultural Committee**

The Holy Trinity Cultural Committee would like to share upcoming locally hosted events parishioners may be interested in attending.

**Federation of Hellenic Societies. Event details are located at <https://www.nycgreekparade.org/>**

- **March 22** - Athens Square Flag Raising Ceremony. 1:00 PM – 3:00 PM EDT. Athens Square, Astoria, 30th St & 30th Ave, Astoria, NY
- **March 23** - Greek Independence Lecture. 4:00 PM – 6:00 PM EDT. Location is TBD
- **March 28** - Annual Bowling Green Greek Flag Raising Ceremony & Parade. 12:30 PM – 1:30 PM. Bowling Green Triangle, New York, NY
- **March 29** - NYC Greek Independence Day Gala. 6:30 PM – 11:00 PM. **Ziegfield** Ballroom , 141 W 54th St, New York, NY
- **March 30** - Annual Greek Independence Day Parade in NYC. Join us as we march as Holy Trinity parish

**Eastern Mediteranean Business Culture Alliance. Event details are located at <https://embca.com/>**

- **March 23** - "The Life and Legacy of Spyros P. Skouras (1893- 1971), America's Most Influential Hellenic Immigrant" Webinar Panel Discussion
- **April 27** - "Protection of World Heritage Sites/ Cultural Property in Conflict Zones" Webinar Panel Discussion
- **May 4** - "New Orleans: Cotton Merchants, and the 1st Greek Orthodox Community" Webinar Panel Discussion
- **May 18** - "3rd Greek Genocide During the Late Ottoman Period Forum" Webinar Panel Discussion

**Concert at PETROS PETRIDES CULTURAL CENTER, 30-03 30<sup>th</sup> Drive Astoria NY 11102**

- **April 5th** - CAFE AMAN AMERIKA and Grigoris Maninakis.
- Enjoy one of the hit songs of Cafe Aman: [https://youtu.be/g3Hc-dEu5Ic?si=XXDMrnwCh0h\\_UxOMP](https://youtu.be/g3Hc-dEu5Ic?si=XXDMrnwCh0h_UxOMP)

**Public Orthodoxy at Fordham University. Event details located at: <https://publicorthodoxy.org/events/>**

- **March 20** - Nicaea and the Challenge of a Common Day for Easter. Speaker - Dr. George Demacopoulos
- **March 27** - Christian Witness and Legacy of Alexei Navalny. A conversation with Vladimir Kara-Murza, a prominent Russian dissident and human rights advocate, and Serge Schmemmann, Pulitzer Prize-winning journalist and member of The New York Times editorial board
- **April 4** - LGBTQ+ Orthodox Christian Outreach Weekend
- **May 19** Coptic Christianity Conference. Between Archives and the Field: Cross-cutting Methods in Coptic Studies
- **June 4** Nicaea and the Church of the Third Millennium. Towards Catholic-Orthodox Unity
- **June 16** Religious Nationalism

### **Hellenic Film Festival**

- Online via Youtube: Family Member. <https://www.youtube.com/watch?v=OVYhv4KYp3I&t=15s>



Please Join Us For Our  
**PHILOPTOCHOS GENERAL MEETING**

following the meeting there will be a

**HEALTHY LIVING PRESENTATION with  
PETER KOFITSAS MS, PT**

Life & Health Coach, Physical Therapist, Nutritionist

**THURSDAY, MARCH 27th, 2025**

Meeting begins @ 6:30 P.M.

Presentation begins @ 7:15 P.M.

Bouras Center - Holy Trinity, Westfield, NJ

**Come learn about nutrition hot topics and workout tips!**

How much protein do you need and how to get it when fasting?

What are the best on the go healthy snacks?

If you want to have a drink, what is a healthy choice?

Learn how to read labels for the best ingredients and more!

Open Q and A

Light snacks, desserts and refreshments will be served including healthy choice items outlined in the presentation.

# Upcoming Parish Events

## Save the Date

**March 30, 2025**

Support & March in the Greek Independence Day Parade!

Join us in celebrating our Hellenic heritage and Orthodox faith as we proudly march in the Annual New York Greek Independence Day Parade on Sunday, March 30! This is a special opportunity to honor our ancestors' fight for freedom, showcase our vibrant community, and stand together in unity. We encourage all parishioners (families, youth, and organizations) to participate. Dress Code: Blue & white or traditional Greek attire. Let's make a strong showing for Holy Trinity and proudly represent our faith and culture. For more information, please contact Peter Tarhanidis 917-846-2988.



**GREEK PARADE**  
Celebrating the 204th Anniversary  
of Hellenic Independence

*"GREECE: The Birthplace of Democracy  
& Strategic Partner of America"*

**SUNDAY, MARCH 30, 2025 - 1:30 PM**  
FIFTH AVENUE • NEW YORK CITY • 64<sup>TH</sup> TO 79<sup>TH</sup> STREET

Holy Trinity Westfield NJ is marching!  
Parade meeting location: To Be Announced  
Contact : Peter Tarhanidis | 917 846 2988

Ζήτω η Ελλάδα! Ζήτω η Ελευθερία!

**March 29, 2025**

*Holy Trinity Supports  
The Light of the Cross*

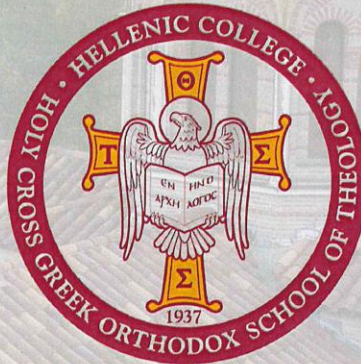
**Help the Metropolis of NJ ensure the financial stability of Hellenic College/Holy Cross. The Parish Council together with Philoptochos will donate \$3,000 to this important Benefit Luncheon. If you would like to attend, please see Father Peter and peruse the flyer. Tickets are \$125/person.**



## *THE LIGHT OF THE CROSS*

*His Eminence Metropolitan Apostolos of New Jersey  
cordially invites you to the*

*Hellenic College and  
Holy Cross Greek Orthodox School of Theology  
Benefit Luncheon*



St. George Greek Orthodox Church  
1200 Klockner Road, Trenton (Hamilton), New Jersey, 08619

March 29, 2025 | 11:00am | \$125  
per ticket



Scan or Click for Ticket and  
Sponsorship Information

TZ  
PHO

**April 6, 2025**



# EASTER PALM CROSSES



**Place your order for Cemetery Palm Crosses**

Cost: \$11 each

Pick-up on Sunday, **April 6<sup>th</sup>**  
During Fellowship Hour

Contact Trinity Circle  
Marina LoAlbo or Avi Kirakatis

marinaloalbo@hotmail.com  
908-272-4341

avikiriakatis@gmail.com  
908-276-1536

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Name \_\_\_\_\_ Telephone \_\_\_\_\_

# of Crosses \_\_\_\_\_ x \$11.00 each = Total \_\_\_\_\_

Paid \_\_\_\_\_ Cash \_\_\_\_\_ Check \_\_\_\_\_

*Please make checks payable to Trinity Circle*

# Greekfest 2025

## May 30 - June 1

The GreekFest planning committee is excited to announce that we have decided to move up the dates of our annual Greek Festival to May 30 - June 1, 2025. This was decided for many reasons that we believe will increase attendance and overall success for our major church fundraiser.

Planning is already underway. We are actively seeking volunteers for all areas of the festival! Please stop by our table in the Bouras Center after church to learn more about how you can get involved. We invite you to bring all your talents and expertise to make this the best GreekFest yet!

Save the Date



**May 30, 31 & June 1**

**Fri., May 30**  
5 pm - 11pm

**Sat., May 31**  
noon - 11 pm

**Sun., June 1**  
noon - 6 pm

**Be an active part of our 2025 GreekFest! Volunteer your time, talents & treasures. Everyone is needed to make it a success!**

To volunteer, please contact the church office or Roula Ioannou at [htgreekfestvolunteers@gmail.com](mailto:htgreekfestvolunteers@gmail.com)

# **Greekfest 2025 – Kick-off Event!**

**May 4**

Westfield, NJ  
**GREEKFEST25**  
*Holy Trinity Greek Orthodox Church*

## **Kick-Off Event!** **Sunday, May 4th**



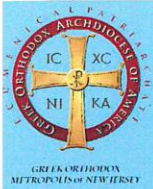
**Loukoumades,  
Crepes &  
Frappe Sale**

Come and enjoy our delicious treats, mingle with fellow parishioners and discover the joy of volunteering at our church festival. Whether you're a seasoned volunteer or looking to get involved for the first time, we welcome you to join our community efforts at our **NJ GreekFest – May 30, 31 & June 1**

**Bouras Center immediately following the Divine Liturgy.**

# Camp Good Shepherd - New Jersey

July 13 - 20




## CAMP GOOD SHEPHERD NEW JERSEY



- July 13-20, 2025
- Ages 8-18
- Camp Linwood Macdonald (Sandyston, NJ)
- Registration Fee: \$750

**[Click Here to Register!](#)**

 <https://www.nj.goarch.org/camp-good-shepherd>

 908-301-0500





**Join the Choir...**  
**You'll Be Glad**  
**You Did!**

Adult Choir for ages 18 to senior citizens



Angel Choir for boys and girls ages 8-12



Byzan "teens" for boys and girls

Ages 13-17

Email the Choir Director

[kathanasoulas@hotmail.com](mailto:kathanasoulas@hotmail.com)



## **T.O.T.S.- (Trinity Orthodox Toddler Social)**

### **Mission Statement**

The mission of the Trinity Orthodox Toddler Social (T.O.T.S.) of Holy Trinity Greek Orthodox Church is to provide an environment fostering fellowship and prayer for children aged 18 months to 4 years of age and their mother, father and/or caregiver. Children are encouraged to develop a sense of comfort and security in God's house while experimenting in independent and cooperative age-appropriate play under their caregiver's supervision. Concurrently, the toddler social enables these adults the opportunity to meet, pray, and socialize.

**TOTS meetings: Wednesdays, 9:30 AM – 11:30 AM, Pre-K Room**

**2025**

March 28 (Fri.)

April 11, 25 (Fridays)

May 9, 23 (Fridays)

Bring water, sneakers and a snack. Contact Val Comprelli ([vcomprelli@gmail.com](mailto:vcomprelli@gmail.com) or 612-801-8608) to sign up or to ask any questions.



**GLORY BE TO GOD FOR ALL THINGS**

**✠ AMEN ✠**