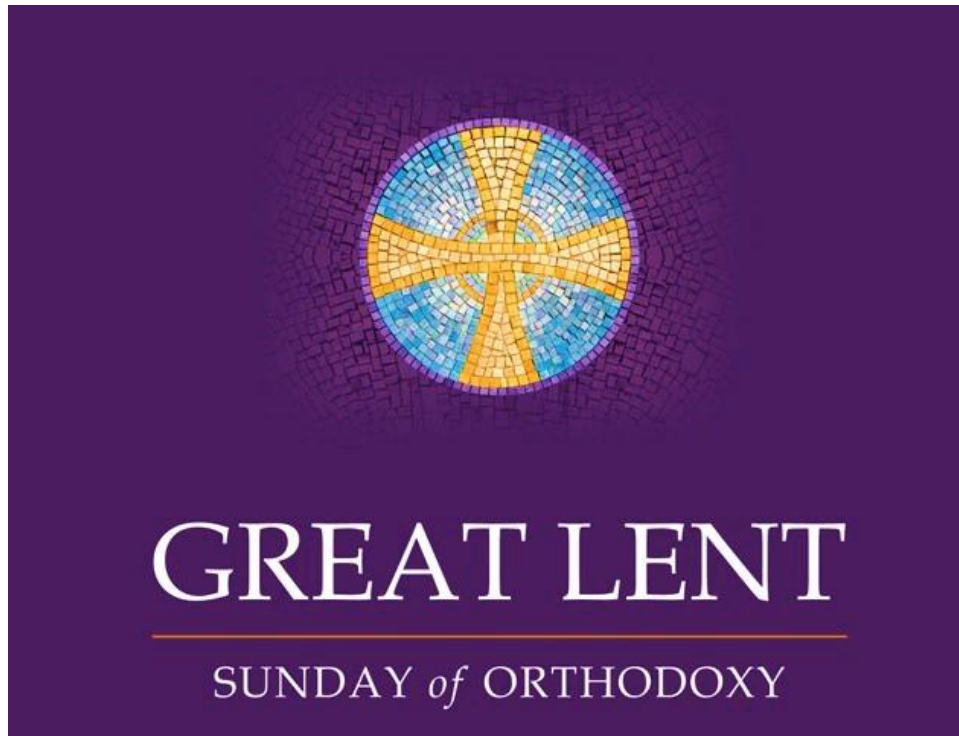


SUNDAY OF ORTHODOXY



March 1, 2026

Holy Trinity Greek Orthodox Church
250 Gallows Hill Road, Westfield, New Jersey 07090
908.233.8533 www.holytrinitywestfield.org
Live streaming services

Rev. Fr. Peter Delvzsis, Parish Priest

On the First Sunday of Lent, we commemorate the Triumph and Restoration of the Holy Icons into the Church of Christ; On this day, we commemorate the Righteous Holy Martyr St. Eudokia the Samaritan; St. Domnina and those with her; St. Antonina the New Martyr; St. Marcellus and St. Anthony who died by fire.

Plagal First Tone

Ἦχος Πλ. Α΄

Morning Gospel:	<u>St. Luke 24:12-35</u>	<u>Ελληνικά</u>
Epistle Reading:	<u>Hebrews 11:24-26, 32-40</u>	<u>Ελληνικά</u>
Gospel Reading:	<u>St. John 1:44-52</u>	<u>Ελληνικά</u>

Apolytikion of the Resurrection: “To the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For He willed to be lift-ed up on the cross in the flesh, to endure death and raise the dead by His glorious resurrection.”

Apolytikion for the Icons: “We venerate Your immaculate icon, O Good Lord, and entreat You to forgive our offences, O Christ our God. By Your own choice You were pleased to ascend the Cross in the flesh, to deliver us, whom You created, from our slavery to the foe. Therefore, we cry to You with gratitude: You have filled all things with joy, O our Savior, by coming to save the world.”

Apolytikion of the Church: “Blessed are You, O Christ our Lord and God, You who made all wise the fishermen Your Apostles, sending down upon them Your Spirit, which is Holy and through their work drawing the world into Your net, glory to You Who loves mankind.”

Kontakion: “To you, Theotokos, invincible Defender, having been delivered from peril, I and your City [Constantinople], dedicate the victory festival as a thanksgiving offering. In your irresistible might, keep me safe from all trials, that I may cry out to you: ‘Hail, Unwedded Bride!’.”

Liturgical Schedule

Tuesday, March 3, Lenten Vespers, 5:00 PM

Wednesday, March 4, Presanctified Liturgy, 6:30 PM; Theosis, 8:00 PM

Friday, March 6, Akathist Hymn, 6:30 PM

Sunday, March 8, St. Gregory Palamas, Orthros, 8:15 AM; Divine Liturgy, 9:30 AM

Monday, March 9, **Holy Forty Martyrs of Sevastia**, Presanctified Liturgy, 9:00 AM

Altar Donations

Altar Candles: In loving memory of Nicholas Aspromatis†

Sacraments and Rites

Baptism: On Saturday, February 28, the baptism of Isaiah Johnstone was celebrated. The Sponsor is Ted Biniaris.



The February Edition of *The Promise* is Now Available Online!
www.HolyTrinityWestfield.org/the-promise Subscribe to Holy Trinity weekly emails providing news updates and announcements. Request at: HolyTrinity@htgocnj.org



Sean, Betty, Keela, Florence, Sandy, James, John, Athena, Stavroula, Dimetra, Danny, Dominique, Daniel, Elizabeth, John, Robert, Erin, Kevin, Sabrina, Luke, Bill, James, Ria, Eric, Joanne, Alexandra, Sophia, Nicholas, Panagiota, James, Mary, Chris, Janeen, Harry, Kathy, Jennifer, John, Marina, George, Laura, George, Costa, Basil, Lemonia, Justin, Chris, Evangelia, Brennan, Egon, Marilyn, Tatanya, Robert, Elizabeth, George, Nicholas, Alexander, Vasilios, Danny, Bill, Lou, Foula, Eupraxia

Welcome Visitors

Our parish welcomes those visiting our community. Worshipping the Holy Trinity is the principal act of an Orthodox parish, especially on the Day of the Resurrection (Sunday). Our mission is to live the Holy Gospel and spread the Good News to those in our area. We are sanctified by God's grace through the holy Sacraments and glorify Him each moment of the day. We seek God's mercy, as we confess the name of the Father, Son, and Holy Spirit. Visit the Philoxenia/Fellowship table in the Bouras Center after service to meet parishioners and enjoy our Fellowship Hour.

Fellowship Hour: Please join us in the Bouras Center after church for the Fellowship Hour sponsored by Fotini Nicholas and family in loving memory of Deno, George and Andreas Nicholas†.

Pan-Orthodox Celebration of Sunday of Orthodoxy Vespers - Sunday, March 1

You are invited to celebrate a beautiful Pan-Orthodox Vespers Service at St. John the Baptist Carpatho-Russian Orthodox Church, 145 Broad Street, Perth Amboy. Vespers begins at 4 PM. The choir for the day is drawn from many churches in NJ, with three singers from our own Holy Trinity choir. The entire service will be in English. Free parking is available in two lots across the street from the church.

Theosis and Bible Study

Start Your Lenten Journey by Reading the Gospel of St. John

Wednesday, March 4 @ 7:50 PM

Join the Theosis program as we resume our study of the Gospel penned by the Beloved Disciple of Christ. All are welcome to join in person or through Zoom every Wednesday night. Theosis is a wonderful way to open your eyes and heart to Christ's message of salvation as we traverse Great Lent together. Each class will begin after the Lenten Presanctified Liturgy ~ 7:50 PM.


March 4 {Chapter 17}; March 11 {Chapter 18}; March 18 {Chapter 19};
April 1 {Chapters 20 & 21}

Zoom Meeting ID: 882 4043 6362

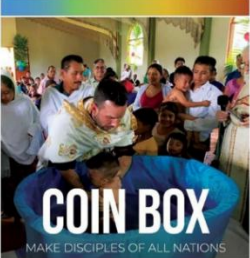
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PARISH LENTEN MISSION PROJECT – OCMC COIN BOXES

SUPPORT ORTHODOX MISSIONS

 **ORTHODOX CHRISTIAN MISSION CENTER**

Virtual Coin Box Appeal







HOW TO DONATE TO VIRTUAL COIN BOX APPEAL
Use the QR Code to sign in to the Coin Box webpage or go to: <https://give.ocmc.org/coinbox>

- **Step 1** Select the Donate button
- **Step 2** Select your parish from the drop-down menu or just make a general donation.
- **Step 3** If you selected a parish, your donations will be applied to your Church's team.

All donations will appear on the thermometer on the front page. No need to pass out boxes or collect and count coins! Watch donations grow!

Scan and give online
<https://www.ocmc.org/coinbox>



OCMC Coin Boxes were distributed last Sunday. However, if you did not pick one up because of weather conditions last week the boxes are still available. During Great Lent we ask the entire parish to focus on increased prayer, fasting, and almsgiving. With boxes in hand, you are asked to joyfully and prayerfully fill them with coins and bills. All Coin Boxes will be collected on March 29 (the week before Palm Sunday). All money raised will be sent to OCMC.

Also new this year is a "Virtual Coin Box". Our Team Name is Holy Trinity Lenten Mission Coin Box Campaign. To access our Virtual Coin Box, [click here](#). From there, click the "Start or Join a Virtual Coin Box" button. Next click the "Join a team" button. To select our Team Name, you can enter Holy Trinity in the search field and/or scroll to our Team Name. To make your donation, choose the Sign In or Create an Account button.

The Prayer of St. Ephraim the Syrian

This quintessential Lenten prayer is said every day throughout Great Lent. Incorporate this prayer into your own daily Lenten devotions. It is simple and allows us to become more aware of our Lord and the many virtues we need to acquire and the vices that need to end.



Sunday of Orthodoxy

This Sunday, the First Sunday of Great Lent, we celebrate the return of the Holy Icons to the Church. On this day the annual procession of Icons by our youth will take place after Holy Communion. With this in mind, the celebration of Icons is an expression of our deep devotion to these Holy Images and the profound impact that Icons have on our Orthodox Faith. We encourage all parishioners to bring an Icon of special significance with them to church on this day as well!

The Presanctified Liturgy and Theosis - Wednesday Nights

Every Wednesday night the solemn Liturgy of the Presanctified Gifts will be celebrated at 6:30 PM. This beautiful Liturgy lifts us spiritually during Great Lent. Please be reminded that fasting is required before receiving Holy Communion. Since this is an evening service, if you plan to receive Holy Communion, eat a very light lunch and keep a strict fast thereafter. After the Liturgy, you are invited to attend the Theosis Program at 7:50 PM in Room 101. This year we will study the Gospel according to St. John.

Salutations to the Theotokos - Friday Nights

The Salutations or Akathist Hymn is celebrated every Friday night throughout Great Lent. Service begins at 6:30 PM. In this service, we call upon the protection and aid of the Mother of God. She is the one who is “Quick to Hear” and the “Port and Harbor” of those tossed about upon the waves of this world.

Trinity Circle - Tuesday, March 3

Monthly lunch/meeting 11 AM - 2 PM. Presentation "Greek Independence Day: The Anthem and Heroes." Luncheon donated in memory of her beloved husband Christos by Kassandra Romas.

54th Sights and Sounds - Saturday, March 7

Volunteers needed. Holy Trinity will host approximately 500 Greek Orthodox youth from across NJ to participate in this unique visual, literary and performing arts competition. An average of 150 volunteers are needed. Volunteers also gain access to view performances of our talented youth! Please consider donating your time as a door monitor; morning and afternoon time slots are available. Please contact Roula Ioannou 908-451-3005, Keli Leunes 917-816-6927 or email sightsandsoundsvolunteers@gmail.com if interested or for further information.

Qualified Judges needed. Do you have colleagues, friends, relatives who are art or music teachers, professional artists, musicians? (Cannot be parishioners of Holy Trinity) Please contact the following: Sounds-Yiana Leichtling at 908-413-6213 or sightsandsoundsjudges@yahoo.com Sights-Ellen Manos-Athenson at 908-337-0775 or ebmanos@yahoo.com

The Ladies Philoptochos Society - General Meeting and Presentation, Tues., March 10

The meeting begins at 6:30 PM, then at 7:15 PM, a presentation on "Pelvic Health Strategies Through Every Stage Of Life" with Dr. Shana Hoke. Dr. Hoke is a Board-Certified Specialist in Pelvic and Women's Health Physical Therapy, with Better With Physical Therapy in Madison <https://betterwithpelvichealthpt.com> Contact Denise Eliopoulos 973-568-0938 with questions.

TOTS (Trinity Orthodox Toddler Social) - March 11

Our next meeting is Wednesday, March 11, 9:30 - 11:30 AM in the preschool room. Children 18 months-Pre-K are welcome with their caregiver (younger siblings welcome!). Bring water, sneakers, and a snack. Contact Val Comprelli 612-801-8608 or vcomprelli@gmail.com to sign-up or with any questions.

St. John Chrysostom Parish Oratorical Festival - Sunday, March 15

Holy Trinity will host its annual St. John Chrysostom Parish Oratorical Festival on Sunday, March 15, directly after Church. All are invited to attend and support our youth and celebrate afterward with a luncheon. Students of Religious Education are encouraged to participate in the festival. This event, which gives our young people an opportunity to speak about their faith in a loving and friendly environment, has proven a very rewarding experience for participants through the years. Junior and Senior Division Participants will need to register online as well as access this year's topics, guides, and tips on the Archdiocese website at: www.religioused.goarch.org or by contacting our Parish Chairperson, Peter Tarhanidis at ptarhanidis@gmail.com

GOYA Outreach - Coat Drive, February 17 - March 22

Let's share the warmth! Donate your unwanted coats and help others to stay warm. Location to drop off is outside of the church office from February 17-March 22. All donations will benefit families of St. Joseph's Church in Newark NJ. Contact kdrivas10@yahoo.com with any questions.

Adult Greek Dance Lessons - Thursday, March 26

Lessons will be offered by Ronnie Filippatos Fernandez one Thursday per month, \$25 per class. The next lesson is on March 26, 7 - 9 PM. We will enjoy some light drinks and appetizers while learning Greek dances. If interested, please send your name and phone number to htgocgreekdance@gmail.com. The remaining dates are: 4/23, 5/21.

Holy Trinity/Philoptochos "Rise Against Hunger" - Saturday, March 28



Holy Trinity/Philoptochos is sponsoring a meal-packaging event with "Rise Against Hunger" on Saturday, March 28, 10 AM - 12 PM. Please come and help prepare soup bags (no cooking or supplies are needed). We need your helping hands. Volunteers of all ages welcome! Any donation to offset the cost is appreciated. Please sign up and/or donate via the QR code provided.



Cemetery Palm Cross Sale

Place your order for Cemetery Palm Crosses with Marina LoAlbo, marinaloalbo@hotmail.com or Avi Kiriakatis avikiriakatis@gmail.com. Pick up on Sunday, March 29, during Fellowship Hour.

Save the Date: Greek Independence Day Parade - Sunday, April 26

Join Holy Trinity on Sunday, April 26, 1:30 PM in New York for the 87th NY Greek Independence Day Parade! This marks 205 years since March 25, 1821, the start of the Greek Revolution for liberation from the Ottoman Turkish yoke. Wear your best blue and white and join us for a march on 5th Avenue from 61st to 74th street! More information and details will be shared closer to the date.

Save the Date: Philoptochos Dinner and Fashion Show - Tuesday, April 28

Our Ladies Philoptochos' annually popular Dinner and Fashion Show will be held on Tuesday, April 28, 2026, at Brooklake Country Club in Florham Park, NJ. Features include Leslie Patrizio Fashions, fabulous gift raffle prizes, Special VIP Raffle with a Dior tote bag and scarf; and much more. For information contact Cassandra Romas, kromas22409@gmail.com

Angel Choir (Ages 7-12) - 2026 Update

The Angel Choir has joined the Adult Choir on Sundays. Membership continues to grow and new members are welcome any time of the year. Angel Choir practices are after Sunday School. Children should meet the director for practice in church in the choir pews. For more information contact Anne Kernoski, akernoski@gmail.com



Join the Choir...
**You'll Be Glad
You Did!**

Adult Choir for ages 18 to senior citizens



Angel Choir for boys and girls ages 7-12



Byzan "teens" for boys and girls Ages 13-17

For more information, email Anne Kernoski, Choir Director:

akernoski@gmail.com

[Click here to sign up](#)

*Come join us for
Adult Greek Dance*

**Now offering Greek Dance
Lessons for adults!**

Practices will take place once a month in the
Bouras Center

10/16, 11/20, 1/22, 2/19, 3/26, 4/23, 5/21

\$25/class
Scan here to sign up

Please contact the instructor
Ronnie Filippatos
for more information
HTGOCCGreekDance@gmail.com



join us for
**GREEK DANCE
LESSONS**



COME BE A PART OF THE HOLY TRINITY
GREEK DANCE GROUP!

Classes offered for grades
PreK-12
and adults as well!

Contact: Ronnie Filippatos Fernandez
908-672-6203

Htgocgreekdance@gmail.com



Upcoming Events

February 17 – March 22, 2026

**Let's share the
warmth!
G.O.Y.A. Outreach
COAT DRIVE**



**Donate coats and help
others stay warm**

**Location: Drop outside of
church office**

Dates: February 17-March 22

**All Donations will benefit families of
St Joseph's Church
Newark, NJ**

March 10, 2026

THE LADIES PHILOPTOCHOS SOCIETY OF
HOLY TRINITY GREEK ORTHODOX CHURCH

GENERAL MEETING with PRESENTATION

Tuesday, March 10, 2026
Meeting begins @ 6:30 P.M.
Presentation begins @ 7:15 P.M.

PELVIC HEALTH STRATEGIES
THROUGH EVERY STAGE OF LIFE



Dr. Shana Hoke, PT, DPT, CLT
Board-Certified Specialist in
Pelvic and Women's Health Physical Therapy
Better With Physical Therapy, Madison, NJ
<https://betterwithpelvichealthpt.com>

For more information: Denise Eliopoulos 973-568-0938

March 14, 2026



WALKING WITH CHRIST

SEMINARIAN BENEFIT LUNCHEON

SATURDAY MARCH 14, 2026 AT 11 A.M.
ST. NICHOLAS GREEK ORTHODOX CHURCH
467 GRANDVIEW AVE, WYCKOFF, NJ 07481



ALL PROCEEDS WILL BENEFIT THE SEMINARIANS OF THE
GREEK ORTHODOX METROPOLIS OF NEW JERSEY
AND MASTER OF DIVINITY STUDENTS

[CLICK HERE](#) OR FOLLOW THE QR CODE OF LINK
TO REGISTER



March 15, 2026

St. John Chrysostom Parish Oratorical Festival - Sunday, March 15

Holy Trinity will host its annual St. John Chrysostom Parish Oratorical Festival on Sunday, March 15, directly after Church. All are invited to attend and support our youth and celebrate afterward with a luncheon. Students of Religious Education are encouraged to participate in the festival. This event, which gives our young people an opportunity to speak about their faith in a loving and friendly environment, has proven a very rewarding experience for participants through the years. Junior and Senior Division Participants will need to register online as well as access this year's topics, guides, and tips on the Archdiocese website at: www.religioused.goarch.org or by contacting our Parish Chairperson, Peter Tarhanidis at ptarhanidis@gmail.com

**JOIN THOUSANDS
OF YOUTH ACROSS
THE NATION AND
SHARE YOUR
FAITH!**



2026 ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL

Senior Division (Grades 10-12) • Junior Division (Grades 7-9)

AWARDS

National finalists are eligible to receive the following:

St. John Chrysostom Oratorical Festival Scholarship: \$750 to \$3000

FAITH: An Endowment for Orthodoxy and Hellenism: to be announced

Finalists at any level are eligible to receive the following:

Chrysostom Scholarship to Hellenic College: \$2,500 up to \$30,000 per year

Parish Festival Date & Time: March 15, 2026. Right after the Divine Liturgy

Parish Chairperson: Peter Tarhanidis

Contact Information: ptarhanidis@gmail.com

Find the topics, tips, manual & award information at:

www.religioused.goarch.org

Department of Religious Education (DRE), Greek Orthodox Archdiocese of America



March 28, 2026

Holy Trinity Greek Orthodox Church of Westfield

Annual Lenten Project

Saturday March 28, 2026 | 9:30am-12pm



Help Us Fight Hunger — One Meal at a Time
More donations = more meals



How You Can Help

Volunteer & Donate — Scan QR code
or sign up at the Philoptochos Table

Our Goal

Goal: \$5,000
Impact: 12,000 soup meals packed
and shipped internationally

Give What You Can. Feed More People.

**Even a small donation helps provide nutritious meals to
those in need.**

For more information, please stop by Philoptochos table or contact Kathy
Maglaras or Maria Kanaras

April 26, 2026

Save the Date: Greek Independence Day Parade - Sunday, April 26

Join Holy Trinity Sunday, April 26, 1:30 PM in New York for the 87th NY Greek Independence Day Parade! This marks 205 years since March 25, 1821, the start of the Greek Revolution for liberation from the Ottoman Turkish yoke. Wear your best blue and white and join us for a march on 5th Avenue from 61st to 74th street! More information and details will be shared closer to the date.



SAVE THE DATE TO JOIN HOLY TRINITY

SUNDAY APRIL 26, 2026

TIME: 1:30 PM

March on 5th Avenue from 61st to 74th streets for the
87th NY Greek Independence Day Parade.

This marks 205 years since March 25, 1821, the start of the Greek
Revolution for liberation from the Ottoman Turkish yoke.

WEAR YOUR BEST BLUE AND WHITE

INFORMATION & DETAILS WILL BE SHARED CLOSER TO THE DATE

April 28, 2026

The Ladies Philoptochos Society
Of Holy Trinity Greek Orthodox Church
in Westfield, New Jersey
Cordially invites you to

Rays of Hope

Annual Dinner Fashion Show

Tuesday, April 28, 2026

Brooklake Country Club
139 Brooklake Road
Florham Park, New Jersey

Reception and Raffles - 5:30 pm
Dinner and Fashion Show - 7:00 pm

Fashions by

Leslie Patrizio

Featuring our Raffles: Gift Basket Raffle, Grand Raffle
Special VIP-Dior Bag & Dior Twill Scarf, 50/50 Raffles



T.O.T.S.- (Trinity Orthodox Toddler Social)

Mission Statement

The mission of the Trinity Orthodox Toddler Social (T.O.T.S.) of Holy Trinity Greek Orthodox Church is to provide an environment fostering fellowship and prayer for children aged 18 months to 4 years of age and their mother, father and/or caregiver. Children are encouraged to develop a sense of comfort and security in God's house while experimenting in independent and cooperative age-appropriate play under their caregiver's supervision. Concurrently, the toddler social enables these adults the opportunity to meet, pray, and socialize.

TOTS meetings: Wednesdays, 9:30 AM – 11:30 AM, Pre-K Room

2026

March 11, 25

April 22

May 13, 27

Bring water, sneakers and a snack. Contact Val Comprelli (vcomprelli@gmail.com or 612-801-8608) to sign up or to ask any questions.



GLORY BE TO GOD FOR ALL THINGS

✠ AMEN ✠