

The Veneration of the Precious and Life-Giving Cross



The Precious and All-Holy Cross

March 23, 2025

Holy Trinity Greek Orthodox Church
250 Gallows Hill Road, Westfield, New Jersey 07090
908.233.8533 www.holytrinitywestfield.org

Live streaming services

Rev. Fr. Peter Delvizi, Parish Priest

On the Third Sunday of Great Lent we Venerate the Precious and Life-Giving Cross; Our Righteous Father St. Nikon the Holy Martyr & those with him; The Holy Martyrs St. Anatolios and St. Protoleon converted by St. George the Great Martyr

Second Plagal Tone

Ἦχος Πλ. Β΄

Morning Gospel:	St. Luke 24:36-53	Ελληνικά
Epistle Reading:	Hebrews 4:14-16; 5:1-6	Ελληνικά
Gospel Reading:	St. Mark 8:34-38; 9:1	Ελληνικά

Resurrectional Apolytikion: *“The angelic powers appeared at Your tomb, the soldiers guarding it became as dead men, and Mary stood at Your grave seeking, seeking Your most pure body. But You made her a captive; You were untouched by its might. You came to the virgin and granted life. O Lord, who rose from the dead, glory to You.”*

Apolytikion of Holy Cross: *“Save, O Lord, save Your people and bless Your inheritance. Give victory to those who battle evil and protect us all by Your Holy Cross.”*

Apolytikion of the Church: *“Blessed are You, O Christ our Lord and God, You who made all wise the fishermen Your Apostles, sending down upon them Your Spirit, which is Holy and through their work drawing the world into Your net, glory to You Who loves mankind.”*

Kontakion: *“To you, Theotokos, invincible Defender, having been delivered from peril, I and your City [Constantinople], dedicate the victory festival as a thanksgiving offering. In your irresistible might, keep me safe from all trials, that I may cry out to you: ‘Hail, Unwedded Bride!’”*

Liturgical Schedule

Monday, March 24, **Great Vespers for Annunciation**, 6:00 PM @ Annunciation in Jersey City
Tuesday, March 25, **The Annunciation**, Orthros, 8:30 AM; Divine Liturgy, 9:30 AM
Wednesday, March 26, Presanctified Liturgy, 6:30 PM; Theosis, 8:00 PM
Friday, March 28, Akathist Hymn, 6:30 PM
Sunday, March 30, **Sunday of St. John Climacus**, Orthros, 8:15 AM; Divine Liturgy, 9:30 AM

Altar Donations

Vigil Light: In loving memory of Pericles Gianakis†

Large Candles: In loving memory of Andrew G. Andrews†

Sacraments and Rites

Memorial: On Saturday, March 22, a memorial service was held for Alice Stefanou†, 1 year. Eternal be her memory.

Veneration of the Holy Cross

The daffodils decorating the Holy Cross have been kindly donated by Paul G. Stappas in loving memory of his wife Angela Elaine Stappas†. Eternal be her memory.

Welcome Visitors

The parish of Holy Trinity welcomes those visiting our community. We are pleased that you have chosen to worship with us. If you are looking for a spiritual home, we hope that you consider becoming part of our family. Fr. Peter would very much like to meet you. Please visit the Philoxenia/Fellowship table in the Bouras Center after services to meet parishioners and enjoy our Fellowship Hour. Subscribe to Holy Trinity weekly emails providing news updates and announcements. Request at: HolyTrinity@htgocnj.org



The March Edition of The Promise is Now Available Online!

www.HolyTrinityWestfield.org/the-promise

Theosis Program – Bible Study – Wednesday Evenings During Lent

The Screwtape Letters – join by Zoom

After the Wednesday night Liturgy of the Presanctified Gifts, you are invited to attend the Theosis Program in Room 101 or by Zoom. This year *The Screwtape Letters* by C.S. Lewis will be read. It is now on sale in the parish bookstore. This book is a satirical novel presenting a series of letters from the demon Screwtape to an apprentice imp. It provides insights into demonic strategies to corrupt and damn the human soul. During Lent, Orthodox Christians seek to overcome temptations and personal inadequacies that the devil playfully uses against us. *Class will begin between 7:50 and 8:05 PM (after service).*

ZOOM Login - Join the discussion of *The Screwtape Letters* by logging onto **ZOOM.us**

Meeting ID – 846 9216 1519 (start time between 7:50 – 8:05 PM)

Readings – March 26 (Letters 15-19); April 2 (Letters 20 – 25); April 9 (Letters 26 - 31)

Salutations and Last Potluck Dinner - Friday, March 28

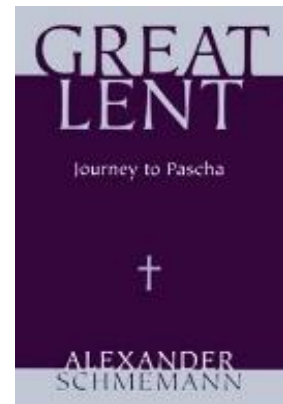
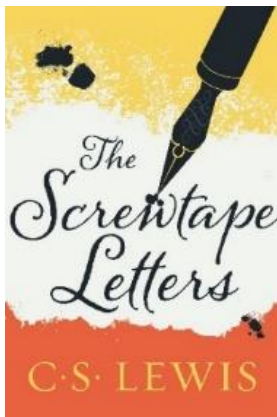
Each Friday night during Great Lent a Lenten potluck dinner will be served after the celebration of the Akathist Hymn or Salutation Services. Friday nights are a perfect way to practice the three pillars of Lent: a) prayer; b) fasting; c) almsgiving. Each parishioner is asked to bring a Lenten covered dish. (*Meat, cheese, dairy, eggs, fish are not permitted. Shellfish and oil are permitted*). This Friday, March 28, Trinity Circle and Choir will help.

Bookstore - New Lenten Items

The bookstore now carries a variety of incense and charcoal to use for daily devotionals at home. Please check out these new items and books that help us understand Great Lent. Also, Holy Week books are now on sale.

Suggested Lenten Readings

Here are a couple of amazing and spiritually uplifting books to read during Great Lent. Both “The Screwtape Letters” and “Great Lent” are books that give the reader insight into Lent and the subtle suggestions used by the devil to slip us up. These, and other titles, are available at the Holy Trinity Bookstore.



Religious Education – Teachers and Substitutes

Are you interested in learning more about our Orthodox faith while helping our children? We are looking for Assistant Religious Education Teachers and Substitutes! You do not need to be an experienced teacher or an expert in Orthodoxy. Curriculums are available! Also, we will be hosting a Zoom meeting on Thursday, March 27, at 7 PM and an in-person meeting on Sunday, April 6, Room 101, after all classes are done at 12 PM. If you are interested, please contact Pete Markos at pmarkos307@gmail.com


2025 Lenten Project – Rise Against Hunger

Philoptochos appreciates the 110 volunteers who donated their time and service on Saturday morning, March 15. Together, we prepared 10,152 meals to feed the hungry through Rise Against Hunger. Thank you to our benefactors for helping to offset the Philoptochos' costs of this Lenten Project, most especially to the Parish Council for their generous donation! See photos in Photo Album at <https://holytrinitywestfield.org/ministries/philoptochos/>

The Prayer of St. Ephraim the Syrian

This quintessential Lenten prayer is said every day throughout Great Lent. Incorporate this prayer into your own daily Lenten devotions. It is simple and allows us to become more aware of our Lord and the many virtues we need to acquire and the vices that need to end.

**The Prayer
of Saint Ephraim
the Syrian**




O Lord and Master of my life, take from me the spirit of sloth, faintheartedness, lust of power, and idle talk.

But give rather the spirit of chastity, humility, patience, and love to Thy servant.

Yea, Lord and King, grant me to see my own sins and not to judge my brother, for Thou art blessed unto the ages of ages.

Amen.

*Prayer
Request*



Tatanya, Robert, Elizabeth, George, Nicholas, Alexander, Vasilios, Danny, Bill, Lou, Foula, Eupraxia, Chris, Arlene, John, Ted, William, Theodora, Michael, Gioula, Nicholas, Hellen, Luba, Kevin, Janice, Elaine, Patty, Cynthia, Nicholas, Blace, Christos, Thomas, Rich, Robert, Lea, Mary, Mason, George, Chloe, Yolanda, Luke, George, Maria, Alexander, Athena, Demetra, Stavroula, Harry, Kathy, Jennifer, Pamela, John, Helen, Chris, Niko, Vicky, Dino, Stephanie, James, John, Theodora, Novlet, Chrysavgi, Alexandra, Sue, Marilyn, David, Basil, Laura, Marylee, Adina, Nicholas, Constantine, Molly, Leonedas, David, Elizabeth, Tara, Lambros

THE CROSS: OUR BEACON ON LIFE'S JOURNEY

As we come to the mid-point of the Great Fast, the Church in her wisdom honors the Cross of our Lord, to spur us on in spiritual warfare. On the Third Sunday of the Fast, it is the Cross that is set before our eyes and minds as we come to the Lord's temple for worship.

The Cross is a great symbol of the Christian faith. It serves as identification. When located on the height of a building, it reveals that structure to be a house of worship. When worn on a lapel or on a chain, the Cross identifies the person as a follower of Jesus Christ. From the moment we are reborn in the waters of Holy Baptism to the time when we fall asleep in Christ, the sign of the Cross is made a multitude of times over our bodies.

But the Cross also represents a special philosophy of living. In fact, it is the secret of an abundant life. There are many prescriptions for happiness that this world projects on its people. The church has never had so much competition as it has today. Advertising agencies pour forth their ads promising success, happiness and fulfillment if certain products are bought.

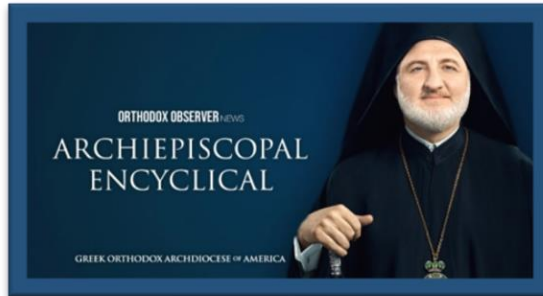
Still, it is the Cross that is life's greatest teacher. It is only as we come to know and understand the Cross that we learn how to live. Jesus said: "Whoever will come after Me, let him deny himself, and take up his Cross, and come and follow Me." We make a free choice to follow Christ, this in turn involves discipline, a denying of the passions of the flesh which is compared to cross-bearing. Doing this, we live as Jesus lived. We follow him. We can truly wear a Cross and identify ourselves as one of His!

"Come, Adam and Eve, our first father and mother, who fell from the choir on high through the envy of the murderer of man, when of old with bitter pleasure ye tasted from the tree in Paradise. See, the Tree of the Cross, revered by all, draws near. Run with haste and embrace it joyfully, and cry out to it with faith: O Precious Cross, thou art our succor; partaking of thy fruit, we have gained incorruption; we are restored once more to Eden, and we have received great mercy."

- Great Vespers of 3rd Sunday of Lent

Stewardship Update

We are deeply appreciative of the 307 Stewards who have pledged their gifts as we work toward our 2025 budget goal of \$600,000. Our devotion and service to God and His Church are crucial to maintaining our spiritual home and continued support of our growing and vibrant ministries. If you haven't pledged yet, we invite you to join us! The suggested commitment is \$2,200 per steward and \$500 for young adults. Commitment cards are available at the Pangari and can be completed today! To complete your pledge online, visit the church website www.HolyTrinityWestfield.org, click on Online Giving, Stewardship. To those who have already submitted a 2025 Stewardship Commitment, thank you for your generosity and dedication to our parish!



GREEK ORTHODOX ARCHDIOCESE OF AMERICA
ARCHEPISCOPAL ENCYCLICAL

Prot. No. 88/2025

Archiepiscopal Encyclical on Greek Independence Day

March 25, 2025

Unto the Most Reverend and Right Reverend Hierarchs, Pious Priests and Deacons, the Monks and Nuns, Presidents and Members of Parish Councils, Honorable Archons of the Ecumenical Patriarchate, Members of Leadership 100, the Day and Afternoon Schools, Philoptochos Societies, the Youth, Greek Orthodox Organizations, and the entirety of the Christ-named Plenitude of the Holy Archdiocese of America:

**The New Creation revealed the Creator by showing Himself to us whom He created
(Akathist Hymn, Third Stasis, N)**

Beloved Brothers and Sisters in Christ,

The “New Creation” that we celebrate every March 25th is both a spiritual and a political reality for Orthodox Christians of Greek descent, for Philhellenes around the world, and indeed for every human being. What occurred within the Ever-Virgin’s womb is nothing less than the re-creation of the human race and, through us as God’s chosen stewards, the entirety of the created cosmos. And what occurred in 1821 within the hearts and minds of Greek patriots, is nothing less than the re-creation of a Nation, to which we – as stewards – owe a debt of responsibility and fidelity.

The Annunciation of the Theotokos was perfected by the exercise of her freedom on behalf of every man, woman, and child who would ever live. And the Revolution of 1821, an astonishing exercise of liberty, led to the independence and ultimate rebirth of Hellas. The former was a Divine Act enabled by a human being; the latter, a human endeavor empowered by a Divine Hand. In both, there was the grace of a Virgin Full-of-Grace, a young girl who incarnated the best of our aspirations to freedom, and was the Vessel of the Incarnation of God.

Let us never forget our Virgin Champion who manifests what it means to be truly free in God. And let us never forget the Immortal Heroes of 1821, whose sacrifices showed the world what it means to fight and overcome tyranny, and to protect, defend, and prosper the People of Greece. Let us always choose to be that New Creation in Christ.

Long live 1821! Long live Democracy! Long live Greece!

With paternal love in Christ,

† ELPIDOPHOROS
Archbishop of America

Metropolitan Myron visits Holy Trinity
A Special Collection to help the Mission of the Metropolis of New Zealand



George Koutsaftes, Fr. Peter, Metropolitan Myron,
Fr. Meletios, and Peter Tarhanidis.

With joy in our Lord, Holy Trinity was blessed to have a special visit from His Eminence Metropolitan Myron of New Zealand last Monday, March 17. The visit started with the Service of Great Compline followed by a presentation on the work and mission of the Greek Orthodox Metropolis in New Zealand. An informative and lively discussion took place over dinner afterwards in room 101.

The Metropolis of New Zealand was formed in 1970, when the Patriarchate of Constantinople decided to take territory from the Archdiocese of

Australia to create this new Metropolis. It is a vast territory covering New Zealand, the Pacific Islands, Fiji, Tonga, and Samoa, as well as the North West Pacific regions. It is rich Spiritually, but as any newly-formed ecclesiastical area, it needs our financial support. A special collection will be taken Sunday, March 23. We can help make a difference by being generous and helping His Eminence spread the light of Orthodox Christianity in this area of the world.

St. John Chrysostom Parish Oratorical Festival - Finalists

Holy Trinity hosted the parish oratorical festival last Sunday. Finalists were Catie Carayannopoulos in the senior division, and Nicholas Kelly in the junior division. It was an edifying event giving our young people an opportunity to speak about issues of faith in a loving and friendly environment. It has proven to be a very rewarding experience.

Philoptochos General Meeting – Thursday, March 27

Join us at 6:30 PM on Thursday, March 27, in the Bouras Center for a brief meeting followed by an informative presentation by Nutritionist and Life and Health Coach Peter Kofitsas, MS, PT. Peter will speak about nutrition hot topics including: how to get enough protein when fasting, how to read labels for best quality ingredients, effective exercise and much more!

**SAVE THE DATE - 2025 Ladies Philoptochos Annual
Dinner Fashion Show**

This year's Fashion Show will be held on Tuesday, May 20, 2025 at Brooklake Country Club in Florham Park. Fashions will be provided by Fashions by Leslie Patrizio. Invitations have been mailed out; time to make your reservations! Also, please support the Philoptochos by placing an ad in the Ad Journal and purchasing tickets to our Grand Raffle. For information, please contact Kassandra Romas, 2025 Chair, 908-296-1586.

Parish Lenten Mission Project – OCMC Coin Boxes

OCMC Coin Boxes have been distributed to the entire parish to help us focus on increased prayer, fasting, and almsgiving during Lent. You are welcome to pick up a coin box at the foyer table. With boxes in hand, you are asked to joyfully and prayerfully fill them with coins and bills during Lent. All Coin Boxes will be collected on April 6 (the week before Palm Sunday). All money raised will be sent to OCMC.

“As the Father has sent me, so I send you.” (John 20:21)

On Sunday, March 2, the parish of Holy Trinity once again observed Mission Sunday. Mission Sunday reminds us that we too, like the Apostles, are sent to bring the Good News of Jesus Christ to all people!

We have supported the following efforts over the past 8 years, giving almost \$8,000 through our annual Mission Sunday Coin Box collections!

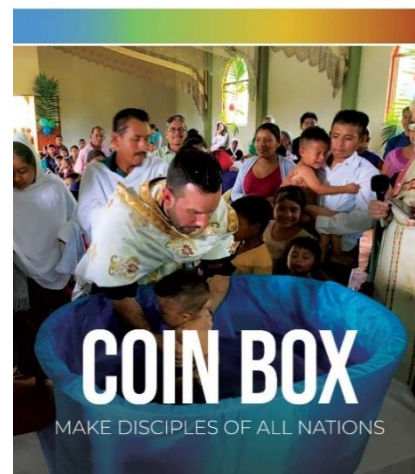
The Orthodox Christian Mission Center (OCMC) is an agency of the Assembly of Canonical Orthodox Bishops of the United States of America that coordinates our missionary efforts by:

- Sending Missionaries and Mission Specialists – Currently, 20 OCMC missionary personnel and their families have been sent to bring people into the *fullness of life found in Jesus Christ* in Albania, Brazil, Guatemala, Kenya, Mexico, Romania, Tanzania, Tonga, and Uganda.
- Supporting Mission Priests – Almost 500 local priests, mostly in Africa, receive monthly financial assistance so that they might help their local people to *hear about Jesus Christ*.
- Supporting seminaries and training Church Leaders and Clergy – In Albania, the Democratic Republic of Congo, Guatemala, Kenya, Tanzania, and elsewhere where the Mission Center sends missionaries and/or funds to help train future clergy and church leaders.
- Funding Missions Grants – Last fiscal year, approximately \$1.3 million in grants was approved for projects around the world so that the Church could bring the Good News to unevangelized people, support local Diocesan institutions and projects, especially with income generation, and share Christ’s love through projects that tend to the whole person.

Everyone is asked to participate in this year’s Mission Sunday by:

- Making sure you (or your children) take a Mission Coin Box and put spare change into the boxes during Great Lent in support of mission efforts around the world.
- Make a donation in support of Mission Sunday.
- *Pray for the missionaries serving throughout the world as they work to bring people into fullness of life found in Jesus Christ.*

 ORTHODOX CHRISTIAN
MISSION CENTER



**HELP “CHANGE”
THE WORLD**
FILL THIS BOX TO SHARE CHRIST'S LOVE
WITH PEOPLE AROUND THE WORLD

Scan Code to Submit
Donations Online:



Trinity Circle

Tuesday, April 1, 11 AM – 2 PM, monthly lunch/meeting with friends. Steve Xenakis' presentation will be on "Greek Island Groups".

Holy Trinity Cultural Committee - The Holy Trinity Cultural Committee would like to share upcoming locally hosted events parishioners may be interested in attending.

Federation of Hellenic Societies. Event details are located at <https://www.nycgreekparade.org/>

- **March 23** - Greek Independence Lecture. 4:00 PM – 6:00 PM EDT. Location is TBD
- **March 28** - Annual Bowling Green Greek Flag Raising Ceremony & Parade. 12:30 PM – 1:30 PM. Bowling Green Triangle, New York, NY
- **March 29** - NYC Greek Independence Day Gala. 6:30 PM – 11:00 PM. **Ziegfield Ballroom**, 141 W 54th St, New York, NY
- **March 30** - Annual Greek Independence Day Parade in NYC. Join us as we march as Holy Trinity parish

Eastern Mediterranean Business Culture Alliance. Event details are located at <https://embca.com/>

- **March 23** - "The Life and Legacy of Spyros P. Skouras (1893- 1971), America's Most Influential Hellenic Immigrant" Webinar Panel Discussion
- **April 27** - "Protection of World Heritage Sites/ Cultural Property in Conflict Zones" Webinar Panel Discussion
- **May 4** - "New Orleans: Cotton Merchants, and the 1st Greek Orthodox Community" Webinar Panel Discussion
- **May 18** - "3rd Greek Genocide During the Late Ottoman Period Forum" Webinar Panel Discussion

Concert at PETROS PETRIDES CULTURAL CENTER, 30-03 30th Drive Astoria NY 11102

- **April 5** - CAFE AMAN AMERIKA and Grigoris Maninakis.
- Enjoy one of the hit songs of Cafe Aman: https://youtu.be/g3Hc-dEu5Ic?si=XXDMrnwCh0h_UxOMP

Public Orthodoxy at Fordham University. Event details located at: <https://publicorthodoxy.org/events/>

- **March 27** - Christian Witness and Legacy of Alexei Navalny. A conversation with Vladimir Kara-Murza, a prominent Russian dissident and human rights advocate, and Serge Schmemmann, Pulitzer Prize-winning journalist and member of The New York Times editorial board
- **April 4** - LGBTQ+ Orthodox Christian Outreach Weekend
- **May 19** Coptic Christianity Conference. Between Archives and the Field: Cross-cutting Methods in Coptic Studies
- **June 4** Nicaea and the Church of the Third Millennium. Towards Catholic-Orthodox Unity
- **June 16** Religious Nationalism

Hellenic Film Festival

- Online via Youtube: Family Member. <https://www.youtube.com/watch?v=OVYhv4KYp3I&t=15s>



Please Join Us For Our
PHILOPTOCHOS GENERAL MEETING

following the meeting there will be a

**HEALTHY LIVING PRESENTATION with
PETER KOFITSAS MS, PT**

Life & Health Coach, Physical Therapist, Nutritionist

THURSDAY, MARCH 27th, 2025

Meeting begins @ 6:30 P.M.

Presentation begins @ 7:15 P.M.

Bouras Center - Holy Trinity, Westfield, NJ

Come learn about nutrition hot topics and workout tips!

How much protein do you need and how to get it when fasting?

What are the best on the go healthy snacks?

If you want to have a drink, what is a healthy choice?

Learn how to read labels for the best ingredients and more!

Open Q and A

Light snacks, desserts and refreshments will be served including healthy choice items outlined in the presentation.

Upcoming Parish Events

Save the Date

March 30, 2025

Support & March in the Greek Independence Day Parade!

Join us in celebrating our Hellenic heritage and Orthodox faith as we proudly march in the Annual New York Greek Independence Day Parade on Sunday, March 30! This is a special opportunity to honor our ancestors' fight for freedom, showcase our vibrant community, and stand together in unity. We encourage all parishioners (families, youth, and organizations) to participate. Dress Code: blue & white or traditional Greek attire. Let's make a strong showing for Holy Trinity and proudly represent our faith and culture. For more information, please contact Peter Tarhanidis 917-846-2988.



GREEK PARADE
Celebrating the 204th Anniversary
of Hellenic Independence

“GREECE: The Birthplace of Democracy
& Strategic Partner of America”

SUNDAY, MARCH 30, 2025 - 1:30 PM
FIFTH AVENUE • NEW YORK CITY • 64TH TO 79TH STREET

Holy Trinity Westfield NJ is marching!
Parade meeting location: To Be Announced
Contact : Peter Tarhanidis | 917 846 2988

Ζήτω η Ελλάδα! Ζήτω η Ελευθερία!

March 29, 2025

*Holy Trinity Supports
The Light of the Cross*

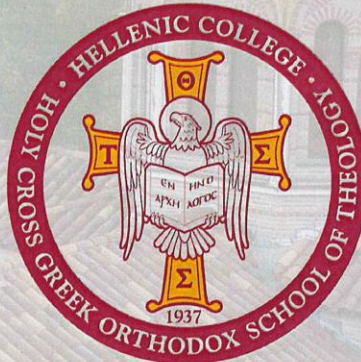
Help the Metropolis of NJ ensure the financial stability of Hellenic College/Holy Cross. The Parish Council together with Philoptochos will donate \$3,000 to this important Benefit Luncheon. If you would like to attend, please see Father Peter and peruse the flyer. Tickets are \$125/person.



THE LIGHT OF THE CROSS

*His Eminence Metropolitan Apostolos of New Jersey
cordially invites you to the*

*Hellenic College and
Holy Cross Greek Orthodox School of Theology
Benefit Luncheon*



St. George Greek Orthodox Church
1200 Klockner Road, Trenton (Hamilton), New Jersey, 08619

March 29, 2025 | 11:00am | \$125
per ticket



Scan or Click for Ticket and
Sponsorship Information

TZ
PHO

April 6, 2025



EASTER PALM CROSSES



Place your order for Cemetery Palm Crosses

Cost: \$11 each

Pick-up on Sunday, **April 6th**

During Fellowship Hour

Contact Trinity Circle

Marina LoAlbo or Avi Kirakatis

marinaloalbo@hotmail.com

avikiriakatis@gmail.com

908-272-4341

908-276-1536

Name _____ Telephone _____

of Crosses _____ x \$11.00 each = Total _____

Paid _____ Cash _____ Check _____

Please make checks payable to Trinity Circle

Greekfest 2025 – Kick-off Event!

May 4

Westfield, NJ
GREEKFEST25
Holy Trinity Greek Orthodox Church

Kick-Off Event! **Sunday, May 4th**



**Loukoumades,
Crepes &
Frappe Sale**

Come and enjoy our delicious treats, mingle with fellow parishioners and discover the joy of volunteering at our church festival. Whether you're a seasoned volunteer or looking to get involved for the first time, we welcome you to join our community efforts at our **NJ GreekFest – May 30, 31 & June 1**

Bouras Center immediately following the Divine Liturgy.

Greekfest 2025

May 30 - June 1

The GreekFest planning committee is excited to announce that we have decided to move up the dates of our annual Greek Festival to May 30 - June 1, 2025. This was decided for many reasons that we believe will increase attendance and overall success for our major church fundraiser.

Planning is already underway. We are actively seeking volunteers for all areas of the festival! Please stop by our table in the Bouras Center after church to learn more about how you can get involved. We invite you to bring all your talents and expertise to make this the best GreekFest yet!

Save the Date



May 30, 31 & June 1

Fri., May 30
5 pm - 11pm

Sat., May 31
noon - 11 pm

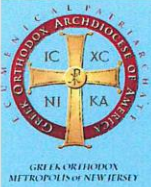
Sun., June 1
noon - 6 pm

Be an active part of our 2025 GreekFest! Volunteer your time, talents & treasures. Everyone is needed to make it a success!

To volunteer, please contact the church office or Roula Ioannou at htgreekfestvolunteers@gmail.com

Camp Good Shepherd - New Jersey

July 13 - 20



CAMP GOOD SHEPHERD NEW JERSEY



- July 13-20, 2025
- Ages 8-18
- Camp Linwood Macdonald (Sandyston, NJ)
- Registration Fee: \$750

[Click Here to Register!](#)

 <https://www.nj.goarch.org/camp-good-shepherd>

 908-301-0500





Join the Choir...
You'll Be Glad
You Did!

Adult Choir for ages 18 to senior citizens



Angel Choir for boys and girls ages 8-12



Byzan "teens" for boys and girls

Ages 13-17

Email the Choir Director

kathanasoulas@hotmail.com



T.O.T.S.- (Trinity Orthodox Toddler Social)

Mission Statement

The mission of the Trinity Orthodox Toddler Social (T.O.T.S.) of Holy Trinity Greek Orthodox Church is to provide an environment fostering fellowship and prayer for children aged 18 months to 4 years of age and their mother, father and/or caregiver. Children are encouraged to develop a sense of comfort and security in God's house while experimenting in independent and cooperative age-appropriate play under their caregiver's supervision. Concurrently, the toddler social enables these adults the opportunity to meet, pray, and socialize.

TOTS meetings: Wednesdays, 9:30 AM – 11:30 AM, Pre-K Room

2025

March 28 (Fri.)

April 11, 25 (Fridays)

May 9, 23 (Fridays)

Bring water, sneakers and a snack. Contact Val Comprelli (vcomprelli@gmail.com or 612-801-8608) to sign up or to ask any questions.

