

SECOND SUNDAY OF LENT



HOLY FORTY MARTYRS OF SEVASTIA

March 8, 2026

Holy Trinity Greek Orthodox Church
250 Gallows Hill Road, Westfield, New Jersey 07090
908.233.8533 www.holytrinitywestfield.org
Live streaming services

Rev. Fr. Peter Delvizi, Parish Priest

On the Second Sunday of Great Lent, we commemorate Our Holy Father St. Gregory Palamas, Archbishop of Thessaloniki; On this day, we commemorate Our Righteous Father St. Theophylact the Confessor, Bishop of Nicomedia; St. Hermas the Apostle of the Seventy (Romans 16:14); St. Dometios the Righteous

Plagal Second Tone

Ἦχος Πλ. Β΄

Morning Gospel:	<u>St. Luke 24:36-53</u>	<u>Ελληνικά</u>
Epistle Reading:	<u>Hebrews 1:10-14; 2:1-3</u>	<u>Ελληνικά</u>
Gospel Reading:	<u>St. Mark 2:1-12</u>	<u>Ελληνικά</u>

Apolytikion of the Resurrection: *“The angelic powers appeared at Your tomb, the soldiers guarding it became as dead men, and Mary stood at Your grave seeking, seeking Your most pure body. But You made hell a captive; You were untouched by its might. You came to the virgin and granted life. O Lord, who rose from the dead, glory to You.”*

Apolytikion for the Hierarch: *“Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessaloniki, the messenger of grace. Forever earnestly entreat for the salvation of our souls.”*

Apolytikion of the Church: *“Blessed are You, O Christ our Lord and God, You who made all wise the fishermen Your Apostles, sending down upon them Your Spirit, which is Holy and through their work drawing the world into Your net, glory to You Who loves mankind.”*

Kontakion: *“To you, Theotokos, invincible Defender, having been delivered from peril, I and your City [Constantinople], dedicate the victory festival as a thanksgiving offering. In your irresistible might, keep me safe from all trials, that I may cry out to you: ‘Hail, Unwedded Bride!’.”*

Liturgical Schedule

Monday, March 9, **Holy Forty Martyrs of Sevastia**, Presanctified Liturgy, 9:00 AM

Tuesday, March 10, Great Compline, 5:00 PM

Wednesday, March 11, Presanctified Liturgy, 6:30 PM; Theosis, 8:00 PM

Friday, March 13, Akathist Hymn, 6:30 PM

Sunday, March 15, **Sunday of the Holy Cross**, Orthros, 8:15 AM;

Divine Liturgy, 9:30 AM

Altar Donations

Altar, Vigil, Large, Kandili Candles: In loving memory of Francesco (Frank) Galdi†

Prothesis Candles: In loving memory of Soltana Garleanu†

Sacraments and Rites

Memorials: Your prayers are requested on Sunday at the memorial services for Francesco (Frank) Galdi†, 40 days; Soltana Garleanu†, 40 days. Eternal be their memories.

Churching: On Sunday a 40-day blessing will be offered for Ioannis Constantinos Haskopoulos, son of Constantinos and Lauren Haskopoulos.

Funeral: On Tuesday, March 10, the funeral service for Maria Vlahakes Steele† will be held. Eternal be her memory.



Thomas, Sean, Betty, Keela, Florence, Sandy, James, John, Athena, Stavroula, Dimetra, Danny, Dominique, Daniel, Elizabeth, John, Robert, Erin, Kevin, Sabrina, Luke, Bill, James, Ria, Eric, Joanne, Alexandra, Sophia, Nicholas, Panagiota, James, Mary, Chris, Janeen, Harry, Kathy, Jennifer, John, Marina, George, Laura, George, Costa, Basil, Lemonia, Justin, Chris, Evangelia, Brennan, Egon, Marilyn, Tatanya, Robert, Elizabeth, George, Nicholas, Alexander, Vasilios, Danny, Bill, Lou, Foula, Eupraxia

† Do not neglect the Forty Days; it constitutes an imitation of Christ's way of life.

† A leader of a community asked Abba Poemen: "How can I gain the fear of God?" Abba Poemen replied: "How indeed can we gain the fear of God when we have bellies full of cheese and jars of salted fish?"

† As bodily food fattens the body, so fasting strengthens the soul. It makes the soul able to ascend on high, to contemplate lofty things and to put the heavenly higher than the pleasant and pleasurable things of life.

† Most of all it is necessary for the one who fasts to curb anger, to accustom himself to meekness, to have a contrite heart, to repulse impure thoughts and desires, to examine his conscience, to put his mind to the test and to verify what good has been done and to correct the self.



Cemetery Palm Cross Sale

Place your order for Cemetery Palm Crosses with Marina LoAlbo, marinaloalbo@hotmail.com or Avi Kiriakatis avikiriakatis@gmail.com. Pick up on Sunday, March 29, during Fellowship Hour.

Welcome Visitors

Our parish welcomes those visiting our community. Worshipping the Holy Trinity is the principal act of an Orthodox parish, especially on the Day of the Resurrection (Sunday). Our mission is to live the Holy Gospel and spread the Good News to those in our area. We are sanctified by God's grace through the holy Sacraments and glorify Him each moment of the day. We seek God's mercy, as we confess the name of the Father, Son, and Holy Spirit. Visit the Philoxenia/Fellowship table in the Bouras Center after service to meet parishioners and enjoy our Fellowship Hour.

Fellowship Hour: Please join us in the Bouras Center after church for the Fellowship Hour sponsored by the family of Frank Galdi in loving memory of Francesco (Frank) Galdi✝.



Bookstore - New Lenten Items

The bookstore now carries a variety of incense and charcoal to use for daily devotionals at home. Please check out these new items and books that help us understand Great Lent. Also, Holy Week books are now on sale.

Theosis and Bible Study

Start Your Lenten Journey by Reading the Gospel of St. John
Wednesday, March 11 @ 7:50 PM

Join the Theosis program as we resume our study of the Gospel penned by the Beloved Disciple of Christ. All are welcome to join in person or through Zoom every Wednesday night. Theosis is a wonderful way to open your eyes and heart to Christ's message of salvation as we traverse Great Lent together. Each class will begin after the Lenten Presanctified Liturgy ~ 7:50 PM.

March 11 {Chapter 18, Jesus' Arrest};
March 18 {Chapter 19, Crucifixion & Death};
April 1 {Chapters 20, The Empty Tomb & 21, Epilogues}
Zoom Meeting ID: 882 4043 6362

Pass: John316



The Holy Forty Martyrs of Sevestia – March 9

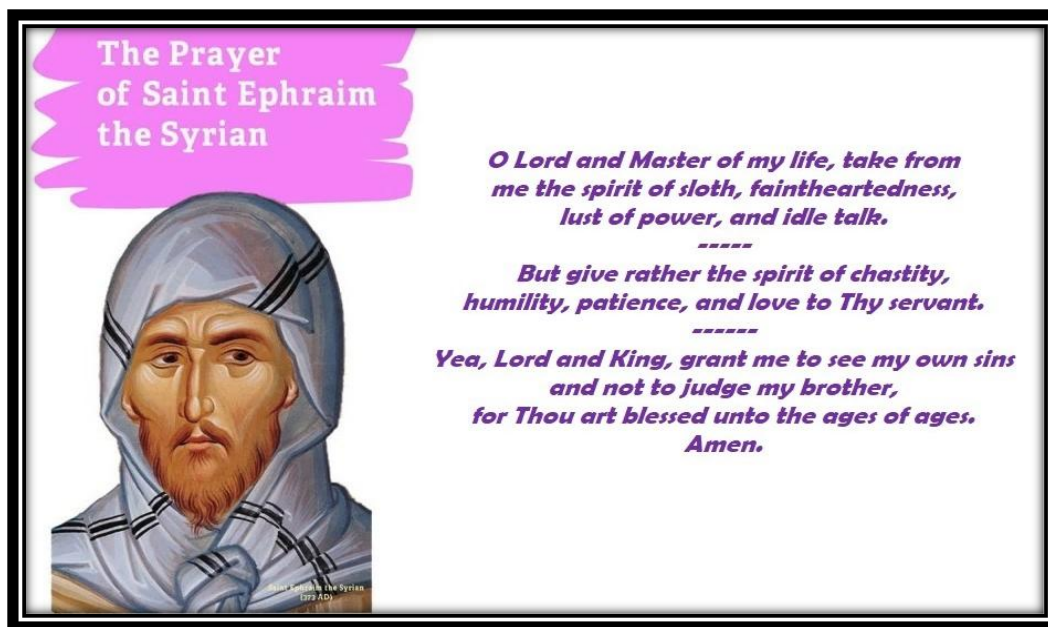
The Holy Martyrs, totaling forty, were soldiers in the Roman army and steadfastly believed in the Lord Jesus. When the persecution of Christians began during the reign of Licinius, they were brought to trial before the commander. When he threatened to strip them of their honor as soldiers, one of them, St. Candidos, responded: "Take away from us not only the honor of being soldiers but also our bodies, for nothing is more dear or honorable to us than Christ our God."

After that, the commander ordered his servants to stone the holy martyrs. While the servants were hurling stones at the Christians, the stones turned and fell back on the servants, forcefully striking them. One of the stones struck the commander's face and knocked out his teeth. The torturers, angry as wild beasts, bound all the holy martyrs and threw them into the lake. They then stationed a guard around the lake to prevent any of them from escaping. There was a terrible frost, and the lake froze around the bodies of the martyrs. To increase their pain and suffering, and to persuade them to deny Christ and acknowledge the idols of Rome, the torturers heated and illumined a bath by the side of the lake in sight of the frozen martyrs. One of the soldiers was persuaded. He came out of the water and entered the bath. And behold, from heaven there appeared an extraordinary light, which warmed the water in the lake and the bodies of the martyrs. With that light, forty wreaths descended from heaven over their heads. Upon seeing an extra wreath, one guard on the shore removed all his clothes, confessed the name of the Lord Jesus and entered the lake so that he could become worthy of the fortieth wreath in place of the betrayer. The last wreath descended upon him. The next day the entire town was astonished when they saw that the martyrs were still alive. Then the wicked judges ordered that the lower part of their legs be broken and their bodies thrown into the water so that the Christians could not recover them. On the third day the martyrs appeared to Peter, the local bishop, and summoned him to gather their relics and remove them from the water. The bishop with his clergy went out in the dark of night and beheld the relics of the martyrs shining brightly in the water. Every bone which was separated from their bodies floated to the top and glowed like a candle. Bishop Peter gathered and honorably buried them. The souls of these martyrs went to the Lord Jesus, Who suffered for all of us and resurrected with glory. They suffered honorably and were crowned with unfading glory in the year 320 A.D.



The Prayer of St. Ephraim the Syrian

This quintessential Lenten prayer is said every day throughout Great Lent. Incorporate this prayer into your own daily Lenten devotions. It is simple and allows us to become more aware of our Lord and the many virtues we need to acquire and the vices that need to end.



The Presanctified Liturgy and Theosis - Wednesday Nights

Every Wednesday night the solemn Liturgy of the Presanctified Gifts will be celebrated at 6:30 PM. This beautiful Liturgy lifts us spiritually during Great Lent. Please be reminded that fasting is required before receiving Holy Communion. Since this is an evening service, if you plan to receive Holy Communion, eat a very light lunch and keep a strict fast thereafter. After the Liturgy, you are invited to attend the Theosis Program at 7:50 PM in Room 101. This year we will study the Gospel according to St. John.

Salutations to the Theotokos - Friday Nights

The Salutations or Akathist Hymn is celebrated every Friday night throughout Great Lent. Service begins at 6:30 PM. In this service, we call upon the protection and aid of the Mother of God. She is the one who is “Quick to Hear” and the “Port and Harbor” of those tossed about upon the waves of this world.

Holy Trinity/Philoptochos “Rise Against Hunger” - Saturday, March 28



Holy Trinity/Philoptochos is sponsoring a meal-packaging event with “Rise Against Hunger” on Saturday, March 28, 10 AM - 12 PM. Please come and help prepare soup bags (no cooking or supplies are needed). We need your helping hands. Volunteers of all ages welcome! Any donation to offset the cost is appreciated. Please sign up and/or donate via the QR code provided.

SUPPORT ORTHODOX MISSIONS

ORTHODOX CHRISTIAN MISSION CENTER
Virtual Coin Box Appeal



COIN BOX
MAKE DISCIPLES OF ALL NATIONS

HOW TO DONATE TO VIRTUAL COIN BOX APPEAL
 Use the QR Code to sign in to the Coin Box webpage or go to: <https://give.ocmc.org/coinbox>

- **Step 1** Select the Donate button
- **Step 2** Select your parish from the drop-down menu or just make a general donation.
- **Step 3** If you selected a parish, your donations will be applied to your Church's team.

All donations will appear on the thermometer on the front page. No need to pass out boxes or collect and count coins! Watch donations grow!

Scan and give online
<https://www.ocmc.org/coinbox>

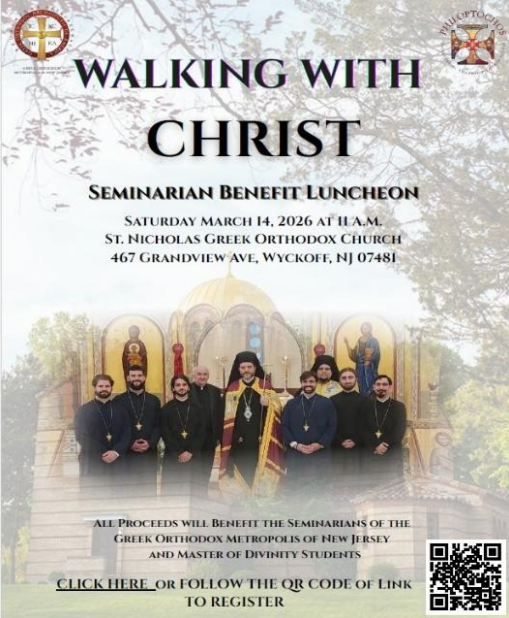



Parish Lenten Mission Project - OCMC Coin Boxes
 OCMC Coin Boxes that were taken at the start of Lent can be brought to church anytime. We thank you for filling the boxes, not only with money, but with Christian love.

Also new this year is a "Virtual Coin Box". Our Team Name is Holy Trinity Lenten Mission Coin Box Campaign. To access our Virtual Coin Box, [click here](#). From there, click the "Start or Join a Virtual Coin Box" button. Next click the "Join a team" button. To select our Team Name, you can enter Holy Trinity in the search field and/or scroll to our Team Name. To make your donation, choose the Sign In or Create an Account button.

**"Walking with Christ"
 Metropolis of NJ Seminarian Luncheon
 Saturday, March 14**

This benefit luncheon is for the seminarians of the Metropolis of New Jersey who are attending Holy Cross School of Theology in Brookline, MA. These are young individuals who will attain a Master of Divinity and who will serve the church as clergy and lay leaders.




WALKING WITH CHRIST

SEMINARIAN BENEFIT LUNCHEON
 SATURDAY MARCH 14, 2026 AT 11 A.M.
 ST. NICHOLAS GREEK ORTHODOX CHURCH
 467 GRANDVIEW AVE, WYCKOFF, NJ 07481

ALL PROCEEDS WILL BENEFIT THE SEMINARIANS OF THE GREEK ORTHODOX METROPOLIS OF NEW JERSEY AND MASTER OF DIVINITY STUDENTS

[CLICK HERE](#) OR FOLLOW THE QR CODE OF LINK TO REGISTER



The Ladies Philoptochos Society - General Meeting and Presentation, Tues., March 10
 The meeting begins at 6:30 PM, then at 7:15 PM, a presentation on "Pelvic Health Strategies Through Every Stage Of Life" with Dr. Shana Hoke. Dr. Hoke is a Board-Certified Specialist in Pelvic and Women's Health Physical Therapy, with Better With Physical Therapy in Madison <https://betterwithpelvichealthpt.com> Contact Denise Eliopoulos 973-568-0938 with questions.

TOTS (Trinity Orthodox Toddler Social) - March 11

Our next meeting is Wednesday, March 11, 9:30 - 11:30 AM in the preschool room. Children 18 months-Pre-K are welcome with their caregiver (younger siblings welcome!). Bring water, sneakers, and a snack. Contact Val Comprelli 612-801-8608 or vcomprelli@gmail.com to sign-up or with any questions.

St. John Chrysostom Parish Oratorical Festival - Sunday, March 15

Holy Trinity will host its annual St. John Chrysostom Parish Oratorical Festival on Sunday, March 15, directly after Church. All are invited to attend and support our youth and celebrate afterward with a luncheon. Students of Religious Education are encouraged to participate in the festival. This event, which gives our young people an opportunity to speak about their faith in a loving and friendly environment, has proven a very rewarding experience for participants through the years. Junior and Senior Division Participants will need to register online as well as access this year's topics, guides, and tips on the Archdiocese website at: www.religioused.goarch.org or by contacting our Parish Chairperson, Peter Tarhanidis at ptarhanidis@gmail.com

GOYA Outreach - Coat Drive, February 17 - March 22

Let's share the warmth! Donate your new and/or unwanted worn coats and help others to stay warm. All worn coats will be accepted. Location to drop off is outside of the church office from February 17-March 22. All donations will benefit families of St. Joseph's Church in Newark NJ. Contact kdrivas10@yahoo.com with any questions.

Adult Greek Dance Lessons - Thursday, March 26

Lessons will be offered by Ronnie Filippatos Fernandez one Thursday per month, \$25 per class. The next lesson is on March 26, 7 - 9 PM. We will enjoy some light drinks and appetizers while learning Greek dances. If interested, please send your name and phone number to htgocgreekdance@gmail.com. The remaining dates are: 4/23, 5/21.

Save the Date: Greek Independence Day Parade - Sunday, April 26

Join Holy Trinity on Sunday, April 26, 1:30 PM in New York for the 87th NY Greek Independence Day Parade! This marks 205 years since March 25, 1821, the start of the Greek Revolution for liberation from the Ottoman Turkish yoke. Wear your best blue and white and join us for a march on 5th Avenue from 61st to 74th street! More information and details will be shared closer to the date.

Save the Date: Philoptochos Dinner and Fashion Show - Tuesday, April 28

Our Ladies Philoptochos' annually popular Dinner and Fashion Show will be held on Tuesday, April 28, 2026, at Brooklake Country Club in Florham Park, NJ. Features include Leslie Patrizio Fashions, fabulous gift raffle prizes, Special VIP Raffle with a Dior tote bag and scarf; and much more. For information contact Cassandra Romas, kromas22409@gmail.com

Angel Choir (Ages 7-12) - 2026 Update

The Angel Choir has joined the Adult Choir on Sundays. Membership continues to grow and new members are welcome any time of the year. Angel Choir practices are after Sunday School. Children should meet the director for practice in church in the choir pews. For more information contact Anne Kernoski, akernoski@gmail.com



Join the Choir...
**You'll Be Glad
You Did!**

Adult Choir for ages 18 to senior citizens



Angel Choir for boys and girls ages 7-12



Byzan "teens" for boys and girls Ages 13-17

For more information, email Anne Kernoski, Choir Director:

akernoski@gmail.com

[Click here to sign up](#)

*Come join us for
Adult Greek Dance*

**Now offering Greek Dance
Lessons for adults!**

Practices will take place once a month in the
Bouras Center

10/16, 11/20, 1/22, 2/19, 3/26, 4/23, 5/21

\$25/class
Scan here to sign up

Please contact the instructor
Ronnie Filippatos
for more information
HTGOCGreekDance@gmail.com



join us for
**GREEK DANCE
LESSONS**



COME BE A PART OF THE HOLY TRINITY
GREEK DANCE GROUP!

Classes offered for grades
PreK-12
and adults as well!

Contact: Ronnie Filippatos Fernandez
908-672-6203
Htgocgreekdance@gmail.com



Upcoming Events

February 17 – March 22, 2026

**Let's share the
warmth!**

**G.O.Y.A. Outreach
COAT DRIVE**



**Donate coats and help
others stay warm**

**Location: Drop outside of
church office**

Dates: February 17-March 22

**All Donations will benefit families of
St Joseph's Church
Newark, NJ**

March 10, 2026

THE LADIES PHILOPTOCHOS SOCIETY OF
HOLY TRINITY GREEK ORTHODOX CHURCH

GENERAL MEETING with PRESENTATION

Tuesday, March 10, 2026
Meeting begins @ 6:30 P.M.
Presentation begins @ 7:15 P.M.

PELVIC HEALTH STRATEGIES
THROUGH EVERY STAGE OF LIFE



Dr. Shana Hoke, PT, DPT, CLT
Board-Certified Specialist in
Pelvic and Women's Health Physical Therapy
Better With Physical Therapy, Madison, NJ
<https://betterwithpelvichealthpt.com>

For more information: Denise Eliopoulos 973-568-0938

March 14, 2026



WALKING WITH CHRIST

SEMINARIAN BENEFIT LUNCHEON

**SATURDAY MARCH 14, 2026 AT 11 A.M.
ST. NICHOLAS GREEK ORTHODOX CHURCH
467 GRANDVIEW AVE, WYCKOFF, NJ 07481**



**ALL PROCEEDS WILL BENEFIT THE SEMINARIANS OF THE
GREEK ORTHODOX METROPOLIS OF NEW JERSEY
AND MASTER OF DIVINITY STUDENTS**

**[CLICK HERE](#) OR FOLLOW THE QR CODE OF LINK
TO REGISTER**



March 15, 2026

St. John Chrysostom Parish Oratorical Festival - Sunday, March 15

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**JOIN THOUSANDS
OF YOUTH ACROSS
THE NATION AND
SHARE YOUR
FAITH!**



2026 ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL

Senior Division (Grades 10-12) • Junior Division (Grades 7-9)

AWARDS

National finalists are eligible to receive the following:

St. John Chrysostom Oratorical Festival Scholarship: \$750 to \$3000

FAITH: An Endowment for Orthodoxy and Hellenism: to be announced

Finalists at any level are eligible to receive the following:

Chrysostom Scholarship to Hellenic College: \$2,500 up to \$30,000 per year

Parish Festival Date & Time: March 15, 2026. Right after the Divine Liturgy

Parish Chairperson: Peter Tarhanidis

Contact Information: ptarhanidis@gmail.com

Find the topics, tips, manual & award information at:

www.religioused.goarch.org

Department of Religious Education (DRE), Greek Orthodox Archdiocese of America

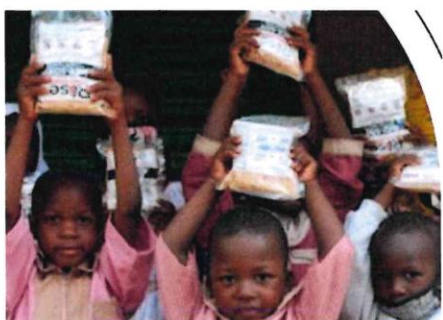


March 28, 2026

Holy Trinity Greek Orthodox Church of Westfield

Annual Lenten Project

Saturday March 28, 2026 | 9:30am-12pm



Help Us Fight Hunger — One Meal at a Time
More donations = more meals



How You Can Help

Volunteer & Donate — Scan QR code
or sign up at the Philoptochos Table

Our Goal

Goal: \$5,000
Impact: 12,000 soup meals packed
and shipped internationally

Give What You Can. Feed More People.

**Even a small donation helps provide nutritious meals to
those in need.**

For more information, please stop by Philoptochos table or contact Kathy
Maglaras or Maria Kanaras

April 26, 2026

Save the Date: Greek Independence Day Parade - Sunday, April 26

Join Holy Trinity Sunday, April 26, 1:30 PM in New York for the 87th NY Greek Independence Day Parade! This marks 205 years since March 25, 1821, the start of the Greek Revolution for liberation from the Ottoman Turkish yoke. Wear your best blue and white and join us for a march on 5th Avenue from 61st to 74th street! More information and details will be shared closer to the date.



SAVE THE DATE TO JOIN HOLY TRINITY

SUNDAY APRIL 26, 2026

TIME: 1:30 PM

March on 5th Avenue from 61st to 74th streets for the
87th NY Greek Independence Day Parade.

This marks 205 years since March 25, 1821, the start of the Greek Revolution for liberation from the Ottoman Turkish yoke.

WEAR YOUR BEST BLUE AND WHITE

INFORMATION & DETAILS WILL BE SHARED CLOSER TO THE DATE

April 28, 2026

The Ladies Philoptochos Society
Of Holy Trinity Greek Orthodox Church
in Westfield, New Jersey
Cordially invites you to

Rays of Hope

Annual Dinner Fashion Show

Tuesday, April 28, 2026

Brooklake Country Club
139 Brooklake Road
Florham Park, New Jersey

Reception and Raffles - 5:30 pm
Dinner and Fashion Show - 7:00 pm

Fashions by

Leslie Patrizio

Featuring our Raffles: Gift Basket Raffle, Grand Raffle
Special VIP-Dior Bag & Dior Twill Scarf, 50/50 Raffles

Rays of Hope

April 28th, 2026
BROOKLAKE COUNTRY CLUB

bloomingdale

Presented by
Holy Trinity Ladies Philoptochos Society

Annual Dinner Fashion Show

In support of Mental Health
Hope Shines Brightest When We Gather Together



— VIP RAFFLE —
Dior Purse & Scarf

Only 250 Tickets

Curated Gift Basket Raffle • Grand Raffle Drawing
— 5 Winners • 50/50



Featuring bloomingdoles & Sareh Nouri

RESERVE YOUR SEAT



T.O.T.S.- (Trinity Orthodox Toddler Social)

Mission Statement

The mission of the Trinity Orthodox Toddler Social (T.O.T.S.) of Holy Trinity Greek Orthodox Church is to provide an environment fostering fellowship and prayer for children aged 18 months to 4 years of age and their mother, father and/or caregiver. Children are encouraged to develop a sense of comfort and security in God's house while experimenting in independent and cooperative age-appropriate play under their caregiver's supervision. Concurrently, the toddler social enables these adults the opportunity to meet, pray, and socialize.

TOTS meetings: Wednesdays, 9:30 AM – 11:30 AM, Pre-K Room

2026

March 11, 25

April 22

May 13, 27

Bring water, sneakers and a snack. Contact Val Comprelli (vcomprelli@gmail.com or 612-801-8608) to sign up or to ask any questions.

