

**CHRIST IS RISEN! ~ TRULY, HE IS RISEN!
ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ! ~ ΑΛΗΘΩΣ ΑΝΕΣΤΗ!**



Sunday of the Myrrh-Bearing Women, May 8, 2022

**Holy Trinity Greek Orthodox Church
250 Gallows Hill Road, Westfield, New Jersey 07090
908.233.8533 www.holytrinitywestfield.org
Live streaming services**

Rev. Fr. Peter Delvizi, Parish Priest

**CHRIST IS RISEN FROM THE DEAD
BY DEATH HAS HE TRAMPLED UPON DEATH
AND TO THOSE IN THE TOMBS
HE HAS GRANTED LIFE.”**

Χριστὸς Ἀνέστη!

Christ is risen!

Christos Voskrese!

Christos a înviat!

Al-Mashīh-Qām!

Christe Agsdga!

Krishti u ngjall

Ἀληθῶς Ἀνέστη!

Truly, He is risen!

Voistinu Voskrese! - Russian

Adevārat a înviat! - Romanian

Haqqan Qām! - Arabic

Cheshmaritad agsdga! - Georgian

Vërtet u ngjall! - Albanian

On the Third Sunday of Pascha, we commemorate the Holy Myrrh-bearing Women, and St. Joseph of Arimathea the Secret Disciple and St. Nicodemus; On the Eighth Day of the month, we commemorate St. John the Apostle, Evangelist, Theologian, and Beloved of the Lord; St. Arsenios the Great.

Click links for Scripture Readings

Fourth Morning Gospel: [St. Luke 24:1-12](#)

[Ελληνικά](#)

Epistle Reading: [1 John 1:1-7](#)

[Ελληνικά](#)

Gospel Reading [St. Mark 15:43-47; 16:1-8](#)

[Ελληνικά](#)

Apolytikion: “Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.”

Apolytikion: “When you descended to the realm of death, You as life immortal, rendered to Hades a mortal blow by Your all radiant divinity. And when You from internal depths and the darkness below did raise the dead all the hosts of heaven’s powers did proclaim and cry out O life-giving Christ and our God we give glory.”

Apolytikion St. Joseph: “The noble Joseph taking down from the Cross Your spotless Body, enwrapped It in clean linen with spices and laid It for burial in a new tomb. But on the third day You arose, O Lord, and granted the world Your great mercy.”

Apolytikion of the Myrrh-bearers: “Unto the Myrrh-bearing women did the angel cry out as he stood by the grave: ‘Myrrh-oils are meet for the dead, but Christ has showed Himself a stranger to corruption. But cry out: The Lord is risen, granting great mercy to the world.’”

Apolytikion of the Apostle and Theologian: “O Apostle, the beloved of Christ God, hasten to deliver us, a people that has no excuse. He accepts you supplicating Him, for He condescended at the Supper to let you lean on Him. Entreat Him, O Theologian, that He scatter the persistent cloud of hostile nations, and pray for us, for peace and great mercy.”

Apolytikion of the Church: “Blessed are You, O Christ our Lord and God, You who made all wise the fishermen Your Apostles, sending down upon them Your Spirit, which is Holy and through their work drawing the world into Your net, glory to You Who loves mankind.”

Kontakion: “Though Thou, O deathless One, didst descend into the grave, Thou didst destroy the power of Hades and as Victor, Thou didst rise again, O Christ our God. Thou didst greet the Myrrh-bearing women, saying: Rejoice! Thou didst bestow peace upon Thy disciples, and resurrection upon those that are fallen.”



Altar Donations

Altar Candles and Vigil Light in memory of Demetra Chergotis†

Large Candles in memory of Fotios Sipsis†

Prothesis Candles in loving memory of Theresa Andrews†, 25 years

Liturgical Schedule

Sunday, May 15, Sunday of the Paralytic, Orthros 8:15 AM; Divine Liturgy, 9:30 AM

Sacraments and Rites

Baptism: On Saturday, May 7, the baptism for Anastasia Berke, daughter of Athena Dana-lakis and David Berke, was celebrated. Godparent is Eleftherios Kardamakis.

Memorials: Your prayers are requested this morning at the memorial service for Demetra (Demi) Chergotis†, 40 days; Fotios Sipsis†, 1 year; Demetra (Mimi) Gianacakes†, 1 year; Peter Gianacakes†, 14 years; and Stella Savva†, 12 years. Eternal be their memories.

Sunday of the Myrrh-Bearing Women

About the beginning of His thirty-second year, when the Lord Jesus was going throughout Galilee, preaching and working miracles, many women who had received of His beneficence left their own homeland and from then on followed Him. They ministered unto Him out of their own possessions, even until His crucifixion and entombment; and afterwards neither losing faith in Him after His death, nor fearing the wrath of the Jewish rulers, they came to His sepulchre, bearing the myrrh-oils they had prepared to anoint His body. It is because of the myrrh-oils that these God-loving women

brought to the tomb of Jesus that they are called Myrrh-bearers. Of those whose names are known are the following: first of all, the most Holy Virgin Mary, who in Matthew 27:56 and Mark 15:40 is called “the mother of James and Joses” (these are the sons of Joseph by a previous marriage, and she was therefore their step-mother); Mary Magdalene (July 22); Mary,

ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ!
ΑΛΗΘΩΣ ΑΝΕΣΤΗ!

the wife of Cleopas; Joanna, wife of Chouza, a steward of Herod Antipas; Salome, the mother of the sons of Zebedee; Mary and Martha, the sisters of Lazarus; and Susanna. As for the names of the rest of them, the evangelists have kept silence (Matt. 27:55-56; 28:1-10; Mark 15:40-41; Luke 8:1-3; 23:55-24:11, 22-24. John 19:25; 20:11-18; Acts 1:14.)

Together with them we celebrate also the secret disciples of the Saviour, Joseph and Nicodemus. Of these, Nicodemus was probably a Jerusalemite, a prominent leader among the Jews and of the order of the Pharisees, learned in the Law and instructed in the Holy Scriptures. He had believed in Christ when, at the beginning of our Saviour's preaching of salvation, he came to Him by night.

Furthermore, he brought some one hundred pounds of myrrh-oils and an aromatic mixture of aloes and spices out of reverence and love for the divine Teacher (John 19:39). Joseph, who was from the city of Arimathea, was a wealthy and noble man, and one of the counsellors who were in Jerusalem. He went boldly unto Pilate and asked for the body of Jesus, and together with Nicodemus he gave Him a burial. Since time did not permit the preparation of another tomb, he placed the Lord's body in his own tomb which was hewn out of rock, as the Evangelist says (Matt. 27:60).



CHRIST IS RISEN!



TRULY, HE IS RISEN!

Prayer Request



John, Robert, Connie, Donald, Terry, John, Angela, Andrew, Dianna, Thomas, Andrea, Thomas, Alexandra, Ronald, Galina, Angela, Lubove, Despina, Maria, John, Paraskevi (Parri), Dianna, Stephanie, Edward, Brian, Janeen, Cathy, James, Christine, Andrea, Molly, Anastasios, Michael, Angela, Lauren, John, Effie, Stella, Guerline, Phyllis, Denise, Cloy, Mirka, Stamatia, Theresa, James, Matthew, Antoinette, William, Angela, Tanner, Stefanos, Helen, Katherine, Ashley, Angela, Nick, Lindsey, Alexandria, Evdokia, Chris, Zach, Notis, Erica, Christina, Fran, Joan, Hellen, Joseph, Angela, Cleopatra, James, Rosa, George, Kathy, Theresa, Dorothy, Shannon, Jeff, Jeffrey, Rowena, Craig, Paul, John, Marien, John, Vasilia, Hellen, Natalia, Katherine, Patricia, Lily, Thomas, Dorka, Stavroula, Maroulla

Holy Trinity Capital Campaign Progress

Holy Trinity is still accepting donations for the 2022 Capital Campaign. We thank all who have donated thus far. Holy Trinity is blessed to have received pledges for over half our goal but we still need your help to achieve our fundraising objectives. With your assistance and generosity, we can meet our goal and help maintain our facility in pristine condition.

**In the May edition of The Promise, the names of our donors will be published. Only names will appear to thank you for your extraordinary donation towards the Capital Campaign.*

Call the church office to donate or donate online by clicking here: [Donate Now](#)

[Holy Trinity Capital Campaign Donation](#)

How your donation will be spent

Holy Trinity Capital Campaign	
Refurbishment of church dome	\$220,000
Replacement of boiler, condenser, coils	\$260,000
Repaving of parking lot	\$120,000
Rooftop air conditioning	\$75,000
Church air conditioning	\$75,000
Total	\$750,000

Capital Campaign Progress



God bless all mothers, grandmothers, great-grandmothers, godmothers, aunts and spiritual mothers!

Happy Mother's Day!



Flowers given after the church service have been generously and anonymously donated in honor of all mothers - those who are with us and those of blessed memory.

And, please join us for a light refreshments in the Bouras Center.

"Her children are raised by her charity and they become rich."
~ Proverbs 31:27

A Tribute Prayer for Mother's Day

(Adapted from Amy Young's poem)

To those who gave birth this year to their first child—we celebrate with you

To those who lost a child this year – we mourn with you

To those who are in the trenches with little ones every day and wear the badge of food stains – we appreciate you

To those who walk the hard path of infertility, and disappointment – we walk with you. Forgive us when we say foolish things. We don't mean to make this harder than it is.

To those who are foster moms, mentor moms, and spiritual moms – we need you

To those who have warm and close relationships with your children – we celebrate with you

To those who have disappointment, heart ache, and distance with your children – we sit with you

To those who lost their mothers this year – we grieve with you

To those who lived through driving tests, medical tests, and the overall testing of motherhood – we are better for having you in our midst

To those who step-parent – we walk with you on these complex paths

To those who will have emptier nests in the upcoming year – we grieve and rejoice with you

To those who are pregnant with new life, both expected and surprising –we anticipate with you

This Mother's Day, we walk with you. Mothering is not for the faint of heart and we have real warriors in our midst.

We remember you. We celebrate you!

Parish Assembly – Sunday, May 15

Holy Trinity will hold its Spring Parish Assembly meeting on Sunday, May 15, after church services. This is an important meeting as many aspects of parish life will be discussed. Your participation is encouraged. Notification of this meeting will be mailed to each Steward's home.

Metropolis of New Jersey Summer Camp
July 17-23



Greek Orthodox
Metropolis of New Jersey

CAMP GOOD SHEPHERD IS BACK AGAIN IN 2022!

July 17-23, 2022

CAMP Linwood MacDonald in Sandyston, NJ



**WE ARE VERY EXCITED TO ANNOUNCE CAMP GOOD SHEPHERD NJ IS
RETURNING FOR ANOTHER GREAT YEAR.....
AND OFFICIAL REGISTRATION IS OPENING SOON!**

- **Have Fun and Make New Friends!**
- **Registration Cost \$600**
- **For More Information or to Volunteer Email Fr. John Theodosion at CGSNewJersey@gmail.com**
- **Taking Place at YMCA Camp Linwood MacDonald in Sandyston, NJ 07826.**
- **Check us out at [facebook.com/campgoodshepherdNewJersey](https://www.facebook.com/campgoodshepherdNewJersey)**

Join the celebration of Unity Day
With Holy Trinity G.O.C. and R.C.
Saturday, May 14, 10 AM. Registration required by May 9, www.htrcc.org



JOIN FATHER ANTHONY & FATHER PETER
Teaching Christ in Church Through Eastern & Western Christianity
Saturday, May 14th

SCHEDULE OF EVENTS at HOLY TRINITY CATHOLIC CHURCH:
Prayer Service - Holy Trinity Roman Catholic Church - 10:00 am
Catechist Presentation/Small Group Sharing
Parents & Children - Parish Center - 10:30 am
Greek Circle Dance Experience - Holy Trinity School Gym - 11:30 pm
Foods of the West & Foods of the East Tasting Experience - 12:30 pm
Final Prayer Service in the Holy Trinity School Gym - 1:00 pm

Registration Required - Form available at htrcc.org;
Contact communications@htrcc.org for more information

Holy Trinity Roman Catholic Church - 506 Westfield Ave - Westfield, NJ 07090

EASTERN AND WESTERN CHRISTIANITY -
TWO LUNGS BEATING AS ONE CHRISTIAN HEART





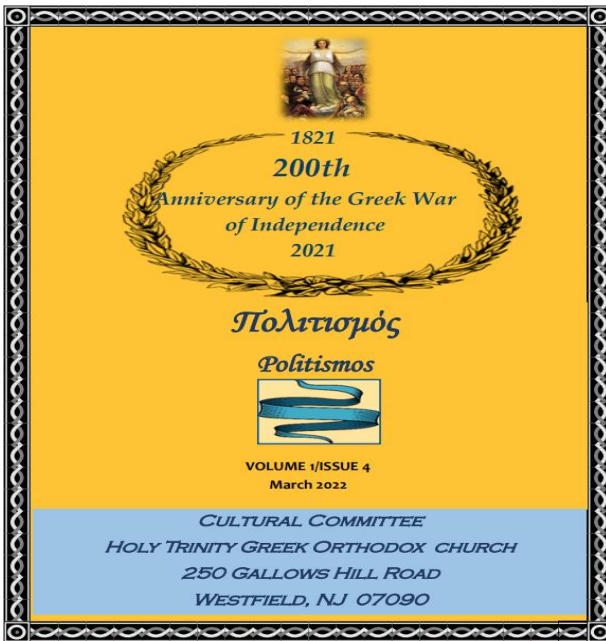
The Greek Revolution (1821-1829) Through American Eyes

This bicentennial exhibition explores common themes binding Greece and the United States in Greece's pursuit of universal freedom and liberty by focusing on the myriad connections between the Greek revolutionaries and individual Americans. It also allows viewers to consider the formation of U.S. identity in the first fifty years of the nation's existence, as U.S. foreign policy was taking shape and slavery was leading America to its own war.

[Enter Online Exhibition](#)

Last Sunday, Holy Trinity hosted an exhibition, “The Greek Revolution Through American Eyes”. Many people commented on the beautiful and informative panels. If you were not here or would like to revisit the presentation, you can link to the webpage to view the panels online.

[The Greek Revolution Through American Eyes](#)



Holy Trinity Cultural Committee is happy to announce the publication of the fourth edition of Politismos, a newsletter commemorating the bicentennial of the 1821 Greek War of Independence. This beautiful and informative newsletter is the collaborative work of the Cultural Committee of Holy Trinity. This special edition, released during the celebration of Evangelismos or the Annunciation on March 25 is dedicated to all heroines who declare independence from tyranny and oppression.

Click to view the newsletter

[Politismos](#)

Metropolis of New Jersey Grand Banquet

Tomorrow night, His Eminence Archbishop Elpidophoros will honor Holy Trinity parishioners at the Metropolis of New Jersey Grand Banquet. We thank our honorees who give selflessly of themselves to help benefit parish ministries: Avi Kiriakatis-Steward of the Community; Stephen A. Ladas-Parish Council; Elise Savnik-Philoptochos; Maggie Vasilopoulos-GOYA; Rel. Ed. Teacher-Elias Grivoyannis; Dr. Lauren Koniaris-Essential Medical Worker; Christina Colonias-Youth Worker; Maria Grafas-senior parish member. The banquet begins at 6:00 PM

BLOOM!

A celebration of every woman's journey towards greater inner strength and beauty.

The Ladies Philoptochos Society of Holy Trinity Greek Orthodox Church in Westfield cordially invites you to their Spring Fling!



JOIN US

Tuesday, May 17, 2022

for an evening of cocktails at 6:00, followed by dinner and fashion show at 7:30!

Brooklake Country Club
139 Brooklake Road
Florham Park, New Jersey

Fashions by



LET'S MAKE A DIFFERENCE TOGETHER...

This evening benefits two empowering organizations for women and many of our other causes throughout the year.



Transforming lives of disadvantaged women in New Jersey with training and employment in the arts.

DRESS FOR SUCCESS®

A global movement with strong roots in New Jersey that helps women break the cycle of poverty by providing a network of support, professional attire and leadership tools.

...BY MAKING THE NIGHT A SUCCESS!

Come enjoy an evening with friends, while viewing the latest fashions and engaging in our exciting silent auction and many prize raffles, such as...

BLOOM! GRAND RAFFLE

Win up to \$1,000, while helping MudGirls Studios and Dress for Success.

BLOOM! V.I.P. RAFFLE

Enjoy the event like a V.I.P.! Be our guest and enjoy the show in the front row. Plus more!

Philoptochos

Join us for our largest fundraiser, BLOOM! Tuesday, May 17 at Brooklake Country Club, Florham Park, NJ. Doors open at 6:00 PM. Make your reservation as soon as possible! RSVP Debra Vlahakis at debvlahakis@gmail.com. Co-Chairs: Elise Daniledes and Alexandra Mavridis

Trinity Circle

Tuesday, June 14 End of year members' luncheon, 12:00 noon at Galloping Hill Caterers, \$20. per person. Kindly make your reservation with Kassandra Romas, Chair.

OCMC - Orthodox Christian Mission Center

Christos Anesti! Alithos Anesti! Praise the Lord for our parish that believes in the *Great Commission* "to go therefore and make disciples of all nations..." (Matthew 28:19). Together, we raised \$1,160 in 2022 with the OCMC coin box collection!!!

Over \$5,847 has been sent to OCMC in the last five years of coin box collections....we can't all be missionaries out in the field but with such assistance we become "senders" of missionaries and assist in their worldwide ministries. OCMC missionaries and ministries have been to over 35 countries on 6 continents.....*the sun never sets on OCMC ministries.*

Y2AM - 6th Annual Holy Trinity Youth & Young Adult Ministry

Save the Date: 2022 Y2AM Career and Mentoring Day, Sunday, May 22, 12:00 PM-1:00 PM, Bouras Center, for high school and college students and grads to meet parish career mentors. RSVP at HTNJyoungadults@gmail.com. College students bring your resume and internship questions to talk to a mentor. Any questions or to become a mentor at this event, contact Ken or Jeannie Arida jeanniarida@gmail.com or Peter Tarhanidis ptarhanidis@gmail.com. Please register by email in advance. Spend 30 minutes and learn a lot! Visit us on Instagram at HTNJYoungAdults and Facebook group: Holy Trinity Young Adult Ministry (Westfield, NJ).

Rummage Sale

The Rummage Sale is back!! Sale dates are July 15 and July 16. Drop off dates TBD. Save your treasures for us!!



Των Αγίων Μυροφόρων γυναικών, έτι δε Ιωσήφ του εξ Αριμαθαίας και του νυκτερινού μαθητού Νικοδήμου

Χριστῷ φέρουσιν αἱ Μαθήτριάι μύρα,
ἐγὼ δὲ ταύταις ὕμνον, ὡς μύρον, φέρω.

Μυροφόρες εἶναι οἱ γυναῖκες που ἀκολουθοῦσαν τὸ Κύριο μαζί με τὴ Μητέρα του, ἐμείναν μαζί τῆς κατὰ τὴν ὥρα τοῦ σωτηριώδους πάθους καὶ φρόντισαν νὰ ἀλείψουν με μύρα τὸ σῶμα τοῦ Κυρίου. Ὅταν δηλαδὴ ὁ Ἰωσήφ καὶ ὁ Νικόδημος ζήτησαν κι' ἔλαβαν ἀπὸ τὸ Πιλάτο τὸ δεσποτικὸ σῶμα, τὸ κατέβασαν ἀπὸ τὸ σταυρὸ, τὸ περιέβαλαν σὲ σινδόνια μαζί με ἐκλεκτὰ ἀρώματα, τὸ τοποθέτησαν σὲ λαξευτὸ μνημεῖο κι' ἔβαλαν μεγάλη πέτρα πάνω στὴ θύρα τοῦ μνημείου, παρευρίσκονταν θεωρώντας κατὰ τὸν ευαγγελιστὴ Μάρκο ἡ Μαρία ἡ Μαγδαληνὴ καὶ ἡ ἄλλη Μαρία που καθόταν ἀπέναντι τοῦ τάφου. Ἄλλη Μαρία ἐννοοῦσε οἴπως ἡ Θεομήτορα. Δὲν παρευρισκόταν μόνο αὐτές, ἀλλὰ καὶ πολλές ἄλλες γυναῖκες ὅπως ἀναφέρει καὶ ὁ Λουκάς.



Ἀπολυτίκιον

Ὁ εὐσχήμων Ἰωσήφ, ἀπὸ τοῦ ξύλου καθελὼν τὸ ἄχραντόν σου σῶμα, σινδόνι καθαρὰ εἰλήσας καὶ ἀρώμασιν, ἐν μνήματι καινῷ, κηδεύσας ἀπέθετο· ἀλλὰ τριήμερος ἀνέστης Κύριε, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Ἔτερον Ἀπολυτίκιον

Ταῖς μυροφόροις γυναιξί, παρὰ τὸ μνῆμα ἐπιστάς, ὁ Ἄγγελος ἐβόα· τὰ μύρα τοῖς θνητοῖς ὑπάρχει ἀρμόδια· Χριστὸς δὲ διαφθορᾶς ἐδείχθη ἀλλότριος· ἀλλὰ κραυγάσατε· Ἀνέστη ὁ Κύριος, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.