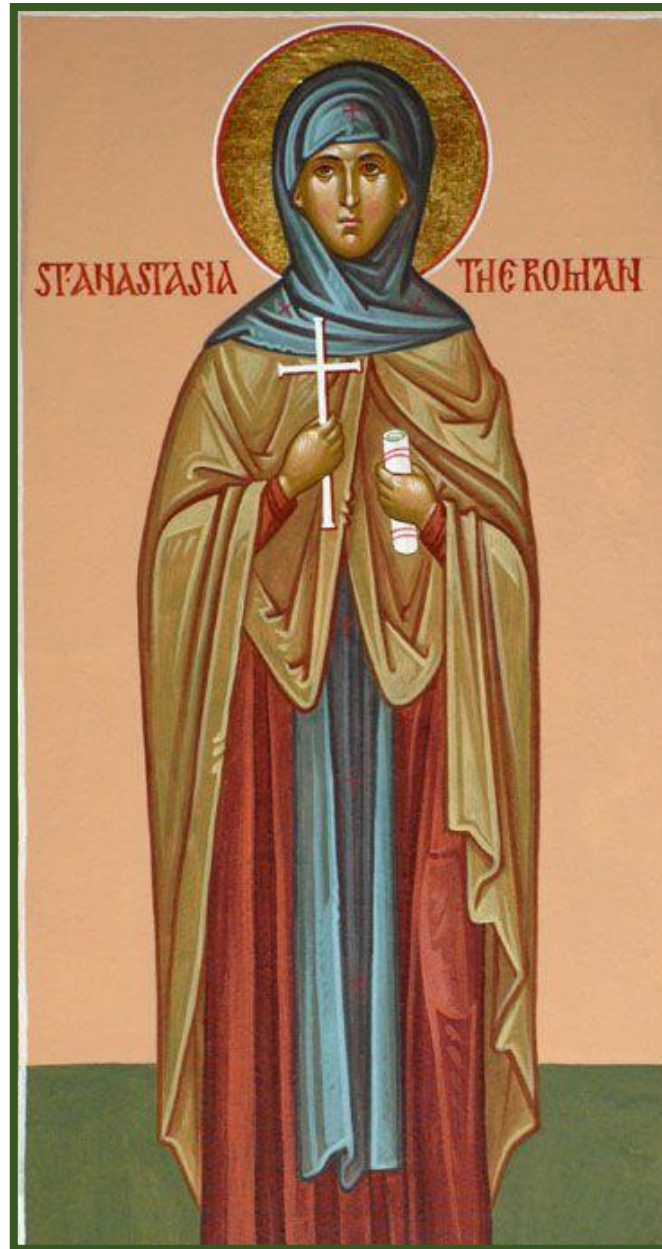


Seventh Sunday of Luke



St. Anastasia of Rome

Sunday, October 29, 2023

Holy Trinity Greek Orthodox Church
250 Gallows Hill Road, Westfield, New Jersey 07090

Live streaming services - 908.233.8533 - www.holytrinitywestfield.org

Rev. Fr. Peter Delvizi, Parish Priest

On the Twenty-ninth Day of the month, we commemorate: **St. Anastasia the Martyr of Rome;**
Our Righteous Father Abramios

Click links for Scripture Readings

Morning Gospel:	St. John 21:1-14	Ελληνικά
Epistle Reading:	Galatians 2:16-20	Ελληνικά
Gospel Reading:	St. Luke 8:41-56	Ελληνικά

Fourth Tone Ηχος Δ´

Apolytikion of the Resurrection: “The joyful news of Your resurrection was proclaimed by the angel to the women disciples. Having thrown off the curse that fell on Adam, they ran elatedly to tell the apostles: Death has been vanquished; Christ our God is risen from the dead, blessing all the world with His great mercy.”

Apolytikion of the Church: “Blessed are You, O Christ our Lord and God, You who made all wise the fishermen Your Apostles, sending down upon them Your Spirit, which is Holy and through their work drawing the world into Your net, glory to You Who loves mankind.”

Kontakion: “A protection of Christians unshamable,* Intercessor to our Holy Maker, unwavering,* please reject not* the prayerful cries of those who are in sin.* Instead, come to us for you are good;* your loving help do bring to us,* who are crying in faith to you:* hasten to intercession* and speed now to supplication,* as a protection for all time,* Theotokos, for those who honor you.”

Liturgical Schedule

Sunday, November 5, Orthros, 8:15 AM; Divine Liturgy, 9:30 AM

Wednesday, November 8, **Holy Archangels**, Orthros, 8:30 AM; Divine Liturgy, 9:30 AM

Thursday, November 9, **St. Nektarios**, Orthros, 8:30 AM; Divine Liturgy, 9:30 AM

Saturday, November 11, **Sts. Victor, Vikenzios, and Menas**, Orthros, 8:30 AM;
Divine Liturgy, 9:30 AM

Altar Donations

Altar Candles: In Memory of Agyro Markos† **Vigil Light:** In Loving Memory of Van Grafas†

Sacraments and Rites

Wedding: On Saturday, October 28, the wedding of Alexandra Chergotis and William Martinez was celebrated. The Koumbara is Taryn Lyman.

Philoptochos Special Collection Tray

A special collection tray will be made on Sunday, October 29 for the Feast of Saints Cosmas and Damianos benefiting philanthropic programs and the charities of the Ecumenical Patriarchate. If donating by check, please make payable to the Ladies Philoptochos of HTGOC.

Welcome Visitors

We welcome you to the parish of Holy Trinity in Westfield. We are pleased that you have chosen to worship with us. If you are looking for a spiritual home, we hope that you will become part of our family. Fr. Peter would very much like to meet you. Please visit the Philoxenia/Fellowship table in the Bouras Center after services to meet parishioners and enjoy our Fellowship Hour.

St. Anastasia of Rome – Oct. 29

Anastasia was born in Rome of noble parents and was left as an orphan at the age of three. As an orphan, she was taken to a convent near Rome where the abbess was Sophia, a nun of the highest level of perfection. After seventeen years, Anastasia was well known among the Christians as a great ascetic, and among the pagans as a rare beauty. Probus, the pagan governor, heard of Anastasia and sent his soldiers to bring her to him. For two hours, the good Abbess Sophia counseled Anastasia how to keep the Faith, how to resist flattering deceits, and how to endure torture. Anastasia said to her: “My heart is ready to suffer for Christ; my soul is ready to die for my Sweet Jesus.” Brought before the governor, Anastasia openly expressed her faith in Christ the Lord, and when the governor tried to turn her away from the Faith—first by promises and then by threats—the martyr said to him: “I am ready to die for my Lord not only once, but, oh, if it were only possible a hundred times!”

Then they stripped her naked to humiliate her, she cried out to the servants: “Whip me, cut me up and tear me apart, cover my naked body with wounds and cover my shame with blood!” She was beaten, torn and cut up. On two occasions she felt a great thirst and asked for water, and a Christian, Cyril, gave her a drink, for which he was blessed by the martyr of Christ and beheaded by the pagans. Anastasia's breasts and tongue were severed, but an angel of God appeared and sustained her. Finally, she was beheaded outside the city. Blessed Sophia found her body and buried it honorably. Anastasia was crowned with the wreath of martyrdom during the reign of Decius.



“The Church, through the temple and divine service, acts upon the entire man, educates him wholly; acts upon his sight, hearing, smelling, feeling, taste, imagination, mind, and will, by the splendour of the icons and of the whole temple, by the ringing of bells, by the singing of the choir, by the fragrance of the incense, the kissing of the Gospel, of the cross and the holy icons, by the prosphoras, the singing, and sweet sound of the readings of the Scriptures.”

- St. John of Kronstadt

Religious Education

Fr. Peter is happy to announce the appointment of Peter Markos as the new Director of Religious Education. Being in the field of education, Peter will make a most suitable and knowledgeable director. He has a passion for teaching and wishes to impart the faith to every child attending Sunday School.

Registration is Now Open

Sunday School Classes have begun. We ask that you complete the online form for each student: www.tinyurl.com/2023-24ReligiousEdRegistration

You can find the link on the church website <https://holytrinitywestfield.org/ministries/religious-education/>

★ Teach Religious Education ★

Looking for a fun way to serve the church and use your talents? Teach Religious Education! There are openings in Pre-K, 3, 8 and 9 grades and can use assistant teachers in various grades. Speak to Peter Markos or Father Peter for more details.



Altar Boys

Fr. Peter invites all boys ages 12 and older to commit to service in the altar. An acolyte plays an integral part in the celebration of the Divine Liturgy and other services. Please speak to Fr. Peter to assist in this capacity. To serve the Lord in this way is a great privilege and honor.

Prayer Request



Molly, Leoneias, David, Elizabeth, Tara, Lambros, Anne, Maria, Mikos, Arthur, John, Al, Jessika, Anastasia, Robert, Joanne, Peter, Constantine, Phyllis, Vasileos, Tina, Gabby, Fran, Dayvon, Sunitha, Neil, Gus, Dimitri, Freddy, Shane, Lula, Christina, Diego, Michael, Katie, Joe, Theo, Barbara, Nicholas, Athanasios, Clarita, Georgia, Savas, Christodoulos, Sophia, Savas, Maria, Michelle, Dorothy, Elizabeth, Steve, Clem, Christos, Dorothy, Bill, Thomas, John, Ket, Dawn, Nick, Hilary, Nicholas, Matt, Diane, Cynthia, Patty, John, Isabel, Noella, Nevin, George, Diana, Lucia, Rich, Ket, Georgia, Harry, Kathy, Jennifer, Gayle, William, Byron, John, Robert, John, Angela, Andrew, Dianna, Edward, Sue, Thomas

The October Edition of **THE PROMISE** Is Now Available

Featuring:

- Followers of Christ
- Monthly Calendar
- Novak Djokovic - Grand Slam
- Philoptochos Christmas Card
- GOYA update
- United Nations and the Tower of Babel

 [Click to access.](#)



Greek School Registration is Now Open

Greek School registration is now open for all classes. Classes are held on Tuesdays and Thursdays from 4PM – 6PM. Tuesday's are grades Pre-K, Kindergarten, 1st Beginners and Advanced, and 3rd and Thursday's are grades 2nd, 4th, 5th, and 6th. You can register at <https://holytrinitywestfield.org/ministries/greek-school/>

Greek Dance

Greek dance lessons will again be taught by Petro and Niko from Hellenic Roots. Classes will be held in the Bouras Center. Practice times TBD. Sign-up for GOYA (7th-12th grade): <https://tinyurl.com/yfvpxrr8> Sign-up for Joy/Hope (K-6th grades) coming soon. Please email goya@htgocnj.org (GOYA) or kathy@homesbykathyp.com (Joy/Hope) with any questions.



Holy Trinity offers numerous youth programs, including GOYA, JOY/HOPE, Greek Dance and TOTS.

GOYA (Greek Orthodox Youth of America) is the ministry to teenagers for the purpose of fellowship, worship, service, and witness. New members in grades 6-12 are welcome at any time. 6th graders may participate in Westfield only activities and 7-12th (ages 12-18) may participate in statewide activities. Activities include Christ Encounter Retreat, athletics, outreach, Greek dance, Sights & Sounds (performing and visual arts), and many others! Register at <https://tinyurl.com/53pp88nz>
GOYA Advisors: Maria Tarhanidis, Mary Carayannopoulos, Sophia Saketos, Catherine Kelly, Andy Zotos, and Christine Skalkotos. Please contact an advisor or email goya@htgocnj.org with any questions.

Check out the New Bookstore Items

Prosphoro Cover and Antidoro Pouch



These beautifully embroidered covers and pouches are perfect to cover your freshly made *prosphoro* (offering bread) and use to place the *antidoron* (blessed bread) inside. Pious Orthodox Christians will take extra *antidoron* home to consume throughout the week as part of their daily devotions. This pouch is ideal to keep the blessed bread covered and placed on the iconostasis.

High Quality Wooden Proshoro Seal

When making *proshoro* (offering bread) for the Eucharist and *antidoron*, a good quality seal is of necessity. Plastic and low-quality wooden seals are less than ideal. These new wooden seals, now available in our bookstore, are high quality featuring deep carvings to allow for a better impression on the bread. You can clearly see and distinguish each part of this *proshoro* seal.



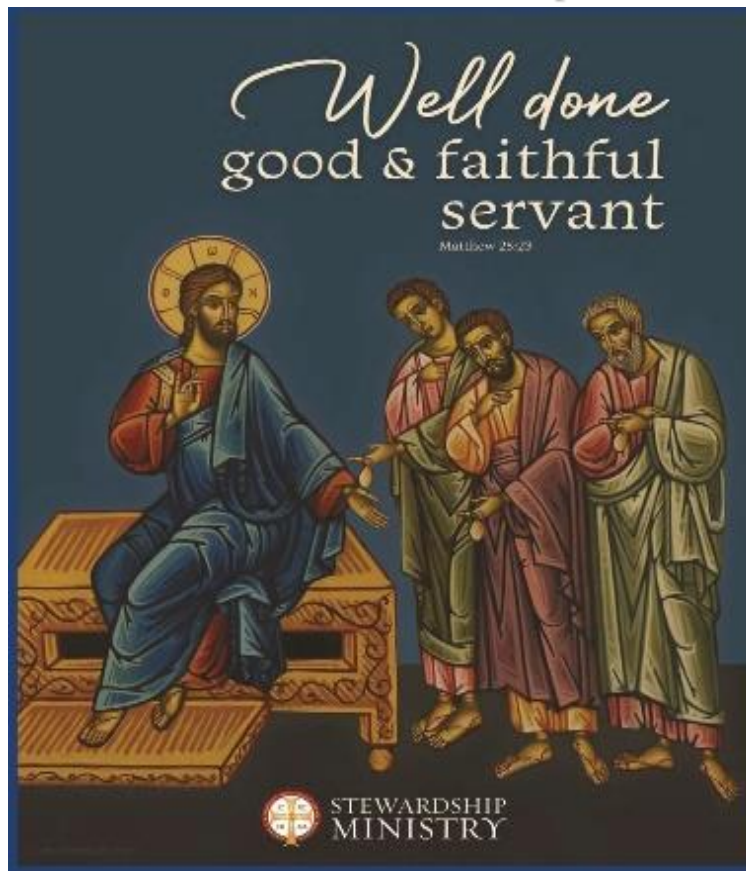
ΙΣ ΧΣ – This is an abbreviation for **Ιησούς Χριστός** or Jesus Christ

ΝΙΚΑ – Νικά means victory or to conquer

Taken together we translate this as “Jesus Christ Conquers” or in “Jesus Christ is Victory.”

The middle square is carefully extracted by the priest during the Service of the Proskomide and then placed on the paten. This center piece will be consecrated alongside the Offering Wine during the Divine Liturgy to become the very Body of Christ. This portion, also known as the Lamb of God or Amnos, is used for the Eucharist and is the portion that communes the faithful during Holy Communion.

Christian Stewardship



Our Christian stewardship is a way of life that acknowledges our responsibility before God. It is the call of the faithful to willingly share the gifts that God has bestowed on them, including sharing these gifts for God's work. It is our active commitment to use all our time, talent, and treasure for the benefit of humankind in grateful acknowledgment of Christ's redeeming love. Our budget is rooted in Christ's teaching and example; an expression of that vision in our parish, its priorities, outreach efforts, capital improvements, and the philanthropic work of the Church. Our vision is magnified through our spiritual health and growth by actively participating in the life of the church as the body of Christ: attending worship services, praying, fasting, and almsgiving.

Our devotion and service to God and His Church are crucial to maintaining our spiritual home. As of September, we graciously received 407 steward pledges for \$496,772. Please remember to submit your pledge card to meet our operating budget of \$885,000.00. To date, we funded our annual Archdiocesan commitment, a gift to the Ecumenical Patriarch Bartholomew Foundation, and continued support of our 15 growing and vibrant ministries. In November, we will start our annual 2024 Stewardship Campaign and will be reaching out to all Holy Trinity parishioners. Bringing people to Christ and strengthening their faith is a person-to-person process. Consider becoming an ambassador of our faith and volunteering in one of our ministries, inviting family and friends to come to visit and worship with us. Sponsor a new steward and invite them into our Holy Trinity family. "For where your treasure is, there your heart will be also." Matthew 6:21. May God multiply your blessings. Thank you.

TOTS Playgroup – Wednesday, November 15

TOTS: (Trinity Orthodox Toddler Social) It is a fun way to connect with other Orthodox families with small children. Our next meeting will be Wednesday, November 15, from 9:30-11:30 AM in the preschool room. Children 18 months-Pre-K are welcome with their caregiver (younger siblings welcome!). Bring water, sneakers, and a snack. Contact Val Comprelli vcomprelli@gmail.com or 612-801-8608 to sign-up or with any questions.

JOY/HOPE – RSVP by Sunday, October 29

Our next Joy/Hope gathering is scheduled for Friday, November 3, 6:30 PM in the Bouras Center. We will be making Veteran's Day cards for our Holy Trinity Vets. Also, we will be making shadow puppet crafts to tie into the Karaghiozi Puppet show. To ensure enough crafts, supplies and pizza, please RSVP for a headcount. Email mailto:joyhopehtgoc@yahoo.com or text 201-344-4049 to Kathy Paone by October 29.



9th Annual Thanksgiving Dinner Drive

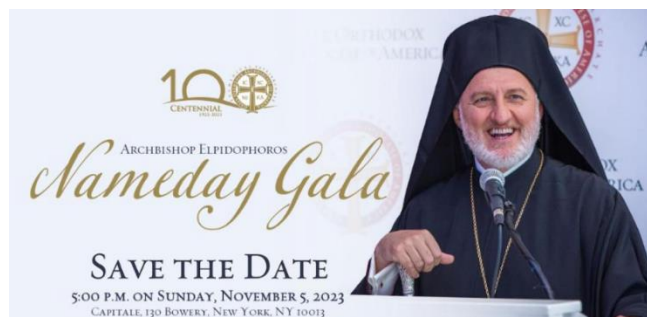
Share your blessings and support the Ladies Philoptochos Society's 9th Annual Thanksgiving Dinner Drive. A \$3 donation provides a complete Thanksgiving Dinner served at the Market Street Mission. The need is greater than ever before! Look for the Philoptochos donation box during the Fellowship Hour or mail your check to the church office marked "Thanksgiving Dinner". Make checks payable to "Ladies Philoptochos of HTGOC". For details, email Debvlahakis@gmail.com

Trinity Circle

Tuesday, November 7, monthly lunch/meeting 11 AM - 2 PM with speaker Richard Roscoe, Physical Therapist. Our luncheon is being donated by Effie Gianakis and Mary Psomas in memory of their beloved Bill & Greg. If you are 55 years or older kindly join us for a wonderful day!

Feeding the Hungry Volunteer Opportunity

On Friday, December 1, 1-3 PM, Philoptochos organized a volunteer opportunity at Community FoodBank of New Jersey in Hillside. All are welcome to participate. Spots are limited. If you are interested in volunteering, please reach out to Kristin Tencza at kmt@asis-nj.com



The Greek Orthodox Archdiocese of America announces the "Nameday Gala" celebrating the Feastday of His Eminence Archbishop Elpidophoros of America and benefiting the Summer Camp Program. For more contact Fr. Peter or [Archdiocesan Youth Summer Camp Scholarship Fund.](#)

Holy Trinity Choir A Sharing of Song, Unity, and Peace



We live in very turbulent times. So, it was timely and poignant to participate in a concert with a theme of unity and peace. Father Peter asked me and our choir to participate in a wonderful musical event held at Saint Helen's Roman Catholic Church on October 24, entitled, *A Sharing of Song, Unity, and Peace*.

Seven houses of worship from the Westfield community participated singing praises to God.

1. Holy Trinity Greek Orthodox Church
2. Holy Trinity Roman Catholic Church
3. Saint Helen's Roman Catholic Church
4. Temple Emanu-El
5. St. Paul's Episcopal
6. Presbyterian Church of Westfield
7. First Congregational Church

Ten choir members from Holy Trinity GOC sang beautifully and enjoyed the setting.

To listen to the entire concert please visit: [**A Sharing of Song, Unity, and Peace**](#)

Philoptochos Community Christmas Card - 2023

We invite you to participate in this community expression of joy over our Lord's birth. Every member of Holy Trinity Greek Orthodox Church will receive a copy of the COMMUNITY CHRISTMAS CARD imprinted with the names of those who have donated. This year we will donate the proceeds to St. Jude's Research Hospital (ASLAC) and Community Hope, Inc. Please sign up on-line or during the Fellowship Hour each week at the Philoptochos table. Please help us make this fundraiser a success! For more information, contact Sandy Boutsikaris 908-578-3341 or Christina Colonias 917-825-5986.



HOLY TRINITY 2023 COMMUNITY CHRISTMAS CARD

Our dear Holy Trinity Parishioners, we invite you to participate in this community expression of joy over our Lord's birth. Philoptochos continues its philanthropic work to assist those in need, and we are counting on your support and generosity to enable us to fulfill our mission. This year we will donate the proceeds to St. Jude's Research Hospital and Community Hope, Inc. Please join your fellow parishioners by donating to our annual Christmas Card.

- COMPLETE THE FORM BELOW AND SEND IT IN WITH YOUR DONATION.
- ALL DONATIONS ARE GRATEFULLY RECEIVED.

THANK YOU FOR YOUR GENEROSITY!

-----x-----x-----x-----x-----x-----x-----
THE LADIES PHILOPTOCHOS SOCIETY
HOLY TRINITY GREEK ORTHODOX CHURCH
250 Gallows Hill Road Westfield, NJ 07090-1109

PLEASE PRINT YOUR NAME(S) CLEARLY AND AS YOU WISH IT TO APPEAR ON THE "COMMUNITY CHRISTMAS CARD." If it is the same from last year, please indicate by writing "same as last year".



Contact Information:

Name: _____

Address: _____

Telephone _____ Donation Amount: _____

Cash: _____ Check #: _____

RETURN THIS FORM NO LATER THAN DECEMBER 3, 2023
MAKE CHECKS PAYABLE TO: *LADIES PHILOPTOCHOS SOCIETY HTGOC*

For convenience in handling, you can make your payment by check, credit card, Apple Pay, Google pay or PayPal.



Include your information with the payment and how your family name(s) should appear.
Contact Sandy Boutsikaris 908/578-3341 or Christina Colonias 917/825-5986 for more information.
The Ladies Philoptochos Society – HTGOC is a registered 501 (c)(3) non-profit organization.

Upcoming Parish Events

SAVE THE DATE!

June 23-29, 2024

CAMP GOOD SHEPHERD

The Metropolis Summer Camp program will take place in the summer of 2024 from June 23-29. Registration will be forthcoming. This is an excellent opportunity for children to meet other Greek Orthodox and to learn about the faith in a protected environment.



SAVE THE DATE!

CAMP GOOD SHEPHERD

CGS MD: JUNE 15-22
CGS NJ: JUNE 23-29
CGS VA SESSION 1: JULY 7-13
CGS VA SESSION 2: JULY 14-20

REGISTRATION INFO COMING SOON!

Faith! Fun! Fellowship!

@gomnj_youth



www.nj.goarch.org/





GLORY BE TO GOD FOR ALL THINGS

✠ AMEN ✠