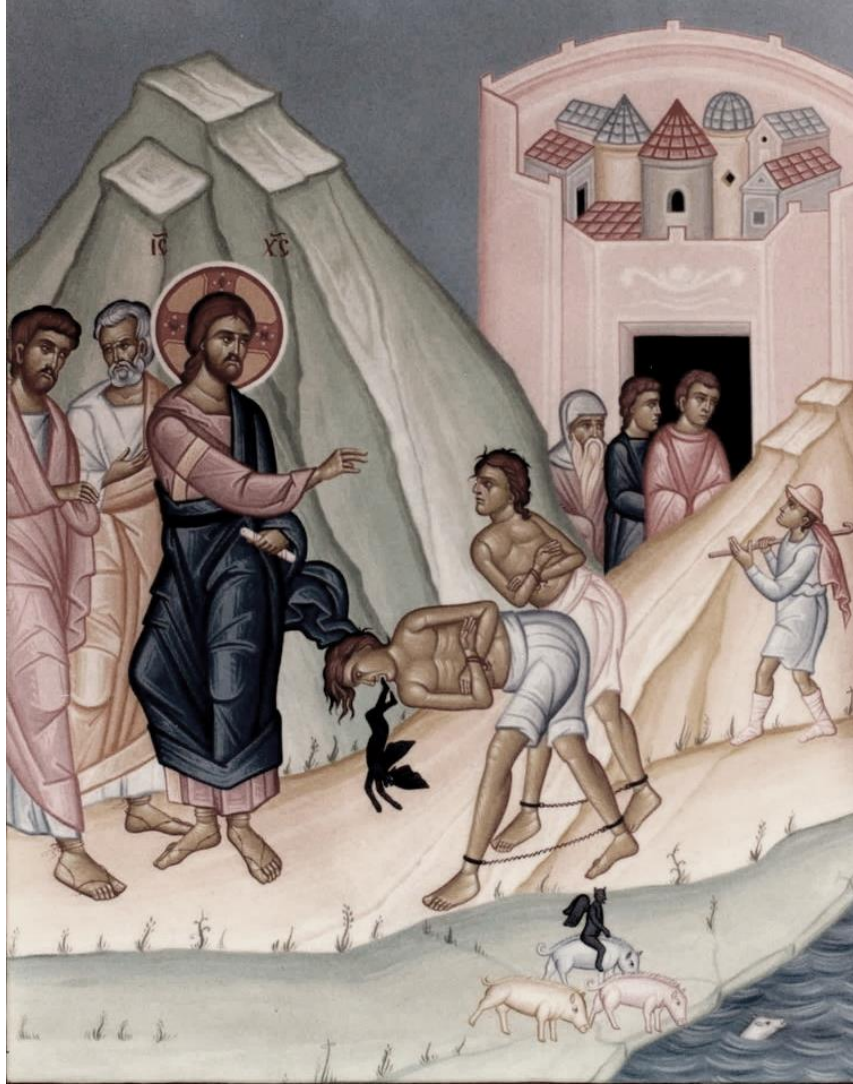


SECOND SUNDAY OF LUKE



CHRIST CASTING OUT DEMONS

October 5, 2025

Holy Trinity Greek Orthodox Church
250 Gallows Hill Road, Westfield, New Jersey 07090
908.233.8533 www.holytrinitywestfield.org
[Live streaming services](#)

Rev. Fr. Peter Delvzizis, Parish Priest

Today is observed St. Charitina the Martyr; Our Righteous Mother St. Methodia of Kimolos; St. Eudokimos the Unknown of Mount Athos

Plagal Fourth Tone

Ἦχος Πλ. Δ΄

| | | |
|------------------|---------------------------------------|--------------------------|
| Morning Gospel: | St. Luke 24:36-53 | Ελληνικά |
| Epistle Reading: | 2 Corinthians 6:16-18 | Ελληνικά |
| Gospel Reading: | St. Luke 6:31-36 | Ελληνικά |

Apolytikion: “From on high You descended, O merciful Lord. You accepted the Cross and three days in the tomb to free us from the bondage of sin, O our Life and Resurrection, Glory to You, O Lord.”

Apolytikion of the Church: “Blessed are You, O Christ our Lord and God, You who made all wise the fishermen Your Apostles, sending down upon them Your Spirit, which is Holy and through their work drawing the world into Your net, glory to You Who loves mankind.”

Kontakion: “O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.”

Liturgical Schedule

Sunday, October 12, Orthros, 8:15 AM; Divine Liturgy, 9:30 AM

Sunday, October 19, Orthros, 8:15 AM; Divine Liturgy, 9:30 AM

Welcome Visitors

The parish of Holy Trinity welcomes those visiting our community today. Worshipping the Holy Trinity is the principal act of an Orthodox parish, especially on the Day of the Resurrection (Sunday). Our mission is to live the holy Gospel and spread the Good News to those in our area. We are sanctified by God’s grace through the holy Sacraments and glorify Him each moment of the day. We seek God’s mercy, as we confess the name of the Father, Son, and Holy Spirit. Visit the Philoxenia/Fellowship table in the Bouras Center after service to meet parishioners and enjoy our Fellowship Hour.

Prayer Request



Joanne, Alexandra, Sophia, Nicholas, Panagiota, James, Mary, Chris, Janeen, Harry, Kathy, Jennifer, John, Marina, George, Laura, George, Costa, Basil, Lemonia, Justin, Chris, Evangelia, Brennan, Egon, Marilyn, Tatanya, Robert, Elizabeth, George, Nicholas, Alexander, Vasilios, Danny, Bill, Lou, Foula, Eupraxia, Arlene, John, Ted, William, Theodora, Michael, Nicholas

Altar Donations

Altar Candles: In memory of Sarandos Markos†

Sacraments and Rites

Funeral: On Wednesday, October 1, the funeral for Ilias Riginos† was held. Eternal be his memory.

Fellowship Hour

Please join us in the Bouras Center after church for the Fellowship Hour sponsored by the Choir and Parish Council in honor of Kathryn Athanasoulas' retirement as Choir Director.



QR Code for the Service of Matins

Matins or Orthros is the morning service in the Orthodox Church. It precedes each Divine Liturgy. This QR Code links you to the service. Just select today's date and then matins, in either EN – English and/or GR – Greek



The October Edition of *The Promise* is Now Available Online!

www.HolyTrinityWestfield.org/the-promise

Subscribe to Holy Trinity weekly emails providing news updates and announcements. Request at: HolyTrinity@htgocnj.org



St. Charitina – October 5

Charitina was orphaned and was later adopted by an eminent Christian named Claudius. She was a courageous witness for Christ in the pagan world. Having endured many tortures, she was martyred under Emperor Diocletian

Renouncing the Evil One

In Baptism, the priest calls upon the sponsor, or the adult who is being baptized, to renounce the devil and all his works. “Do you renounce Satan, and all of his angels, and all of his works, and all of his services, and all of his pride?” The catechumen, or his sponsor, answer, “I do.” The question and answer are asked three times. Then the priest asks, “Have you renounced Satan?” “I have.” Again, asked and answered three times. After this the priest says, “Then breathe and spit on him.” Fr. Alexander Schmemmann explained the meaning of this renunciation of the devil, “The first act of the Christian life is a renunciation, a challenge. No one can be Christ’s until he has first faced evil to acknowledge its reality, to know its power, and to proclaim the power of God to destroy it.” Three prayers of exorcism follow this. These prayers announce the forthcoming baptism as an act of victory.”

It is significant that the Christian life begins with a call to renounce the devil, to say “no” to him. One cannot be a follower of Jesus, one cannot receive the new life of Christ in baptism unless one is willing to say – and keep saying throughout one’s life – “no” to the temptations of the evil one. The act of renouncing the devil in baptism sets the tone for the life of the Christian: it will be a life of struggle and spiritual conflict with the devil until the day we die. Thus, renouncing the devil emphasizes the negative aspect of baptism: death to sin and the lifelong struggle against it.

As always, the ongoing conflict that exists between good and evil, against God and the devil, continues. It is important for the Christian to keep faith in God but also recognize the existence of evil. Do we see a rise in evil in the present state of the world? I leave that for you to answer. St. Charitina, whom the Church celebrates today, knew the answer and suffered death at the hands of evil. She saw the face of evil but yet was not afraid. She was carried to a place where she did not want to go. But courageously she renounced the evil that would soon take her life and confessed the power of

Christ. She would not give up her faith in Christ no matter the consequences, for she knew the power of the Resurrected Christ and His desire to give eternal life.

As we combat evil in this world and struggle against the principalities and rulers of the fallen world (Eph 6:12), let us always rejoice and be glad in the new life that we have found in Christ. Evil will be erased and He will destroy Satan with the power of His divinity. "In the world you will have tribulation; but be of good cheer, I have overcome the world." - John 16:33 b



**Sunday School
Has Begun!**



We ask that you register by using the online form for each student at your earliest convenience via <https://holytrinitywestfield.org/ministries/religious-education/> or scanning the QR code above.

**HOLY TRINITY RELIGIOUS EDUCATION
TEACHER AND CLASSROOM ASSIGNMENTS 2025-2026**

| GRADE | ROOM | TEACHERS |
|--------------|-------------|---|
| Pre-K | 105 | Anna Darity |
| Kdg | 107 | Alexandra Mavridis, Ariadne Monfalcone |
| 1st & 2nd | 102 | Anna Decavalles, Melissa Krikos |
| 3rd & 4th | 101 | Felicia Karsos |
| 5th & 6th | 207 | Maria Tarhanidis, Beth Grivoyannis |
| 7th & 8th | 202 | Leon Carayannopoulos, Elias Grivoyannis |
| 9th & 10th | 208 | Tony Drivas |
| 11th & 12th | Boardroom | Peter Tarhanidis, Nik Karsos |



Religious Education

Sunday School classes have resumed. We have opportunities available to make a difference in the lives of our youth through our faith! You do not need to be an expert on Orthodoxy and you do not need to have teaching experience. We are just looking for extra hands! We are looking for Assistant Teachers for the Pre-K class and the combined 9/10 grade class. If interested, please contact Pete Markos at religiouseducation@htgocnj.org

Altar Boys

Fr. Peter invites all boys ages 12 and older to commit to serve in the altar. An acolyte plays an important role in the ceremonial aspects of the Divine Liturgy. We want our children to remain in the church as they grow up. By committing and serving in this unique role, a deep respect is instilled. This shapes and deepens faith. Please see Fr. Peter for more information.

Greek School Registration

Greek School registration is ongoing. Classes are held on Tuesdays and Thursdays from 4 PM – 6 PM. Tuesday's grades Pre-K, Kindergarten, 1st Beginners and 1st Advanced, 2nd; Thursday's grades 3rd, 4th, 5th and 6th. Register at <https://holytrinitywestfield.org/ministries/greek-school/>

Angel Choir

The Angel Choir will be joining the Adult Choir on Sundays as of October 5. The first practice will be October 12 after Sunday School dismissal from 11:45 to 12:15. Children should meet with the Director for practice in church in the choir pews. Any children ages 7-12 still interested in joining the Angel Choir should attend the October 12 practice. For more information contact the Choir Director, Anne Kernoski, akernoski@gmail.com, or the church office.

Bible Study and Orthodox Inquiry – Wednesday, October 15 The Gospel According to St. John

Join us in person or on *ZOOM* every Wednesday night at 7:00 – 8:15 PM as we read through the Holy Gospel According to St. John. The Holy Trinity Bible Study began October 1 and will run for seven weeks. We will examine this divine book through the lens of the Holy Fathers. This class is open to all parishioners who wish to deepen their knowledge of this Gospel and to those who are inquiring about the Orthodox Faith. As people of faith, we need to know the message of the Good News for the Holy Gospel is: "an embassy of God to men" (St. Maximos the Confessor), "an ocean of spiritual benefits" (St. Ambrose of Milan), "an epitome of all theology" (St. Jerome the Presbyter), "a workshop of souls and a storehouse of spiritual herbs by which any disease can be cured" (St. Basil the Great).

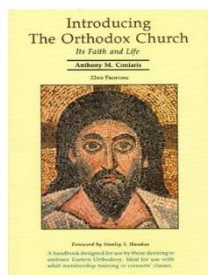
Introductory Online Reading – www.holytrinitywestfield.org/faith/traditions/
{Please read before class}

Oct. 15 {Chapters 4, 5, & 6}; Oct. 22; Oct. 29; Nov. 5; Nov. 12; Nov. 19

ZOOM Meeting ID: 865 1405 9453

Back in Stock

Available now in our bookstore



24th Printing

\$27.00



National Church Musician Sunday, October 5

Today across the Archdiocese we honor the gifts and stewardship of the church musicians of our parish – our clergy, choirs, chanters, and those who teach the hymns of our Church to our youth. Their contributions enhance our worship and ensure that the glorious treasury of our hymnography continues to edify us and future generations.

Holy Trinity Choir Members and Years of Ministry *Kathryn Athanasoulas, Choir Director, Emeritus (38)*

Anne Kernoski, Choir Director (2) Phyllis Verenes, Organist (35)

Angela Aspromatis (35), Gioula Assad (40), Connie Baboukas (27), Diane Honeker Belina (15), Andrea Blasi (24), Gregory Carey (2), Anastasia Carumpalos (34), Karen Coulis (14), Christopher Daifotis (15), Joy Daniledes (20), Kathy Genakos (3), Susan Karcanes (27), Miriam Kotsonis (27), Marina LoAlbo (25), Marigo Markos (3), Alix Martin (29), Despina O’Neill (3), Richard Roscoe (2), Steven Xenakis (14)

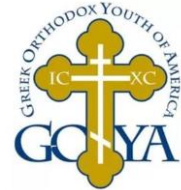
Holy Trinity Psaltes - Pascalis Kovalakis (20); Anthony Pantagis (12)

The Adult Choir rehearses on Thursday evenings at 7:15pm.

New members are welcome at any time of the year.

2025 GOYA REGISTRATION

<https://forms.gle/hAmPHc4bLkk9eN9F8>



Contact Sophia Saketos at 908-247-6048 or goya@htgocnj.org with questions.

GOYA Outreach: Sock It To ‘Em Drive – October 5

GOYA is collecting socks for adults and children until October 5. The goal is 500 pairs of socks: no short athletic socks. This collection will benefit Elijah's Promise in New Brunswick. Please place in the bin by the church office.



Trinity Circle

Tuesday, October 7, Lunch/Meeting 11 AM - 2 PM in “Celebration of Costa’s & Avi’s 60th Wedding Anniversary”. Steve Xenakis presents “Three Names: One Identity, Nationality & Ethnicity.” Bus outing Thursday, November 20, to Hunterdon Hills Playhouse Christmas Show, lunch & shopping. Members \$85; Nonmembers \$95. Kindly make your reservation with Kassandra Romas, Chair, (908) 296-1586 - kromas22409@gmail.com

TOTS (Trinity Orthodox Toddler Social)

First meeting Wednesday, October 8, 9:30-11:30 AM in the preschool room. Children 18 months-Pre-K are welcome with their caregiver (younger siblings welcome!). Bring water, sneakers, and a snack. Contact Val Comprelli 612-801-8608 or vcomprelli@gmail.com to sign-up or with any questions.

Adult Greek Dance Lessons

Lessons will be offered by Ronnie Filippatos Fernandez one Thursday per month, \$25 per class. Lessons begin October 16, 7 - 9 PM. We will enjoy some light drinks and appetizers while learning Greek dances. If interested, please send your name and phone number to htgocgreekdance@gmail.com. The remaining dates are: 11/20, 1/22, 2/19, 3/26, 4/23, 5/21

Philoptochos General Meeting – Wednesday, October 15

Walkathon for Mary’s Place by the Sea, October 18, Ocean Grove, NJ

Please join Philoptochos for a walkathon to support Mary’s Place by the Sea on October 18 in Ocean Grove, NJ. Mary’s Place provides a place for women with cancer to heal in mind. Stop by our table during Fellowship Hour for more information or reach out to Maria Stevens 973-941-4642 or maraki3@verizon.net with any questions. Let’s walk together for a wonderful cause!

Athens Food Night – October 23

We’re excited to welcome Diane Kochilas, host of “My Greek Table” as seen on PBS, for an unforgettable Athens food night on October 23 from 7:00 – 9:00 PM. Diane will unveil her new cookbook “Athens Food, Stories, Love. A Cookbook”, with a presentation, book signing, and tastings of recipes featured in her book. This special event supports our Philoptochos feed the hungry initiatives. Please come and support this great cause!

[Athens Food Night- Sign Up Today!](#)

Grow-A-Row with GOYA - Friday, November 7

Join us (all ages welcome) as we gather fresh produce from local farms to donate to local food pantries and soup kitchens. The farm is in Pittstown, NJ. If you are interested in joining us, please stop by the Philoptochos table during Fellowship Hour to sign up.



Join the Choir...
You'll Be Glad
You Did!

Adult Choir for ages 18 to senior citizens



Angel Choir for boys and girls ages 8-12



Byzan "teens" for boys and girls Ages 13-17

For more information, email Anne Kernoski, Choir Director:

akernoski@gmail.com

[Click here to sign up](#)

*Come join in for
Adult Greek Dance*

Now offering Greek Dance Lessons for adults!

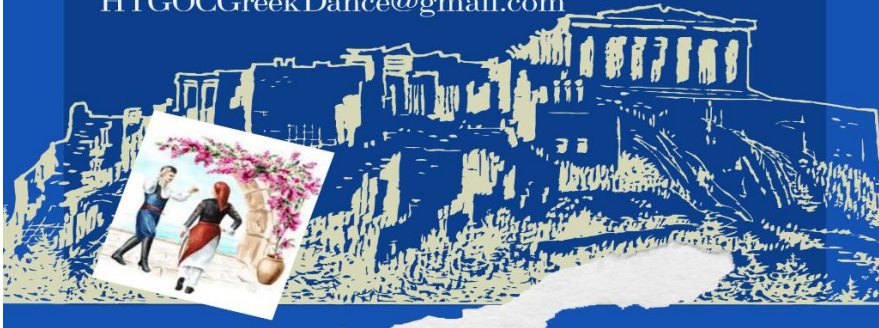
Practices will take place once a month in the
Bouras Center.

10/16, 11/20, 1/22, 2/19, 3/26, 4/23, 5/21
\$25/class

Scan here to sign up



Please contact instructor
Ronnie Filippatos
for more information
HTGOCGreekDance@gmail.com



join us for
**GREEK DANCE
LESSONS**



COME BE A PART OF THE HOLY TRINITY
GREEK DANCE GROUP!

Classes offered for grades
PreK-12
and adults as well!

Contact: Ronnie Filippatos Fernandez
908-672-6203

Htgocgreekdance@gmail.com



HTOGOC Greek School PTO



Our Organization ID:
27610

REGISTER. SHARE. SHOP. SUPPORT OUR FUNDRAISER

Check-off your holiday gift list today and help our important cause. From holiday to hostess to corporate gifts and more, our online store has something for every occasion - even if it's just for you!



1. REGISTER

REGISTER now as a participant at www.registercw.com to access our handy invitation tools in the Participant Dashboard. Very Important!

2. SHARE

INVITE 10+ friends and family to support our cause! Share a link to our sale using TEXT & EMAIL invitation tools. Don't forget to share on SOCIAL MEDIA, too!

3. SHOP

SHOP online and help us reach our GOAL today! With over 2,500 gift ideas there is something for everyone, including you!



Upcoming Events

October 5, 2025

NATIONAL CHURCH MUSIC SUNDAY

OCTOBER 5, 2025



Awed by the beauty of your
virginity, and the exceeding
radiance of your purity;

Gabriel stood amazed and cried
out unto you, O Theotokos,

What praise may I offer that is
worthy of your beauty?

By what name shall I call you?

I am lost and bewildered, but I
shall cry to you as commanded:

Rejoice, O full of grace.

Theotokos of the Akathist



HONORING
CHURCH MUSICIANS

ACROSS THE

ARCHDIOCESE OF AMERICA



Holy Trinity Greek Orthodox Church

Come Join Holy Trinity Greek School in Westfield!



Registration for all classes are open now!

2025-2026 Greek School Tuition

Holy Trinity Stewards

One student.....\$520

Two students.....\$850

Three students...\$1050

Non-Stewards

One student.....\$930

Two students.....\$1,510

Three students...\$1,780

Payments can be made at Holytrinitywestfield.org under Ministries:



[Greek School & PTO Registration](#)



[This QR is for PTO DUES only](#)

Classes will take place on Tuesdays & Thursdays from 4:00pm-6:00pm

Tuesday, September 9, 2025 Grades Pre-K, Kindergarten, 1st Beginner and 1st Advanced, 2nd and

Thursday, September 11, 2025 Grades, 3rd, 4th, 5th and 6th.

If you have an **important** conflict please reach out to Principal Stavroula Mergoupis at etsoutsani62@gmail.com

Tuition Assistance If you are experiencing financial difficulty with tuition, please feel free to reach out to Father Peter Delvizi in confidence at FrPeter@htgocni.org



Holy Trinity Greek Orthodox Church
250 Gallows Hill Road
Westfield NJ 07090



T.O.T.S.- (Trinity Orthodox Toddler Social)

Mission Statement

The mission of the Trinity Orthodox Toddler Social (T.O.T.S.) of Holy Trinity Greek Orthodox Church is to provide an environment fostering fellowship and prayer for children aged 18 months to 4 years of age and their mother, father and/or caregiver. Children are encouraged to develop a sense of comfort and security in God's house while experimenting in independent and cooperative age-appropriate play under their caregiver's supervision. Concurrently, the toddler social enables these adults the opportunity to meet, pray, and socialize.

TOTS meetings: Wednesdays, 9:30 AM – 11:30 AM, Pre-K Room

2025

October 8, 22

November 19

December 10

2026

January 14, 28

February 11, 25

March 11, 25

April 22

May 13, 27

Bring water, sneakers and a snack. Contact Val Comprelli (vcomprelli@gmail.com or 612-801-8608) to sign up or to ask any questions.

October 23, 2025

Athens Food Night- Sign Up Today!

Ladies Philoptochos Society at
Holy Trinity Greek Orthodox Church of Westfield... presents



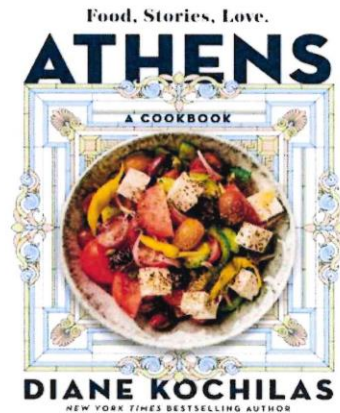
ATHENS FOOD NIGHT

*Presentation, Sample Delicious Recipes,
Book Signing and Mingling with Diane*

Diane Kochilas

October 23 2025 | 7-9 PM
250 Gallows Hill Road , Westfield NJ

Join New York Times Best Selling chef and author,
Diane Kochilas, for an unforgettable evening as she
unveils her new recipes from her newest release:
Athens: Food, Stories, Love.



Support a Cause

\$30 Donation to Support local Feed the Hungry Initiatives

\$35 Signed Cookbook

\$60 Prepay Donation and Signed Book by 10/16

RSVP TODAY!



November 6, 2025



BRINGING GOOD NEWS

“From Westfield to the World” 40 Years of OCMC: The Mission Continues

Thursday, November 6, 2025: 7-9 PM
Complimentary Wine & Cheese Reception & Program
Holy Trinity Greek Orthodox Church - Bouras Hall
250 Gallows Hill Road, Westfield NJ 07090



With OCMC Senior Development Officer Dan Christopoulos & Holy Trinity parishioner Janet O'Sullivan

Dan Christopoulos, the first OCMC missionary, served in Kenya from 1985 to 1988. OCMC Ambassador Janet O'Sullivan participated in an OCMC Donor Trip to Kenya in June 2025.

They will speak about their transformative experiences bringing the Good News 40 years apart and share how we can all continue in this mission from Westfield to the world.



For questions email: OCMC Events at events@ocmc.org

RSVP for this complimentary event by October 30



Scan the QR code or click here to RSVP!
If you can't attend, donate via QR or ocmc.org/westfield-mixer



www.ocmc.org



GLORY BE TO GOD FOR ALL THINGS

✠ AMEN ✠