

The Promise

HOLY TRINITY GREEK ORTHODOX CHURCH

WESTFIELD ✦ NEW JERSEY



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“Repent, for the Kingdom of God is at hand.” — Matthew 4:17



■ BY REV. FR.
PETER DELVIZI

These were Jesus' first words as He began His ministry of reconciliation. With His coming, man is united forever with his Creator. But the vehicle of salvation can only be entered through repentance.

What exactly is repentance?

Repentance is our turning away from that which is wrong, selfish, and evil, and then turning to the Giver of all that

is good. To repent and turn towards God is the very same theme that John the Baptist preached while in the Jordan. Those who entered into the waters of the Jordan River confessed their sins before being baptized – Mark 1:5

In English, the word “confess” has two meanings: the first is admitting or acknowledging a crime or fault openly and freely, as in confessing a sin (Greek – εξομολογεω). The other is to declare or profess a true fact or to agree by assent, as in, “I believe and I confess” (Greek - ομολογεω). The first step in repentance is confessing personal sin. If we cannot come to the realization that we have offended God and fallen short of His glory (Romans 3:23), then the inner self has not truly converted which in turn destroys the possibility for spiritual transformation. This initial step of confessing personal sin is required in order to subdue internal spiritual contradiction and conflict. By being aware of the sins and atrocities we've committed, then we can allow the healing presence of Christ to enter our being.

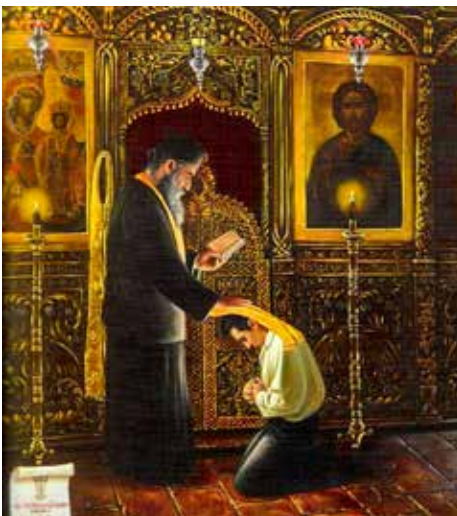
Repentance, which accompanies faith, is a total about-face. Through it, we change the mind, or more generally, turn around to follow an opposite path. The Lord asks us to simply walk away from sin. By reorienting ourselves

towards Him, we find that life is much more fulfilling because we begin to identify with His presence filling all things. Repentance is a radical change of one's spirit, mind, thought, and heart. Through a complete reorientation of one's whole life, we can walk with God in His eternal Kingdom having experienced the power of forgiveness through His great mercy.

*Repentance normalizes
personal relationships*

Repentance is seeking God's forgiveness by confessing sins. It is also the seeking of forgiveness from another person. The “normalization” of personal relationships is another wonderful effect of repentance. We are all brothers

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Brotherly Embrace

Wait for the promise of the Father



Dates in the Life of Our Church

March–April 2019

✠ MARCH

2	8:00 AM 1st Saturday of Souls
	Sights and Sounds
3	Meatfare Sunday
	8:15 AM Orthros
	9:30 AM Divine Liturgy
	1:00 PM Baptism
5	4:00 PM Greek School
6	7:00 PM Philoptochos General Meeting
7	4:00 PM Greek School
	7:30 PM Choir
9	2nd Saturday of Souls & 40 Martyrs of Sebastia
	9:00 AM Orthros
	9:30 AM Divine Liturgy
	Sights and Sounds snow date
10	Cheesefare Sunday
	8:15 AM Orthros
	9:30 AM Divine Liturgy
	3:00 PM Baptism
11	GREAT LENT BEGINS
	5:00 PM Great Compline
12	4:00 PM Greek School
	5:00 PM Lenten Vespers
	7:30 PM Parish Council
13	6:30 PM Presanctified Liturgy
	8:00 PM Theosis Bible Study
14	9:30 AM TOTS
	4:00 PM Greek School
	7:30 PM Choir
15	7:00 PM Salutations
16	3rd Saturday of Souls
	9:30 AM Divine Liturgy

17 Sunday of Orthodoxy

	8:15 AM Orthros
	9:30 AM Divine Liturgy
19	11:00 AM Trinity Circle
	4:00 PM Greek School
	5:00 PM Great Compline
	7:30 PM NNJYC
20	6:30 PM Presanctified Liturgy
	8:00 PM Theosis Bible Study
21	4:00 PM Greek School
	7:30 PM Choir
22	7:00 PM Salutations
23	Religious Education Teacher's Seminar
	9:00 AM Divine Liturgy
	10:30 Seminar
24	8:15 AM Orthros
	9:30 AM Divine Liturgy
	7:00 PM Great Vespers in Jersey City
25	The Annunciation
	8:30 AM Orthros
	9:30 AM Divine Liturgy
26	4:00 PM Greek School
27	6:30 PM Presanctified Liturgy
	8:00 PM Theosis Bible Study
28	9:30 AM TOTS
	4:00 PM Greek School
	7:30 PM Choir
29	7:00 PM Salutations – Philoptochos
30	11:00 AM Baptism
31	Sunday of the Holy Cross
	8:15 AM Orthros
	9:30 AM Divine Liturgy

✠ APRIL

2	4:00 PM Greek School
3	6:30 PM Presanctified Liturgy
	8:00 PM Theosis Bible Study
4	4:00 PM Greek School
	7:30 PM Choir
5	7:00 PM Salutations – Trinity Circle/Parish Council
7	Oratorical Festival
	8:15 AM Orthros
	9:30 AM Divine Liturgy
8	5:00 PM Great Compline
9	4:00 PM Greek School
	7:00 PM Philoptochos Board Meeting
	7:30 PM Parish Council
10	6:30 PM Presanctified Liturgy
	8:00 PM Theosis Bible Study
11	9:30 AM TOTS
	4:00 PM Greek School
	7:30 PM Choir
12	7:00 PM Salutations – Choir, GOYA, R.E. 6-12
14	8:15 AM Orthros
	9:30 AM Divine Liturgy
16	11:00 AM Trinity Circle
	4:00 PM Greek School
	5:00 PM Lenten Vespers
	7:30 PM NNJYC
17	6:30 PM Presanctified Liturgy
	8:00 PM Theosis Bible Study

Repent article

↳ Continued from page 1

and sisters in Christ and when we seek forgiveness from someone whom we have offended or wronged, then the enmity placed in this relationship by the devil is uprooted and cast aside. It is the crowning event when the devil is driven out of our lives and replaced by the light of Christ.



In my opinion, there is no victory more powerful than to put away animosity so as to win back a brother or sister. *“He who loves his brother abides in the light, and there is no cause for stumbling in him.”* – 1 John 2:10



Greeting of the Panagia and Elizabeth
– Luke 1:39-40

The Sacrament of Holy Confession

The act of repentance is sealed and made perfect by participating in the Sacrament of Holy Confession.



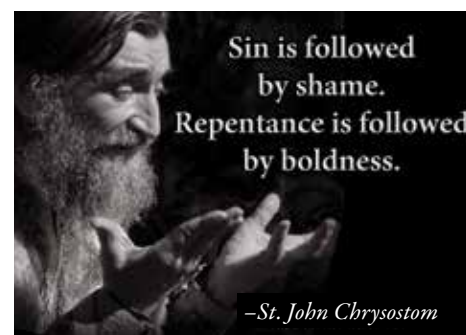
When was your last confession?

Lent is now upon us. The Church calls this period of time the “season of repentance”. Therefore, it is necessary and quite beneficial to ask yourself during this special period, “when was my last Confession?” It is good to inquire about the sacraments and understand how they lead us to salvation but it is even better to be participants in these sacred events. And so it is even with Holy Confession.

Holy Confession is one of the five necessary sacraments and we should participate in it on a yearly basis. This is the sacrament that binds us to the Church and makes us authentic divine beings by humbly seeking heavenly protection. Holy Confession is not merely the confessing of sins. It is this, but so much more. In the sacrament, one speaks of past acts as sins and failures but, more importantly, a glimpse of the future and what we can gain through Divine Grace is also presented. Confession also provides the penitent with firsthand knowledge of God’s mercy, for in a real and credible way he feels the lifting of the burden of sin and a lightening of the soul. This “feeling” or response is a product of the Holy Spirit. This personal and direct experience of

God’s love and mercy is critically important for it encourages the penitent to maintain a positive trajectory towards the Kingdom of God. Contrary to this, if we lose the sense of personal sin and shift its blame to another, then we lose the Kingdom of God.

Sin is by no means glamorous or powerful. It is the cause for the loss of our humanity, freedom, unity, and personhood. Because it is a distortion of divine-human attributes, sin causes pain. When we honestly realize this and desire to reverse the course and effect of sin, then we open ourselves to God. For it is precisely in these moments of pain, vulnerability, weakness, and loss that God moves toward us, seeking to heal our broken nature. When we completely surrender to Him then He moves within us. Simply put, when we allow God to be God we are converted, strengthened, and healed completely. *“My grace is sufficient for you, for My strength is made perfect in weakness.”* – 1 Corinthians 12:9



Through the Sacrament of Holy Confession, our sins are loosed and cleaned away by divine power. It is through this divine act that our sins are purged and washed away by worthily receiving the Body and Blood of Christ.

The Lord’s call to “REPENT” is a personal solicitation that beckons each of us to return to Him and to produce fruits worthy of the Kingdom of God. It is the call of the Church inviting us, Prodigal sons and daughters, to return to the heavenly Father, not for condemnation or ridicule but for no other reason than salvation – to be once again true children of the Most High. ❖

**To have your confession heard at Holy Trinity
please contact Father Peter at 908.233.8533**

*May you have a blessed
Lenten period.*

A Guide to Confession

The gift of God's forgiveness is received through private prayer, corporate worship, the disciplines of prayer and fasting, penitential services and above all through the Sacrament of Holy Confession.

The value of Holy Confession is two-fold. First, through this sacramental act of the ordained priest and the Christian believer we have the assurance of divine forgiveness, according to the words of Christ. *"If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."* - Jn 20:23. Secondly, Holy Confession provides the opportunity to talk about one's deep concerns, to receive counsel and to be encouraged toward spiritual growth, all of which are universally recognized as extremely beneficial to personal life.

Holy Confession is appropriate whenever an Orthodox Christian feels the need for it. It is also a part of our total spiritual preparation during fasting periods leading up to great feasts. Since Pascha is the greatest of all feasts, the faithful should avail themselves of Holy Confession during Great Lent.

We confess our sins to God and the power of forgiveness is God's. Cast far away, brethren, any thought of embarrassment or fright. Why be seared or frightened when your soul frets and pains from the deadly consequences of multi-faceted sin. If sickness tortured your body, would you avoid the hospital or doctor because of embarrassment? But at the same time, do not be led astray by certain people who wish to have read on them a "blessing only," without having previously confessed. Whenever this happens from ignorance or neglect, it is a terrible sin and an insult to God. With faith, then, and honesty, proceed to Holy Confession.

Be certain also that the infinite love of the Crucified and Resurrected Lord will welcome you and transform you, removing the weight that burdens you! For He reminds us, "Come to Me all ye that are heavy laden and I will grant you rest."

How do I prepare for Confession?

Preparation for Holy Confession is a prayerful examination of feelings, thoughts, words, acts, attitudes, habits, values, priorities, goals, direction and way of life. This prayerful self-examination includes not only the personal religious life, but also family relationships, social dynamics, job conduct, business dealings, political commitments and even recreational pursuits, because our entire existence should be lived under the light of the Holy Spirit. We do not condemn ourselves in Holy Confession but the sins that we have committed. We also affirm our true identity in Christ who has given us access to God's mercy and forgiveness and who has taught us to live for God's glory.

The Ten Commandments

I am the Lord your God, and you shall have no other gods before me.

Has God been the source, center and hope of my life? Have I put myself, others or things before God? Have I failed to trust in God's existence, love and mercy? Have I failed to pray to God, to worship Him and to thank Him for His blessings? Have I tried to serve God and keep His commandments faithfully? Have I murmured or complained against God in adversity? Have I praised and glorified God through my words and deeds? Do I believe in mediums, fortune-telling, tarot card reading, or coffee-cup reading? Am I superstition? Do I believe in luck?

You shall not make for yourself a graven image in order to worship it.

Have I valued anyone or anything above God? Have I given to anyone or anything the love, honor and worship that belong to God alone? Have I made and idol of myself, any person, idea, occupation, or thing? Have I place the Bible or religious books or items in unclean places or not properly display or reverence them?

You shall not take the name of the

Lord your God in vain.

Have I blasphemed God's holy name in any way? Have I sworn a false oath? Have I broken any solemn vow or promise? Have I entered into an agreement, promise or contract against God's law? Have I cursed myself or others or used foul or vulgar language?

Remember the Sabbath Day to keep it holy.

Have I worshiped regularly on Sundays and major feast days and have I helped others to do the same? Have I worked unnecessarily on Sundays or major feast days or caused others to do so? Have I spent the Lord's Day in a wholesome and edifying ways? Do I scorn or resent dedicating time to God?

Honor your father and mother.

Have I loved and respected my parents as I should? Have I neglected them or failed to help them? Have I disobeyed them, deceived them or caused them pain by my words or deeds? Have I treated all my family members with patience and love?

Thou shall not kill.

Have I caused the harm, injury or death of anyone? Have I wished or imagined my own or anyone's harm or death? Have I been cruel to animals or destroyed any life unnecessarily? Have I "killed" or crushed the spirit of another by using unkind or cruel words or statements. Have I hindered God's love or mercy?

You shall not commit adultery.

Have I committed any immoral acts alone or with others? Have I caused others to commit immoral acts? Have I committed immoral acts in my heart? Do I live with someone that I'm not married to? Have I viewed pornography? Do I keep secrets from my spouse?

You shall not steal.

Have I taken anything that was not mine? Have I cheated anyone? Have I caused others to steal or cheat? Have I tried to find the owners of lost things

I have found? Have I damaged or destroyed anything that belonged to another? Have I defrauded anyone of rightful wages? Have I paid my debts? Have I given to the poor and to philanthropic causes? Do I possess more than I need and neglect to give to those in need?

You shall not bear false witness.

Have I given false testimony against anyone? Have I spoken evil, told lies or spread rumors about anyone? Have I disclosed to anyone the sins and faults of another? Have I made careless statements or done anything else to harm the name and reputation of another? Have I engaged in idle speak or gossiped about someone?

You shall not covet.

Have I looked with envy, jealousy or hatred toward the possession, talents, achievements, or beauty of others? Have I desired the downfall or loss of others out of evil intent that I might benefit? Have I grieved that God has bestowed greater blessings on others than on me?

The Beatitudes

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Have I truly recognized my complete dependence on God? Have I been proud arrogant and self-righteous in my ways? Have I been selfish, possessive and self-seeking? Have I sought after status power and wealth?

Blessed are those who mourn, for they shall be comforted.

Have I endured difficulties and afflictions with faith and patience? Have I felt sadness for the sufferings of the poor, the hungry, and addicted; the sick, the lonely and the sinful of the world? Have I truly been sorrowful for my sins and faults?

Blessed are the meek, for they shall inherit the earth.

Have I tried to dominate others at home, school, work, office, church and elsewhere? Have I murmured against anyone? Have I been resentful, bitter, unforgiving, insulting or abusive to others? Have I loved my enemies?

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Have I truly yearned for God's will to be done in all things? Have I worked for justice in my family, society and the world in ways within my reach? Have I tried to cultivate a righteous life through prayer, fasting, worship, receiving Holy Communion and charitable deeds toward others?

Blessed are the merciful, for they shall obtain mercy.

Have I shown compassion and help toward the poor, hungry, lonely and needy around me? Have I tried to understand and forgive others? Have I been indifferent judgmental or legalistic? Do I harbor ill will or get upset easily?

Blessed are the pure in heart, for they

shall see God.

Have I loved goodness, purity and holiness? Have I succumbed to evil motives and intentions? Have I given way to impure thoughts, words or deeds? Have I been guilty of bias and prejudice? Have I been hypocritical, pretentious or self-indulgent to sinful passions?

Blessed are the peacemakers, for they shall be called sons of God.

Do I have God's peace in my heart? Have I been unfairly angry, aggressive or impatient? Have I worked for peace at home, work, church and in society? Have I been irritable, polemical, or divisive? Do I delight in decent? Do I dialog about pointless things.

Blessed are those who are persecuted for righteousness sake, for theirs is the kingdom of heaven.

Have I failed to defend anyone in the truth for fear of humiliation or persecution? Have I had the courage to stand up for what is right despite criticism, ridicule or persecution? Am I proud to be an Orthodox Christian or do I hide my faith from others?

Blessed are you when they revile you and persecute you on my account; rejoice and be glad, for your reward is great in heaven.

Is the joy of Christ in my heart even in trying moments? Have I been pessimistic, anxious, despondent, depressed, or despairing? Have I truly delighted in the promise of God's treasures in heaven? ❖

Book Store

The Book Store's March feature, **A LENTEN COOKBOOK FOR ORTHODOX CHRISTIANS** by the Saint Nectarios American Orthodox Church, is a treasury of great recipes and articles. Note "On Fasting" (pages 10-14), requirements for fasting (Appendix J), and the bio of Saint Euphrosynus (pages 6-9) which makes one wonder why he is only called "the Cook"!

Had the whole monastery been filled with the aroma of his baked apples or

the fresh scent of his "Waldorf" salad, his iconographers would probably have pictured him with chef-type garb. Even though he is called "The Cook", however, his iconographers have pictured him holding 3 golden apples! Why 3 apples? Perhaps to honor the Holy Trinity!

THE WHOLE MONASTERY WAS THUS FILLED, NOT WITH THE AROMA OF PHYSICAL APPLES, BUT WITH THE SWEET SPIRITUAL FRAGRANCE OF THE APPLES THAT HE GAVE A PIOUS PRIEST....

THOSE APPLES HAD MIRACULOUS HEALING POWERS!!!!

In the same monastery as Saint Euphrosynus there was a "pious priest who

made fervent entreaty that it might be revealed to him the good things which they that love God shall enjoy. One night, therefore, while the priest was asleep, it seemed as though he were in a certain garden. With amazement and ecstasy he beheld most delightful things. He also saw Euphrosynus the cook of the monastery, who stood in the midst of the garden and partook of the diverse good things of that place.

Having come nearer, he inquired of the blessed one to

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Parish Council

Update

■ BY GEORGE COLONIAS, PARISH COUNCIL PRESIDENT

Having received Election Ratification from the Metropolis of New Jersey, and having taken the Affirmation of Office before the parishioners of Holy Trinity, the Parish Council of Holy Trinity Greek Orthodox Church met on January 27, 2019 to elect the executive officers for 2019.

President – George Colonias

V.P. – George Koutsaftes

Secretary – Felicia Karsos

Treasurer – Ted Exarhakos

Assistant Treasurer – George Foussianes

In January, Parish Council elections were ratified by the Metropolis and the 2019 Parish Council of Holy Trinity became official after citing the Affirmation of Office. These 22 dedicated Orthodox Christians, with whom I am proud to serve, have diverse experiences, skills, and perspectives; all with a united goal of making our parish the best it can be in serving Christ. Having served on the Parish Council for 19 years, I have been blessed to have experienced and witnessed faithful examples of many

remarkable people. I am humbled and look forward to serving as President this year. My experiences in this parish stem from its very first days and a lifetime of memories witnessing how dedicated people built this parish; with services first being held on stage in the gymnasium until we could afford to build the dome as we know it today. Here at Holy Trinity I attended Sunday School, Greek School, served as an acolyte, was an active YHT member and began working at the festival in the early 1970's. I remember the Millennium Fund capital drive where we all rallied to enhance our facility, installing a professional grade floor to the Bouras Center and adding the second floor of classrooms. We were blessed with founders who had the insight and drive to build this community into one of exemplary parishes in the Metropolis as well as in the country. We are known for our values, our love, our generosity, and well-functioning internal dynamics. We have produced many priests and archons and were one of the first in the country to have a festival. Many of our past and current parishioners are successful busi-

ness executives, innovators, researchers and educators. The grounding that Holy Trinity has provided to all has kept them active in the church all over our country. We have a rich genealogy.

We live in very trying times where many forces compete for our attention and focus, and our second home of Holy Trinity is a blessing that keeps us all grounded and guided by the light of Christ as we navigate our lives. We all have been given a great gift that lies both at 250 Gallows Hill Road as well as within us as the family that shares that address. We have a great responsibility to neither let this beacon of light fade nor can we squander this treasure we have been blessed with.

Much work has been done, yet there is much more to do. The Parish Council is dedicated to serve Holy Trinity under the spiritual guidance of Father Peter. We are called to serve Christ and together with you, our Holy Trinity family, look forward to making our home a place that will thrive for generations and be the cornerstone of many more Orthodox Christian families. ❖

Rescue Squad



Fr. Peter and Peter Tarhanidis with Mayor of Westfield, Shelley Brindle and husband, and Rescue Squad Chief Reid Edles

On Saturday, January 26 Fr. Peter and Peter Tarhanidis attended the annual dinner dance fundraising event for the Westfield Rescue Squad at the Grand Summit Hotel. At the event, a

donation in the amount of \$1,700 was offered on behalf of the parish. Holy Trinity has partnered with the Westfield Rescue Squad over the last few years. This donation is a percentage from the GreekFest used for community outreach. Our other two partners, Hellenic College/Holy Cross Greek Orthodox Theological School and Children's Specialized Hospital both received donations in the amount of \$1,700 each. ❖





Philoptochos

2019 Vasilopita and Philoptochos Stewardship Sunday

■ BY ELLEN MANOS-ATHENSON, PRESIDENT

One of the most beautiful, inspiring traditions and customs of the Greek Orthodox Church is the observance of Vasilopita which joins our Orthodox Faith and heritage with the history of the Christian religion. For 75 years, the National Philoptochos has responded to the needs of St. Basil's Academy and its resident children with support from annual commitments. The Vasilopita appeal provides a major source of funding for the operating expenses of the Academy.

Joining the tradition of the Vasilopita with the kickoff of the 2019 Philoptochos Stewardship Drive, the Holy Trinity parish gathered on January 27 for an afternoon of celebration and fellowship. Following the welcome by Ellen Manos-Athenson, Maria Stevens offered inspiring and motivating words reminding everyone the mission of Philoptochos and emphasizing the need to support our chapter through stewardship.

Joining us this year, Daniel Christ, SBA assistant director and several of the children from St. Basil's Academy were in attendance. Mr. Daniel shared

his personal experience of being part of the SBA family and expressed his appreciation for the generosity and warm welcome of our Holy Trinity Community. President of the Parish Council, George Colonias, presented a generous donation in the amount of \$1,000 to St. Basil and Father Peter led the traditional cutting of the Vasilopita.

This luncheon was chaired by Debra Vlahakis and Kathy Maglaras. Much gratitude and heartfelt thanks to them for the effort that went into planning, organizing and executing this special event. With keen attention to details, Debra and Kathy added a special touch of individual vasilopita cakes, lovingly baked and generously donated. A delicious treat, complete with a chocolate gold coin, these were especially enjoyed by all the children.

We are so fortunate that the Marco Polo Restaurant once again provided a wonderful luncheon and we thank them and are grateful for their constant support of Philoptochos. We are most appreciative of the generosity shown by the many Holy Trinity donors. Beautiful raffles gifts and a 50/50 also contributed

to the proceeds for SBA.

Many thanks to each and every one who participated. Your generosity and support throughout the year enables Philoptochos to fulfill its true Christ-centered mission.... helping those in need.

May the Lord continue to bless the Holy Trinity family with good health, happiness and prosperity.

Go Red for Women

Each year National Philoptochos designates a day in February as "Go Red Sunday" to raise money for the "Go Red for Women" campaign. The money raised goes to various work i.e., research, therapeutic treatments, etc. specifically focused on women and heart disease. Heart disease is the number one killer of women, more so, than cancer and other diseases. We thank everyone who supported this effort through your generous donations on Sunday, February 10. The money we raised will go to the Cleveland Clinic in Ohio, one of the top Clinics in the US. ❖

Scene from Philoptochos Vasilopita Luncheon





Trinity Circle

Update

■ BY AVI KIRIAKATIS, PRESIDENT



Grant me, Lord to greet the coming day in peace. Help me in all things to rely upon Your Holy will. In every hour of the day, reveal Your will to me. Bless my dealings with all who surround me. Teach me to treat all that comes to me throughout the day with peace of soul and with the firm conviction that Your will governs all. In all my deeds and words, guide my thoughts and feelings. In unforeseen events, let me not forget that all are sent by You. Enable me to act firmly and wisely, without embittering or embarrassing others. Give me strength to bear the fatigue of this day with all



that it shall bring. Direct my will; teach me to pray; pray Yourself in me. Amen.

It's such a blessing being a member of Trinity Circle of Friends. Getting together once a month and sharing in our happiness and sadness. We share and support each other when we lose a loved one as we know they are with us in love and spirit. All this is possible because we worship together at Holy Trinity and know this is our second family and home.

Our January Vasilopita celebration was attended by over 40 members. Everyone received a piece of Vasilopita from Father Peter. This year Maria Grafas and George Kyreakakis received the coins and will have many blessings. We all enjoyed a delicious home cooked lunch and delicious desserts made by



Marina LoAlbo, Hellen Kiriakatis, and Avi Kiriakatis for the good health of all the members.

Trinity Circle of Friends will be selling Easter Cemetery Palm Crosses for \$10. Kindly place your orders on April 7, 14 & 21 at Trinity Circle table and sign up to join Trinity Circle of Friends – Dues are \$15.

With love and gratitude to our Lord for the fellowship we share at Holy Trinity. May God's blessings continue to be with all our members throughout this year. ❖

Book Store

↩ Continued from page 5

whom this garden belonged, and how he had come to be there.

Euphrosynus replied, "This garden is the abode of God's elect, and by the great goodness of my God I have my dwelling here."

Then the priest asked, "But what dost thou do in this garden?"

He answered, "I have dominion over all the things which thou dost see here, and I rejoice and am filled with gladness at the vision and noetic enjoyment of

them." (pages 6-7)

"Noetic: means "of, relating to, or based on the intellect" <https://www.merriam-webster.com/dictionary/noetic>. See the ORTHODOX STUDY BIBLE note on Romans 12:2 for a definition of the "nous".

Thus it appears; with "gladness at the vision and noetic enjoyment of these things" Saint Euphrosynus was possibly in a spiritual garden. Was it the Garden of Eden? Possibly it was the garden of "the tree of life, which bore 12 fruits, each tree yielding its fruit every month. The leaves of the tree were for the healing of the nations. + " Revelation 22:2. Wherever that spiritual garden was then [and is for eternity], it was

possible for Saint Euphrosynus to give the pious priest the miraculous healing apples, and for the priest to give to all the monks in the monastery, and they gave to visitors to the monastery, and all were healed from their infirmities! (pages 8-9)

The Book Store also has two other cookbooks that are appropriate for Lent: Fasting as a Family and The Greek Vegetarian. We also have several other books about Lent, Holy Week, and Easter. Come and browse the Book Store table during the Fellowship Hour: If you don't see what you want, we can order it for you. Please support the Book Store: all profits are donated to the Church. ❖



Greek School

The Greek School had a hand puppet conversational Greek Speaking class and different stations that encouraged the students to speak Greek while having fun.

The Greek School PTO organized language enrichment activities where students made puppets that speak Greek, played Twister, board games, and had fun practicing talking to each other. ❖





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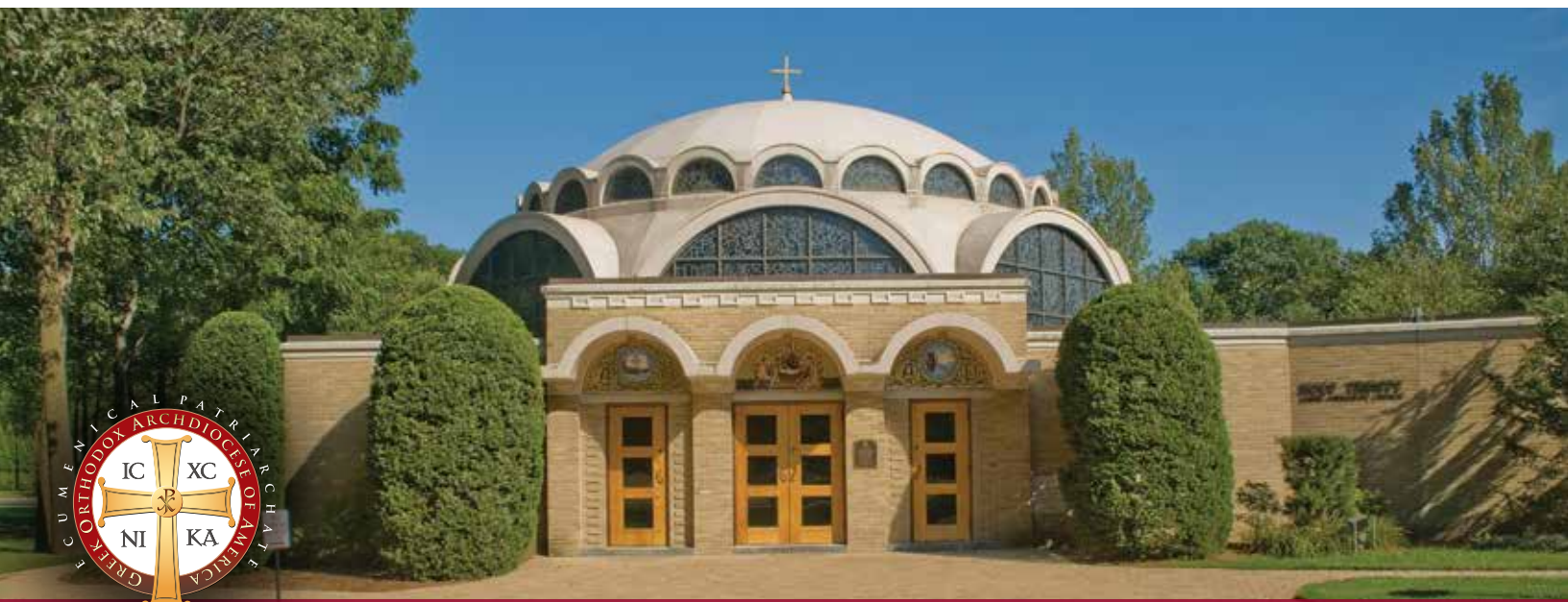
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