

# The Promise

HOLY TRINITY GREEK ORTHODOX CHURCH

WESTFIELD ✦ NEW JERSEY



March 2023 ✦ Volume 47, Issue 2

holytrinity@htgocnj.org

908-233-8533

holytrinitywestfield.org



## Welcome Great Lent

Καλή Σαρακοστή

*O Lord and Master of my life,  
take from me the spirit of sloth, faintheartedness,  
lust of power, and idle talk.*

*But give rather the spirit of chastity,  
humility, patience, and love to Thy servant.*

*Yea, Lord and King, grant me to see my own sin  
and not to judge my brother,  
for Thou art blessed unto the ages of ages.*

*Amen.*

The Prayer  
of Saint Ephraim  
the Syrian



### Lenten Service



Great Lent is a time of preparation. In order to celebrate Pascha with joyfulness of heart, we need to pass through the period of Lent working out our salvation. This is a time for prayer, fasting, and almsgiving. Holy Trinity offers numerous weekly services for the building up of our souls and for personal spiritual edification.

Sundays	Divine Liturgy of St. Basil the Great
Sundays	Great Compline Service
Tuesdays	Lenten Vespers
Wednesdays	Presanctified Liturgy
Fridays	Akathist Hymn/Xairetismi

Wait for the promise of the Father



# Dates in the Life of Our Church

March–April 2023

## ✠ MARCH

	12:00 PM Oratorical Festival
<b>I</b>	9:00 AM Presanctified Liturgy
<b>2</b>	4:00 PM Greek School
<b>3</b>	6:30 PM Akathist Hymn
<b>4</b>	8:00 AM Saturday of Souls
	9:00 AM Sights & Sounds
<b>5</b>	Sunday of Orthodoxy
	8:15 AM Orthros
	9:30 AM Divine Liturgy
<b>7</b>	11:00 AM Trinity Circle
	4:00 PM Greek School
	5:00 PM Compline
<b>8</b>	9:30 AM TOTs
	6:30 PM Presanctified Liturgy
	7:45 PM Theosis
<b>9</b>	4:00 PM Greek School
<b>10</b>	7:00 PM Akathist Hymn
<b>11</b>	Archons of the Ecumenical Patriarchate Retreat
	9:00 AM Divine Liturgy
<b>12</b>	Daylight Savings Begins
	8:15 AM Orthros
	9:30 AM Divine Liturgy
<b>13</b>	5:00 PM Great Compline
<b>14</b>	4:00 PM Greek School
	5:00 PM Lenten Vespers
	7:30 PM Parish Council
<b>15</b>	6:30 PM Presanctified Liturgy
	7:45 PM Theosis
<b>16</b>	4:00 PM Greek School
<b>17</b>	6:30 PM Akathist Hymn
<b>19</b>	Sunday of the Holy Cross
	8:15 AM Orthros
	9:30 AM Divine Liturgy
<b>20</b>	5:00 PM Great Compline
<b>21</b>	4:00 PM Greek School
	7:30 PM NNJYC
<b>22</b>	9:30 AM TOTs
	6:30 PM Presanctified Liturgy
	7:45 PM Theosis
<b>23</b>	4:00 PM Greek School March 25 Celebration
<b>25</b>	The Annunciation
	8:30 AM Orthros
	9:30 AM Divine Liturgy
<b>26</b>	Synaxis of Archangel Gabriel
	8:15 AM Orthros
	9:30 AM Divine Liturgy
<b>28</b>	4:00 PM Greek School
	5:00 PM Lenten Vespers
<b>29</b>	6:30 PM Presanctified Liturgy
	7:45 PM Theosis
<b>30</b>	4:00 PM Greek School
<b>31</b>	6:30 PM Akathist Hymn
<b>✠ APRIL</b>	
<b>I</b>	10:00 AM Rise Against Hunger
<b>2</b>	8:15 AM Orthros
	9:30 AM Divine Liturgy
<b>4</b>	11:00 AM Trinity Circle
	4:00 PM Greek School
	7:30 PM Parish Council
<b>5</b>	6:30 PM Presanctified Liturgy
	7:45 PM Theosis
<b>6</b>	4:00 PM Greek School
<b>7</b>	8:00 PM Spirit of Lent Concert



## Massive 7.9 Earthquake Strikes Southeast Turkey and Syria

### DONATE NOW

In the wee hours of February 6, a massive magnitude 7.9 earthquake struck Southeast Turkey and Syria. Entire apartment buildings were brought down in mere moments. Tens of thousands have lost lives and millions are displaced.

His Eminence Archbishop Elpidophoros quickly announced the Greek Orthodox Archdiocese Earthquake Relief Fund, a fundraising effort

by the Greek Orthodox Archdiocese of America to provide humanitarian aid to the victims.

The Archdiocese will partner with IOCC, a long-standing and trusted partner with a proven track record in humanitarian and emergency relief, who will lend its logistical and on-the-ground expertise to ensure effective distribution of funds raised by the Archdiocese. ❖

Donations can be made online:  
[www.goarch.org/donate/earthquake-relief-fun](http://www.goarch.org/donate/earthquake-relief-fun)

Or checks may be sent to:  
Greek Orthodox Archdiocese of America  
8 East 79th St., New York, NY 10075

Made Payable To: "Greek Orthodox Archdiocese"  
Memo: "Earthquake Relief Fund"

# The Akathist Hymn

## Salutations to the Theotokos

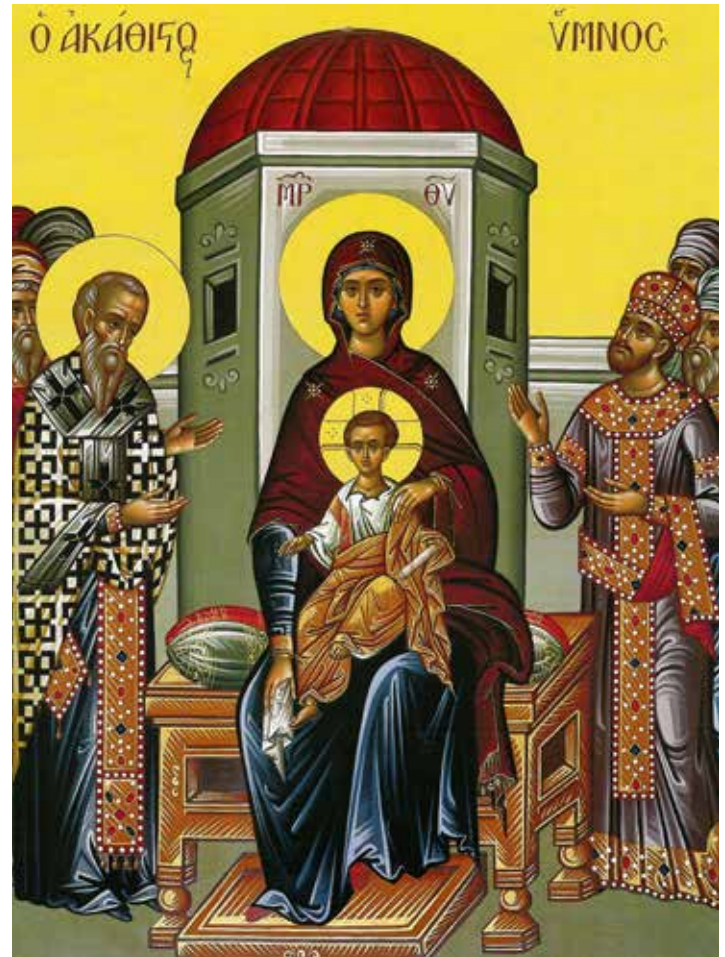
One of the most beautiful and rhythmic services in the Greek Orthodox Church is the Akathist Hymn. It refers to the Nativity of Jesus Christ as recorded by St. Luke, Chapter Two. It is an artistic ecclesiastical poem, yet it has simplicity and grace. The Hymn contains the loving tenderness of the mother of Jesus for her Son, and depicts the influence of the Birth of Christ on the life of the Christian.

The Akathist, sung each Friday during Great Lent, describes the cycle of salvation found in Christ beginning with the Annunciation. Because the Feast of the Annunciation falls during Great Lent, there is no pre-festal celebration as is usual with all the Great Feasts of the Church. The Akathist Hymn, consequently, provides the opportunity for the faithful to gather together to contemplate beforehand the great mystery of the Annunciation as celebrated on March 25.

The Akathist begins by describing the Annunciation by the Archangel Gabriel to the Virgin Mary. It speaks of Christ as the Saviour Whose concep-

tion is through the Theotokos and the Holy Spirit. It then continues with the Theotokos meeting Elizabeth, the hesitation of Joseph and his rejoicing after the dream in which he was told of Christ's conception by the Holy Spirit, the story of the angels proclaiming the birth of Christ to the shepherds, the adoration of the Christ Child by the Wise Men with their offering of symbolic gifts and their return to Babylon. Also present is the recognition of Christ as the Saviour by the Prophet Symeon; the journey of the Virgin Mary, the Christ Child and Joseph to Egypt, and their return; the renewal and the rebirth of the whole creation; and lastly, the praising of the Theotokos for bearing the Maker of the heavens and earth, while acknowledging that no praise can properly show the esteem due her for her intercessions.

Both the date and the composer of the beautiful Hymn are unknown. According to historical evidence, the Akathist was sung as a thanksgiving service which followed the victory over their enemies by the people of Constantinople in the years



673 A.D. and 717 A.D. It was at this time that the Hymn "To Thee, the Champion Leader" was added.

It is interesting that as the faithful transverse the road of Great Lent, the Church begins describing the Incarnation of the Young Infant with this Hymn. One may question why this happens at a time when the faithful is fully engaged with Great Lent and preparation for Holy Week and Christ's Passion. When we speak of the events comprising the cycle of salvation as being interrelated and mutually dependent, the placement of the

Akathist Hymn during Great Lent makes perfect sense. Since the Annunciation is the main theme in the Akathist Hymn, and as St. Photius the Patriarch of Constantinople suggests that this feast is the beginning of all feasts in Christianity, it shows that everything Christ did on our behalf – from the Annunciation and His Nativity in the flesh to the Crucifixion and His glorious Resurrection from the dead – is an interconnected part of salvation.

The Akathist Hymn or Salutations to the Theotokos will be held at Holy Trinity at 7:00 PM on March 3, 10, 17, 31. ❖

*"O Lady, Bride of God, spotless, undefiled, incorruptible, most chaste and pure Virgin, who by thy wondrous conceiving hast united God, the Word, to man, and joined the fallen nature of our race to heavenly things"*

— PRAYER TO THE PANAGIA



On the First Sunday of Great Lent, we celebrate the return of the Holy Icons into the Church. The procession of Icons held after Holy Communion shows our deep devotion to these images and the profound impact that Icons have on the Orthodox Faith. Today is known as, THE SUNDAY OF ORTHODOXY

# The SPIRIT of LENT CONCERT

Holy Trinity Hosts  
30th Anniversary Concert  
on Friday, April 7  
at 8:00 PM

Our beautiful church hosted the 25th Lenten Concert in 2015. Fittingly, Westfield was preparing to host the 30th Anniversary event in 2020 when COVID-19 struck, and all events were cancelled. But now *The Spirit of Lent* is back! The choir, made up of singers from area Greek Orthodox parishes, is ready to present an uplifting concert to help everyone prepare for Holy Week.

This year's director is Ryan J. Kiel, who grew up singing in the Holy Trinity Choir. Our own Kathryn Athanasoulas is Director Emeritus, and E. Hope Demitry accompanies the choir as Organist.

Over the years, singers and audience alike have come to see this event as a heartfelt preparation for the Great and Holy Week that begins on Palm Sunday night.

Please attend and invite your friends and bring your neighbors. The duration of the program is an hour, followed by a reception with Lenten refreshments. A donation of \$10 is requested for tickets. Students are admitted for free. ❖

25th Anniversary  
Spirit of Lent Concert  
Holy Trinity, Westfield

Holy Trinity Greek Orthodox Church

250 Gallows Hill Road  
Westfield, New Jersey

is pleased to host

The Eastern Federation of  
Greek Orthodox Church Musicians  
District of New Jersey

## 30<sup>th</sup> Anniversary *The Spirit of Lent Concert*

A Choral Offering of  
Ancient and Modern Works in  
English and Greek

Ryan J. Kiel, Director  
E. Hope Demitry, Organist

Friday, April 7, 2023  
8:00 p.m.

Refreshments following program

Donation \$10.00  
Students free

[www.holytrinitywestfield.org](http://www.holytrinitywestfield.org)



Parents help your child fill in the  
Lenten dates of this calendar using numbers.

















Great Lent began on February 27.

This year Pascha or Easter Sunday is April 16.

"TRUE FASTING LIES  
IN REJECTING EVIL,  
HOLDING ONE'S  
TONGUE, SUPPRESSING  
ONE'S HATRED, AND  
BANISHING ONE'S  
LUST, EVIL WORDS,  
LYING, AND BETRAYAL  
OF VOWS."

*St. Basil the Great*



Great Lent						
 Forgiveness Sunday	 Clean Monday					
 Sunday of Orthodoxy						
 Sunday of St. Gregory Palamas						
 Sunday of the Holy Cross						
 Sunday of St. John of the Ladder						
 Sunday of St. Mary of Egypt						
 Palm Sunday						
 Pascha						

# The ANNUNCIATION MARCH 25

When the All-Holy Virgin was entering her fifteenth year, after having spent eleven years of living and serving in the Temple of Jerusalem, the priests informed her that, according to the Law, she could not remain in the Temple but was required to be betrothed and enter into marriage. The answer of the All-Holy Virgin was a great surprise to the priests. At that young age, she had already dedicated her life to God and desired to remain a Virgin until death. Then, according to Divine Providence, Zacharias, the high priest and father of the Forerunner, John, the Baptist, under the inspiration of God, and in agreement with the other priests, gathered twelve unwed men from the Tribe of David to betroth the Virgin Mary to one of them to preserve her virginity and to care for her. Thus, she was betrothed to Joseph of Nazareth who was her kinsman. In the house of Joseph, the All-Holy Virgin continued to live as she did in the Temple of Solomon, occupying her time in the reading of Sacred



Scripture, in prayer, in Godly-thoughts, in fasting and in handiwork. She rarely went anywhere outside the house nor was she interested in worldly things and events. She spoke very little to anyone, and never without special need. More frequently she communicated with both of Joseph's daughters.

When the fullness of time had come, as prophesied by Daniel the Prophet, and when God was pleased to fulfill His promise to the banished Adam and to the Prophets, Archangel Gabriel appeared in the chamber of the All-Holy Virgin and, as some priests wrote, precisely at that same moment when she held open the book of the Prophet Isaiah and was contemplating his great prophecy: "Behold, the virgin shall be with child, and bear a son!" (Isaiah 7:13). Gabriel appeared in all his angelic brightness to saluted her: "Rejoice, highly favored one! The Lord is with you" (St. Luke 1:28). With this angelic Annunciation and the descent of the Holy Spirit upon the Virgin, the salvation of mankind and restoration of all creation began. The history of the New Testament was opened by the words of the Archangel Gabriel: "Rejoice, highly favored one." This is to imply that the New Testament was to signify joy to mankind and to all creation. It is from this that the Annunciation is considered not only a great feast, but a joyful feast, as well. ❖

# Fr. Peter Serves at St. Nicholas World Trade Center

With the blessings of His Eminence Archbishop Elpidophoros, Fr. Peter served as a docent at St. Nicholas National Shrine at World Trade Center on Friday, February 3. Fr. Peter welcomed over 80 visitors who were not put off by the extreme cold or the veracity of wind that further chilled the air. At 1:00 PM a Paraklesis Service was held asking our Panagia for peace in the world and health for our souls and bodies. Parishioners from Holy Trinity visited the National Shrine that day and attended the service.

St. Nicholas WTC is open daily (except Tuesday) from 10:00 AM – 3:00 PM. Prayers are offered each day. For more information visit: [www.StNicholasWTC.org](http://www.StNicholasWTC.org) ❖



Paraklesis Service for peace in the world, above left. Fr. Peter offers the relics of St. Nicholas for veneration, above right.

# Capital Campaign Donors

February 14, 2023

Dear fellow parishioners, a little over a year ago we started a Capital Campaign Fund Raiser at Holy Trinity to upgrade and refurbish our church. We realize this was an extraordinary ask, one we do not take lightly. As parishioners, we are all responsible for maintaining our beautiful church. It serves as our spiritual home, a center of religious and cultural identity, a gathering place, and a place of comfort and togetherness.

You heard our request. To date, we have received \$676,067 in total donations and pledges. Your donations funded the repaving of our church parking lot. This spring, we will start work on re-sealing and protecting the church dome and replacing our HVAC systems with newer more energy-efficient systems. Your capital donations not only are critical to the long-term sustainability of our church buildings but to the long-term cost savings associated with

such upgrades and improvements. Some of the improvements will be visible to all and others will not; however, in all cases, such improvements are necessary and interdependent.

Through your collective efforts it is certain we can meet our goals. This church belongs to all of us.

We thank all of donors! With your love, dedication, and support, we were able to have a successful Capital Raise. ❖

The Nicholas J. & Anna K. Bouras Foundation

In Memory of Nikolas Agathis

Mrs. Sophia Agathis

Mr. & Dr. William Agathis

Mr. & Mrs. Michael Agathis

Mr. & Mrs. Nikolas Agathis

Mr. & Mrs. Andrew Anastasiou

Mr. & Mrs. Darrick Anderson

Mrs. Angelika Anderson

Mr. & Mrs James Angelides

Mr. & Mrs. Mark Anton

Mr. & Mrs. Mark and Diane Anton

Mr. John Apostolos - Compass Rose and Sons, Inc.

Mr. & Mrs. John Apruzzese

Mr. & Mrs. Peter Arbes

Mr. & Mrs. Stefanos Arethas

Dr. & Mrs. Kenneth Arida

Mrs. Connie Baboukis

Mr. & Mrs. Theodore Biniaris

Mr. & Mrs. James Biniaris

Mr. & Mrs. Sean Blakely

Mr. & Mrs Tom and Andrea Blasi

Mr. & Mrs Peter Boutsikaris

Mr. & Mrs. Theodore Bozonelis

Mr. & Mrs. Leon Carayannopoulos

Mr. & Mrs. Ronald Cerini

Mr. Stanley S. Chrysohos

Mr. & Mrs. George Colonias

Mr. & Mrs. Dean Constantine

Mr. & Mrs. Steve Constantinou

Mrs. Ellen Conti

Mr. & Mrs. Emanuele Conti

Mrs. Karen Coulis

Mr. & Mrs. Theodore Criares

Mrs. Theona Culhane

Mr. & Mrs. Christopher Daifotis

Mrs Christine Vasilow Damalas

Mr. & Mrs. Adam Darity

Daskalopoulos Family

Rev. Fr. Peter & Presv. Victoria Delviziis

Ms. Alma Demetropolis

Mr. & Mrs. Eleftherios Demiris

Mr. & Mrs. John Dillon

Mr. & Mrs. Chris Dombalis

Ms. Colette Doudin

Mr. & Mrs. Anthony Drimones

Mr. & Mrs. Chris Economides

Mr. & Mrs. Philip Efthimion

Mr. Gus Exarhakos

Mr. & Mrs. Theodore Exarhakos

Ms. Georgia Flamporis

Mr. & Mrs. George Foussianes

Mr. & Mrs. Richard Frigerio

Mr. & Mrs. Gregory Ganifas

Mr. & Mrs Christopher Gathercole

Mr. & Mrs. Eugene Gentile

Mrs. Eupraxia A. Gianakis

Mr. & Mrs. Vincent Guarino

Mr. & Mrs. Mark Hoehn

Holy Trinity Choir

Holy Trinity Greek School PTO

Holy Trinity YHT

Mr. & Mrs Robert Hyde

Mr. & Mrs. Vasilios Ioannou

Mr. & Mrs. Evans John

Mr. & Mrs. Peter Kallelis  
Mrs. Ellen Kalousis  
Mr. & Mrs. John Kanaras  
Mr. & Mrs. AJ Karanikolas & Family  
Mr. & Mrs. Nikolas Karsos  
Mr. & Mrs. John Karsos  
Mr. & Mrs. Constantine Kiriakatis  
Mrs. Hellen Kiriakatis  
Mr. & Mrs. Peter Koniaris  
Mr. Notis Kotsolios  
Mr. & Mrs. John Kotsonis  
Mr. & Mrs. Andrew Koutoudis  
Mr. & Mrs. George Koutsaftes  
Mrs. Sophia Koutzoulis  
Mr. & Mrs. George Kyreakakis  
Mr. & Mrs. Stephen Ladas  
Ladies Philoptochos Society  
Mr. & Mrs. Constantine Laganas  
Mr. & Mrs. Gary and Yiana  
Leichtling  
Ms. Elenitsa Lewis  
Ms. Linda Livolsi  
Mr. & Mrs. Robert LoAlbo  
Mr. & Mrs. Nicholas Maglaras  
Ms. Marigo N. Markos  
Mr. Peter Markos  
Mr. & Mrs. Robert Maroldi  
Mrs. Hope Mastakas  
Ms. Marie Mastorakis  
Mrs. Alexandra Mavridis  
In Memory of Ariadni Mavridis  
Mr. & Mrs. Nicholas Mestanas

Mr. & Mrs. Gus Minaides  
Mr. & Mrs. Frank Monfalcone  
MAN OF GOD MOVIE  
Mrs. Elena Nadgauda  
Mrs. Frances Nicholas  
Mrs. Karen O'Neill  
Mr. & Mrs. Joseph O'Sullivan  
Mr. & Mrs. James Palmisano  
Mr. & Mrs. Nicholas Panagakos  
Mr. & Mrs Rommel F. Pangan  
Mr. & Mrs. Gus Pangis  
Mr. & Mrs. Peter Pangis  
Dr. & Dr. Thomas and Georgia  
Papathomas  
Mr. & Mrs, Stefan Papoutsoglou  
Mrs. Eileen Pappas  
Mr. & Mrs Dean Paranicas  
Mr. & Mrs. George Paras  
Mr. Aristedes Polychronopoulos  
Mr. & Mrs. Steven & Mary  
Poulakakos  
Mrs. Mary Psomas  
Mr. & Mrs. Anthony Psomas  
Mrs. Lula Rastocny  
Religious Education  
Mr. & Mrs. Nicholas Rentas  
Mr. & Mrs. Dimitrios E. Repousis  
Ms. Patricia and Ms. Cynthia  
Retsinas  
Mrs. Kassandra Romas  
Mr. & Mrs. Richard Roscoe  
Mr. & Mrs. Nick Saketos  
Mr. & Mrs. Joseph Sales

Mr. & Mrs. William Sallas  
Mr. & Mrs. Louis Sanfilipo  
Mr. & Mrs. Gerard Savnik  
Mr. & Mrs. Dennis Shikar  
Sights and Sounds  
Mr. & Mrs. Robert Sikellis  
Mr. & Mrs. Dimitrios Skalkotos  
Mr. & Mrs John Skiadas  
Mrs. Mary Skiadas  
Smyrna Movie  
Mr. & Mrs. Christopher Steele  
Mr. Dean Steele  
Mrs. Melba Stergiopoulos  
Mr. & Mrs. Peter Tarhanidis  
Mr. Bill Theofanous  
Mr. & Mrs. George Thomas  
Mr. & Mrs. John Triantafyllou  
Trinity Circle  
Mr. & Mrs. Paul Tsakos  
Mr. & Mrs. Christos Vasilopoulos  
Mr. & Mrs. Peter Verenes  
Mr. & Mrs. Jaime Ward Vieser  
Mr. & Mrs. Thomas Vlahakis  
Mr. & Mrs. Colin West  
Mr. & Mrs. Nicholas Yatrakis  
Mr. Constantine Zades  
Mrs. Marina Zazanis



# 2023 Vasilopita and Philoptochos Stewardship Sunday

After a 2-year hiatus due to Covid, we were thrilled to host the *Vasilopita Luncheon* and celebrate one of the most beautiful, inspiring traditions and customs of the Greek Orthodox Church. On January 22, our Holy Trinity family gathered for an afternoon of celebration and fellowship. Penny Mavridis Sales, President of the Parish Council presented a generous donation from the parish to St. Basil Academy. This donation and other private donations will be sent to The Academy along with the net proceeds of a very successful luncheon and 50/50 Raffle. Father Peter led the traditional cutting of the Vasilopita.

We are proud to announce that Niko Nikolovienis, our youth Greek Dance teacher, received the flouri this year! It was an extra special day with our GOYA Greek Dance Troupe presenting their 1st Place FDF performance. Moreover, this day kicks-off the 2023 *Philoptochos Stewardship Drive* led by Ellen Manos-Athenson and Maria Stevens. All women 18 years and older to join our vibrant multi-generational sisterhood of Philanthropy. Our Christ-centered mission of helping those in greatest need is fulfilled through your stewardship and support.

The day was made possible through the support of our donors and benefac-

tors – in particular, the Kyritsis family and Marco Polo for the donated luncheon, the Vardas Family of Prestige Diner, and Mrs. Sarah Apostolou. We are most grateful to Kathy Maglaras and Debra Vlahakis for chairing this most beautiful event. Their dedicated, hard work in planning and organizing was evident in the beautifully decorated Bouras Center, lovely tablescapes, and individual vasilopitas baked with love! A special thank you to Mary Carayanopoulos for making the ravani cakes and to all the volunteers from set-up to clean-up.



## So far in 2023...

- Vasilopita Luncheon yielded a donation of \$6,600 to Saint Basil Academy
- “Go Red for Women” donation to Cleveland Clinic of \$876.
- Greek School & GOYA Family Dance donation of \$200
- Sights & Sounds 2023 donation of \$500
- Earthquake Relief to Turkey & Syria – \$1,000 donation
- Feeding the Hungry – Volunteered at Community Food Bank in Hillside.
- Lenten Project is Back! “Rise Against Hunger” volunteering opportunity on Saturday, April 1st
- Palm Sunday Fellowship Hour on April 9th – Philoptochos hosts you for a delicious Lenten Fellowship. To help, please reach out to Marigo Markos at [mchantzis@aol.com](mailto:mchantzis@aol.com)

The Ladies Philoptochos Society of Holy Trinity Greek Orthodox Church graciously invites you to our annual Spring event for dinner, fashion show and raffles on Thursday, April 27th at Brooklake Country Club. This year’s theme, *ARISE “Living the Life of our Dreams!”* reminds us that the key to realizing any dream is to focus on meaningfulness. The Christ-centered mission of Philoptochos is the meaning behind our largest, most important fundraiser of the year. Cassandra Romas, our devoted, enthusiastic 2023 event chair, is hard at work to create an evening to for us all cherish and remember! Cassandra, along with our dedicated volunteers, and generous donors are collaborating in order to help make it a success so that Philoptochos is able to continue to lessen the pain and suffering

of others and support our church community. Join us by putting your “faith in action”! We welcome your time, talent, and treasures because they do make a difference and we can have fun along the way.

Please stop by our dedicated *ARISE* table during Fellowship Hour to make a reservation, participate in the Grand Raffle (benefiting Cardiology Center & Critical Care Unit at Overlook Medical Center Summit, NJ and Philoptochos Charities), and put in a personal or business ad in the Journal (deadline March 8th). To donate towards the gift raffle prizes, please reach out to Nina Anastasiou at 908-296-1586 or Christina Colonias at 917-825-5986. For further information, please contact [fashionshow@htphiloptochos.com](mailto:fashionshow@htphiloptochos.com) ❖

*“So let each one give as he purposes in his heart,  
not grudgingly or of necessity; for God loves a cheerful giver.”*

2 CORINTHIANS 9:7



The Ladies Philoptochos Society  
Of Holy Trinity Greek Orthodox Church in Westfield, NJ  
Cordially invites you to

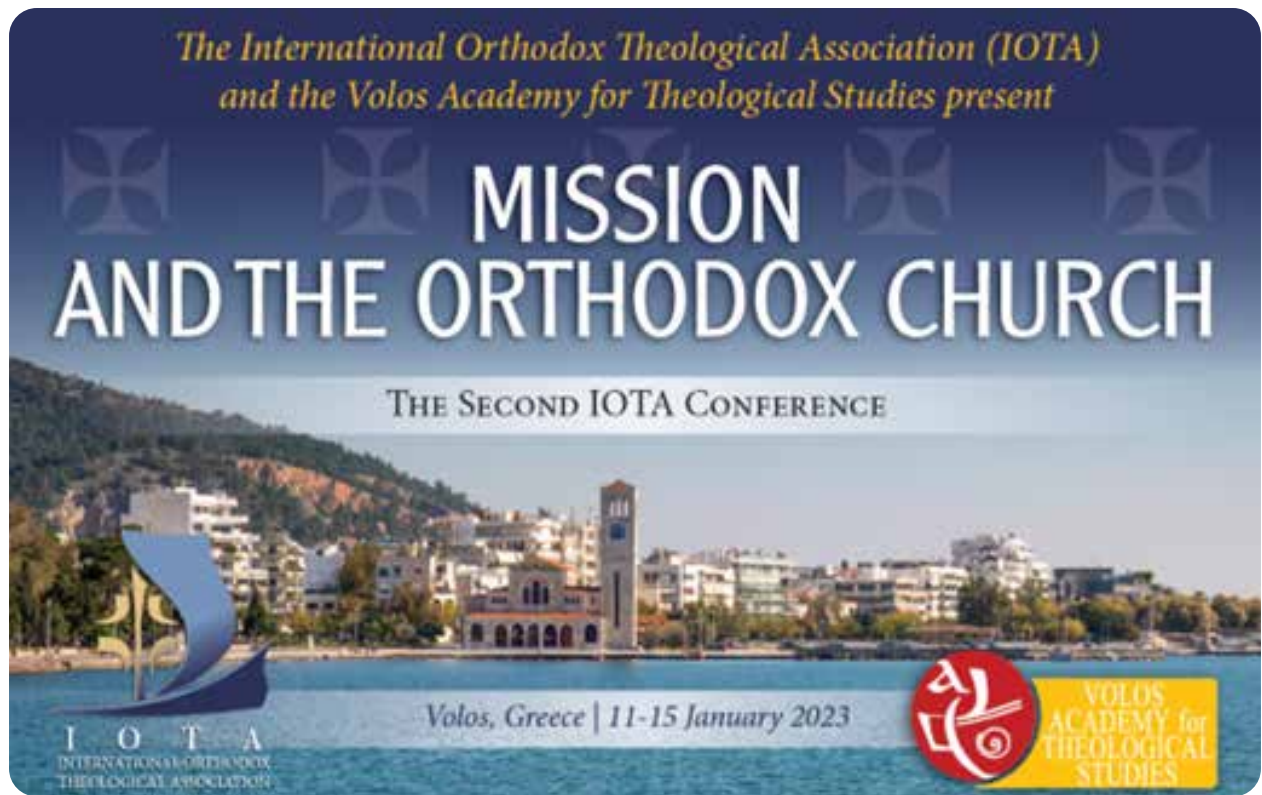
# “ARISE”

*Living the Life of your Dreams*

Thursday, April 27, 2023  
Brooklake Country Club  
139 Brooklake Road  
Florham Park, New Jersey

Reception and Raffles - 5:30pm  
Dinner and Fashion Show - 7:30pm

Fashions by   
Emily's



## Lia Lewis attends International Orthodox Theological Conference

Our very own Lia Lewis, (Master of Divinity from Holy Cross Greek Orthodox Theological School) attended the auspicious International Orthodox Theological Conference held in Volos, Greece from January 12-14. Lia also presented a paper entitled “Culture Wars and Orthodox Christianity in the USA.”

This year over 400 participants, representing 45 countries, attended. It happens that this is the largest gather-

ing of Orthodox scholars of the modern era. The conference was co-hosted by the Metropolis of Demetrias and the Volos Academy for Theological Studies. Academic presentations were delivered dealing with many contemporary and contentious issues facing the world, the Orthodox Church, and Christianity in general.

We are proud of Lia for her accomplishments in the Orthodox Theological Society. ❖





HOLY TRINITY GREEK ORTHODOX CHURCH  
**CLASSIFIEDS**

Contact the Church Office if you would like to advertise  
 in the next issue of *The Promise!*



*Galloping Hill Caterers*

*We offer a unique atmosphere  
 of elegance, romance and warmth  
 at a price that is very reasonable.*

The Galloping Hill Inn  
 www.gallopinghillcaterers.com  
 325 Chestnut Street, Union NJ 07083  
 Tel: (908) 686-2683 • Fax: (908) 688-2376



*The  
 Rug  
 Source  
 & Home, LLC*  
*Oriental Rugs &  
 Home Furnishings*

**Jeannie Arida**

Two Naworth Pass  
 Westfield, NJ 07090

Phone: (908) 654-RUGS  
 (908) 654-7847

Fax: (908) 654-5767

E-mail: rugbroker@aol.com  
**www.rugbroker.com**

**goldcrosses.com**  
 The best place for Baptismal  
 and any other crosses

**George Gartaganis 617 227 4550**  
**333 Washington St #618 Boston MA. 02108**

### DIRECTORS

Evy Zavolas, MA Dance  
Christina Manousos, BFA Dance  
75 Bartell Place, Clark, NJ  
732-388-6088  
www.CenterForDanceEducation.com  
we educate ages 2.5 & up

Ballet  
Pointe  
Jazz  
Lyrical  
Modern  
Hip-Hop  
Theatre  
Yoga  
Tap

*Center For Dance Education*

GERRY KITSOPOULOS, ESQ.  
MEMBER NJ & NY BAR  
**KITSOPOULOS LAW FIRM, PC**  
63 MOUNTAIN BOULEVARD  
WATCHUNG, NJ 07069

gerryklaw@gmail.com Phone: (908) 222-3737

### Westfield Family Dentistry

**Paul Arfanis DDS**

Dental Care for You and your Whole Family.

**NEW PATIENTS WELCOME**

www.westfieldDDS.com

Tel. (908) 232-0074  
njdentist@hotmail.com

228 Saint Paul Street  
Westfield, NJ 07090



Advisors

Nicholas J. Minas, CFP®, CRPC®  
Senior Vice President - Investment Officer

Investment products and services are offered through Wells Fargo Advisors, a trade name used by Wells Fargo Clearing Services, LLC, Member SIPC, a registered broker-dealer and non-bank affiliate of Wells Fargo & Company.

600 South Avenue West 2nd Floor  
Westfield, NJ 07090  
Tel: 908 518 7964  
Fax: 908 789 7830  
Toll Free: 800 369 5603  
nicholas.minas@wfsadvisors.com

**Allyson Agathis, M.D.**

*Diplomate Of The American Board Of Pediatrics  
Fellow Of The American Academy Of Pediatrics*

395 Main Street  
Bedminster, NJ 07921  
(908) 719-2626  
Fax (908) 719-2671



**Aldo Galleli**  
President

- Industrial
- Commercial
- Residential

222 Harvard Avenue  
Metuchen, NJ 08840

Contractors Lic. # 9024  
H.H.S Inspectors Lic. # 7778  
aldo@agelectric-inc.com

Tel.: 732-548-3995  
Fax: 732-548-5243  
Mobile: 732-580-0007



Your Hosts  
Agapios Kyritsis  
Apostolos Apostolou

Open 7 days, Lunch & Dinner,  
Catering, Wines & Spirits.

**Restaurant & Tavern**  
Since 1934

www.marcopolonj.com

527 Morris Ave., Summit, NJ 07901

908•277•4492 - email: marcopolo1934@aol.com

### Vasilow Electric, LLC

**Chris L. Vasilow**  
Lic. #17954

1047 Rutgers Road  
Mountainside, NJ 07092

Licensed & Bonded

908-228-2444

vasilowelectric@gmail.com



Orthodox Christian Cemetery  
Hillsborough, NJ  
Serving All Orthodox Christians

918-685-1452, Fr. James

www.orthodoxchristiancemetery.org



**Audonia Kitsopoulos**  
Sales Associate

3206 Cardinal Drive  
Vero Beach, FL 32963

**DALE SORENSEN**  
REAL ESTATE INC.  
THE RIGHT MOVE™

c 561.997.4644  
o 772.231.4712  
f 772.365.8282

akleopoulos@sorensenrealestate.com

sorensenrealestate.com

**Georgia Alexis**  
Assistant Vice President  
Financial Advisor

**Wealth Management**  
150 JFK Parkway  
2nd Floor  
Short Hills, NJ 07078

tel 973 912 7769  
fax 973 376 5813  
toll free 800 526 4931

CA Insurance Lic. #OD22686

**Morgan Stanley**

NMLS # 1261768  
www.morganstanley.com/georgia.alexis  
georgia.alexis@morganstanley.com

Hours by Appointment  
Lic. #OA5119, CM269



**Dr. Spiro Antonacos**

OPTOMETRIST  
Eye Diseases, Infections &  
Disorders  
Eyeglasses - Contact Lenses

466 Pompton Avenue (Route 23)  
Cedar Grove, NJ 07009  
Tel. (973) 239-8381  
Text: (862) 400-1588

582 Central Avenue  
East Orange, NJ 07018  
(973) 673-7700

www.drantonacos.com

### RUTGERS HEALTH

University Dental Associates

**Ioanna Tsolaki, DDS, DMD, MS**  
Board Certified Periodontist

Rutgers School of Dental Medicine  
Rutgers, The State University of New Jersey  
135 Somerset Street, Suite A  
New Brunswick, NJ 08901

p. 732-235-5050 f. 732-220-0045  
it120@sdm.rutgers.edu  
rutgersdentists.org

Permit #: 6526

### PARAS & PARAS REALTORS

25 DEFOREST AVE  
SUMMIT, NJ 07901

**GEORGE PARAS S.C.G.R.E.A.**  
Appraisal/Consulting

TEL 973-236-0100  
FAX 908-277-3050  
CELL 201-681-5366

EMAIL: gparas@parasandparas.com



**Michael T. Paskas**  
Manager N.J. Lic. No. 3933

*"The Funeral Home of Choice"*  
specializing in Greek Orthodox funerals  
for over 65 years.

**PASKAS**  
Funeral Service

ΕΛΛΗΝΕΣ ΝΕΚΡΟΦΟΝΕΙΟΙ Web: www.paskasfuneralsvc.com

For help & information contact  
Michael T. Paskas at: (973) 467-1882  
Fax: (973) 467-5157 or  
E-mail: paskasfuneralsvc@aol.com



550 Boulevard, Kenilworth, NJ 07033  
908-324-4078 • FAX: 908-324-4089

WWW.OPAGRILLNJ.COM

**MARIA SIKOUTRIS DI IORJO, MA, Ed.S, LPC**  
— HELLENIC THERAPY CENTER —  
INDIVIDUAL, FAMILY AND COUPLE COUNSELING

WWW.HELLENICTHERAPY.COM

567 PARK AVENUE, SUITE 203  
SCORCH PLAINS, NJ 07076

908-322-0112  
Lic.# 37PC00356200

### THE GREEK STORE LIBERTY FOOD MARKET



EST. 1950

• STEVE DIAMANDAS • LIA DIAMANDAS  
• VASILIKI DIAMANDAS

612 Boulevard  
Kenilworth, NJ 07033  
T: (908) 272-2550  
F: (732) 382-2894

Web: www.eatgreek.com  
e-mail: grkstore@aol.com

**KENNETH W. ARIDA, DDS**

WHERE PERSONALIZED CARE  
& HEALTHY, BEAUTIFUL SMILES MEET

131 SOUTH EUCLID AVENUE  
WESTFIELD, NJ 07090  
WWW.DRARIDA.COM

CALL (908) 654-6262

### LEVS CONSTRUCTION ROOFING • SIDING

Somerville, NJ

- Shingles
- Tile
- Torch down
- Shakes
- Residential
- Commercial
- Fully Insured
- Reasonable Rates

**Tel: 908-393-4723**  
Email: levconstruction@yahoo.com

**Levani Tatishvili**  
www.levsconstruction.com



**Mark Stoecklin**

732.360.8191 (Office)  
732.360.8192 (Office 2)  
732.360.8186 (Fax)  
732.347.9360 (iCell)

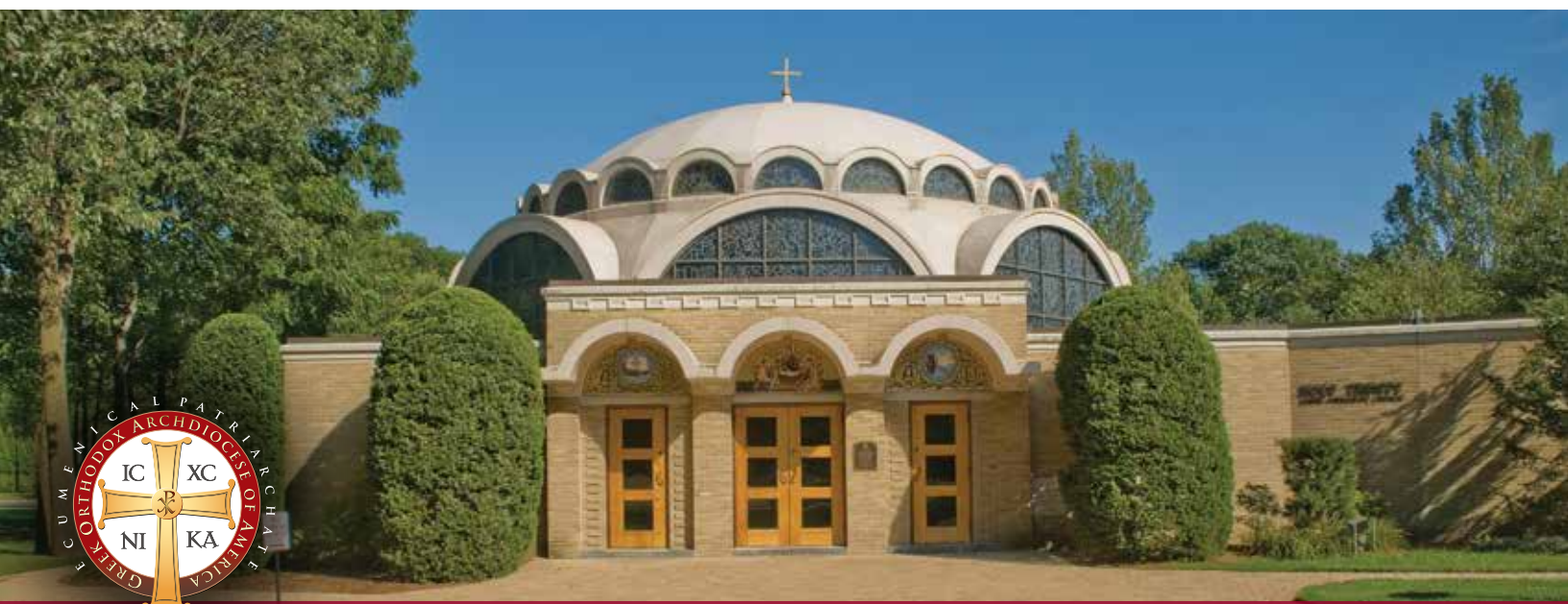
16 Emerson St.  
East Brunswick, NJ 08816

mstoeklin@fishwindowcleaning.com  
www.fishwindowcleaning.com/3154  
Commercial and Residential - Independently Owned & Operated

Wait for  
The  
**Promise** of the Father

Holy Trinity Greek Orthodox Church  
250 Gallows Hill Road \* Westfield, NJ 07090  
Change Service Requested

Non Profit Org.  
US postage  
PAID  
Rahway, NJ  
Permit No. 654



METROPOLIS OF  
NEW JERSEY

# HOLY TRINITY GREEK ORTHODOX CHURCH

## CONTACT INFORMATION

*Mailing Address* 250 Gallows Hill Rd.  
Westfield, NJ 07090-1109  
*Phone* 908-233-8533  
*Fax* 908-233-0623  
*E-mail* HolyTrinity@htgocnj.org  
*Web site* holytrinitywestfield.org  
*Presiding Priest* Rev. Fr. Peter Delviziis  
*E-mail* FrPeter@htgocnj.org

## OFFICE STAFF

*Office Manager* Diana R. Waltsak  
*Admin. Assistant* Kathy Genakos  
*Caretaker* Beatriz Ramirez

## WORSHIP

*Lead Psaltis* Pascalis Kувalakis  
*Choir Director* Kathryn Athanasoulas  
*Organist* Phyllis Verenes  
*Head Acolyte* Nicholas Sikellis

## MINISTRIES

*Parish Council* Penny Mavrides Sales  
*Philoptochos* Maria Kanaras  
*Religious Education* Catherine Pastrikos Kelly  
*Greek School* Stavroula Mergoupis  
*Greek School PTO* Melissa Krikos  
*Youth (GOYA)* Molly Love  
*JOY/HOPE* Kathy Petsinis Paone  
*TOTS* Valerie Comprelli  
*Bookstore* Sandy Mouratoglou  
*Cultural* Celia Kapsomera  
Peter Tarhanidis  
*Trinity Circle* Avi Kiriakatis  
*Fellowship* Lauren Karanikolas  
*Scouting* Miriam Kotsonis

## SCHEDULE OF SERVICES

	Sundays	Weekdays
Orthros	8:15 AM	8:30 AM
Divine Liturgy	9:30 AM	9:30 AM

## THE PROMISE: VOLUME 47, ISSUE 2

10 issues published annually.  
No subscription fee.  
Article deadline - 10<sup>th</sup> of the preceding month